



St. Anna Greek Orthodox Church
3015 E. Creek Road, Cottonwood Heights, UT 84093
385-313-9358



Sunday, July 31, 2016
6th Sunday of St. Matthew

Orthros: 9:15 a.m.
Divine Liturgy: 10:15 a.m.

Reverend Father Anthony Savas
Reverend Deacon Anatoli Kireiev

Visiting Clergy:
Reverend Heiromonk Ambrose Omayas

www.stannagocutah.org
franthy@stannagocutah.org

Epistle Reading: St. Paul's Letter to the Romans 12:6-14

Prokeimenon. Mode Plagal 1. Psalm 11.7,1

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.



BRETHREN, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Gospel Reading: The Gospel according to Matthew 9:1-8



At that time, getting into a boat Jesus crossed over and came to his own city. And behold, they brought to him a paralytic, lying on his bed; and when Jesus saw their faith he said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say 'Your sins are forgiven,' or to say 'Rise and walk?' But that you may know that the Son of man has authority on earth to forgive sins" he then said to the paralytic - "Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they were afraid, and they glorified God, who had given such authority to men.

Hymns at Small Entrance

Resurrectional Aploytikion

To the World, coeternal with the Father and the Spirit, born of the Virgin for our salvation, let us, the faithful, give praise and worship. For He willed to be lifted up on the cross in the flesh, to endure death

and raise the dead by His glorious resurrection. (Liturgy Book page 115)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead. Save us who sing to You: Alleluia. (Liturgy Book page 37)

Hymn for the Saint

The Master who called you to eternal mansions on high preserves incorrupt your body even after you died, O holy Evdokimos; for you had led a lifestyle of self-restraint and decorum, never staining your flesh; and therefore truly you are blessed. With confidence intercede with Christ to save our souls.

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

You were transfigured on the mountain, O Christ our God, showing Your disciples as much of Your glory as they could bear, so that when they see you crucified they will know that You suffer freely, and they will tell all the world that You are truly the radiance of the Father. (Liturgy Book page 285)

Megalynarion

It is truly right to call you blessed, O Theotokos, ever blessed, most pure and the mother, the mother of our God. More honorable than the cherubim, and more glorious beyond compare than the seraphim. In virginity you gave birth to God, to God the Word. Truly the Theotokos, we magnify you, we magnify you. (Liturgy Book page 69)

Communion Hymn

Praise the Lord, Praise the Lord from the heavens; praise Him, praise Him in the highest. (Liturgy Book page 83)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. Amen. (Liturgy Book page 95)

Orthodox Saints Commemorated on July 31: Righteous Joseph of Arimathea; Eudokimos of Cappadocia; Hieromartyr Firmus of Teggaste in North Africa; Hieromartyr Kalimerios of Milan; Arsenius the Bishop of Ninotsminda in Georgia, and the Twelve Martyrs of Rome.

Altar Servers: The scheduled altar servers for today, Sunday, July 31, 2016, are Thanasi Johnson and Alexander Apostole.

The scheduled altar servers for Sunday, August 7, 2016, are Matthew Tsortanidis, Dennis Apostole and Jackson Bartel.

All altar servers are welcome and encouraged to serve, whether scheduled or not.

Fellowship Hour: The fellowship hour today, Sunday, July 31, 2016, will be hosted by the Parish Council (with a special thank you to Sophie Wondolowski for coordinating and picking up the treats). Please join us!

If you would like to host a fellowship hour, please contact Carolyn Leitko at csleitko@gmail.com.

It is with love and joy that our parishioners provide Fellowship Hour each Sunday. In signing up to help, please remember any contribution is welcome. Feel free to bring what you choose. Sharing time together is what we cherish. Keep in mind when planning for Fellowship Hour over the summer that attendance varies. We thank you for your generosity and participation!

Memorial Services - May Their Memory Be Eternal: To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org, 801-824-3987 (mobile) or 385-313-9358 (office).

Welcome Fr. Ambrose Omayas: We are blessed to welcome back to our parish the Reverend Hieromonk Ambrose Omayas from the Metropolis of Denver. Fr. Ambrose will celebrate Divine Liturgy at St. Anna's today, Sunday, July 31, 2016, while Fr. Anthony is celebrating Divine Liturgy with our fishing trip group at Strawberry Reservoir. Welcome back Fr. Ambrose!

Office Hours: Fr. Anthony will not be in the office on Thursdays. No meetings will be scheduled, but feel absolutely free to contact him with any emergencies at 801-824-3987. Thank you!

Communion Ushering Reminder: All those who are prepared and wish to receive communion should wait to be ushered from their rows by a member of the Parish Council. Your cooperation in this process is appreciated.

Your Prayers and Support of Fr. Matthew Gilbert and Family: A Caring Bridge site has been set up to keep people updated on Fr. Matthew Gilbert's progress. This Caring Bridge site is a quick and efficient way for the family to be uplifted by your thoughts and prayers: www.caringbridge.org/visit/fathermatthewgilbert.

Please contact Fr. Anthony at franthony@stannagocutah.org to learn how you can participate in our collective effort to share our love, compassion, respect and gratitude to Fr. Matthew and his family.

Parish-wide Volunteer Service Opportunity: Please join the Women's Ministry Team in serving dinner to the homeless at St. Vincent de Paul (SVDP), 427 South 200 West, Salt Lake City, from 4:30 p.m. to 6:30 p.m. on Wednesday, August 10, 2016. We need 20 volunteers that day.

This is a great opportunity for individuals, couples, and families from our parish to participate together in a meaningful community service experience. Anyone 13 and older can volunteer, but those ages 13-15 must be accompanied by a parent or guardian.

Please call Pat Daskalas at 801-673-5051 with questions, or to sign-up.

St. Anna Feast Day Celebration Picnic: Our parish feast day celebration picnic will be held on **Sunday, August 28, 2016**, at 3:00 p.m. at Canyon Rim Park, 3100 South Grace Street, Millcreek (east pavilion). Everyone is welcome!!

UPCOMING SPECIAL SERVICES

Monday, August 1, 2016:

Paraklesis: 7:00 p.m.

Wednesday, August 3, 2016:

Paraklesis: 7:00 p.m.

Friday, August 5, 2016:

Great Vespers for the Feast of the Transfiguration: 7:00 p.m.

Saturday, August 6, 2016:

Transfiguration of our Lord

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Monday, August 8, 2016:

Paraklesis: 7:00 p.m.

Wednesday, August 10, 2016:

Paraklesis: 7:00 p.m.

(Followed by Vacation Bible School Program)

Friday, August 12, 2016:

Paraklesis: 7:00 p.m.

Monday, August 15, 2016:

Dormition of the Theotokos

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Monday, August 29, 2016:

Beheading of St. John the Baptist

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Thursday, September 1, 2016:

The Indiction

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Wednesday, September 14, 2016:

The Universal Exultation of the Cross

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

PARISH COUNCIL ANNOUNCEMENTS

Next Parish Council Meeting: The Parish council meeting scheduled for August 15, 2016 will be rescheduled due to the JOY/GOYA Bees Game that evening. A new meeting date will be announced soon.

MUSIC MINISTRY ANNOUNCEMENTS

Choir Practice: The next choir practice will be held on Tuesday, August 2, 2016, at 7:00 p.m. Contact Sophie Wondolowski at swondo@comcast.net with questions.

Paraklesis Chanting Lessons: For those who are interested in learning the Service of Paraklesis, one of the most well-known and popular

cannons of prayer within the Orthodox Church, please join us on Thursday, August 4, 2016, and Thursday, August 11, 2016, at 7:00 p.m. Fr. Anthony will discuss and begin to teach the basic hymns and structure of the service, with the hope and expectation that more people can learn and appreciate this supplicatory prayer to the Theotokos. Books will be provided. Please join us!

YOUTH MINISTRY ANNOUNCEMENTS

Vacation Bible School: St. Anna Greek Orthodox Church's Vacation Bible School – "Higher Than the Heavens: Lessons of the Life of the Theotokos" – will be held Monday, August 8, 2016, through Wednesday, August 10, 2016, from 9:30 a.m. to 12:30 p.m. each day. Participants will enjoy crafts, lessons, songs and fun! Please note that there will be a Vacation Bible School program following the Paraklesis service the evening of Wednesday, August 10, 2016.

A registration form has been distributed via email and is also available in the narthex. Contact Barbara Hillas at bhillas@q.com or Fr. Anthony at franthony@stannagocutah.org if you have any questions or would like to volunteer to help!

GOYA/JOY Bees Game: Our GOYA and JOY groups will attend a Salt Lake Bees game on Monday, August 15, 2016 (note corrected date). Tickets are \$5, and can be purchased from Kim Mallas at 801-915-7815 or kmallas22@gmail.com. Plan on meeting for dinner beforehand.

Sunday School: The 2016-17 Sunday School year will commence on Sunday, September 11, 2016. Classes and registration will be held that day. Contact Fr. Anthony at franthony@stannagocutah.org or Kim Mallas at kmallas22@gmail.com with any questions.

WOMEN'S MINISTRY TEAM ANNOUNCEMENTS

Women's Ministry Team Meeting: The next general meeting will be held on Tuesday, August 16, 2016, at 7:00 p.m. in the fellowship hall. We look forward to seeing you there!

Food Drive: Please continue to bring your donations on the third week of the month (Sunday, August 21, 2016), and know your kindness may be benefiting members of our parish. If anyone in our parish is in need, please contact Father Anthony who will then guide you to the pantry

during their hours of service. Thank you, and if you have any questions or concerns, please contact Pat Daskalas at 801-883-9494.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS

Bible Study, Orthodox Married Life and Family Parish Night: Bible Study, Orthodox Married Life and Parish Family Night have concluded for the ecclesiastical year. Each of these ministries will resume in the fall.

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Parish Directory Photos: Please send digital photos to Michael Petrogeorge at secretary@stannagocutah.org for inclusion in this and future editions of the parish directory.

Weekly Bulletin Announcements: Please send requested announcements for the weekly bulletin to Michael Petrogeorge at secretary@stannagocutah.org by **Wednesday at 5:00 p.m.**

STEWARDSHIP MINISTRY TEAM ANNOUNCEMENTS

Thank you to the generous Stewards of St. Anna Greek Orthodox Church. Now that we have reached halfway through the calendar year, we as parish leadership, clergy and your Stewardship Ministry Team, wish to express our appreciation for your sincere and generous support of our God-loving and Christ-centered parish. We thank you for your commitments and yet, still remind you that true and sincere Stewardship is the gifting back to the Lord, that which He has already given us. Let us never become complacent in our giving; for when that happens in our communities, the Light of Christ burns less vibrantly in the hearts of the faithful.

Enjoy your summer, take well-deserved breaks, and reinvigorate your precious spirits. But in the process of enjoying the coming months, please do not neglect the needs of the soul and the services of the Church. God bless you always and again, thank you for your sacrificial and well-pleasing hearts.

PAN-ORTHODOX, FRATERNAL AND OTHER ANNOUNCEMENTS

2016 Greek Orthodox Sports League ("G.S.L.") Basketball Camp: The G.S.L. staff is looking forward to another exciting year for our annual Sports League Basketball Camp. Our camp is designed to provide

players with outstanding instruction, teamwork, sportsmanship and fun. We hope that you will join us this summer.

Dates: August 1-4, 2016

AM Session (boys and girls entering 3rd - 6th grade this fall): 9:00 a.m. - 12:00 p.m. (Doors open at 8:00 a.m.)

PM Session (boys and girls entering 7th - 12th grade this fall): 1:00 p.m. - 4:00 p.m.

Location: Prophet Elias Greek Orthodox Multipurpose Center, 5335 South Highland Drive, Holladay

Cost: \$70.00 (Sponsorships are available to those who would like to attend but are financially unable to do so. Please contact either Fr. Anthony Savas at 801-824-3987 or Fr. Elias Koucos at 801-556-4640 or to inquire further.)

Contact Gerard Gallegos at 801-647-2829 or gerard100@comcast.net for further details, or to sign up. Day of registration is also allowed.

2016 G.S.L. Basketball Camp Volunteers: G.S.L. is looking for volunteers to help with our youth Basketball Camp that will be held August 1-4, 2016. Two shifts daily – 9:00 a.m. - 12:00 p.m. or 1:00 p.m. - 4:00 p.m. Must be 14 years of age or older. If interested please contact Gerard Gallegos at 801-647-2829 or gerard100@comcast.net.

AHEPA Scholarship: The Salt Lake Chapter of AHEPA is once again offering scholarships to graduating high school seniors entering college this fall and to undergraduates currently attending a college full time.

We are awarding six \$1,000 scholarships to qualified applicants. Membership in AHEPA by the applicant or a family member is not required. The applicant or family must be a member of one of the Salt Lake Valley Greek Orthodox churches.

The application deadline is August 1, 2016. The winners will be announced at the annual AHEPA BBQ on August 28, 2016.

Applications are available from one of the following officers:

Chris Floor: cfloor7456@msn.com or 801-450-2105

George Karahalios: george@gppphotography.com or 801-541-4659

Jim Klekas: jklekas@aol.com or 801-971-6060

AHEPA BBQ: The Salt Lake City AHEPA will host a community BBQ on Sunday, August 28, 2016, at the Prophet Elias Pavilion. Social hour

at 5:00 p.m.; Dinner at 6:00 p.m. Arrive early if you'd like to play cards. Music by the Chris Dokos Band. Dinner will include lamb, chicken on the spit, pilafi, corn on the cob, salad and watermelon. Adults: \$20; Children 12 and under: \$10. All proceeds go towards the Salt Lake City AHEPA college scholarships, and the six recipients of this year's \$1,000 scholarships will be announced. Contact Chris Floor at 801-450-2105 with any questions. EVERYONE IS WELCOME!!

Assumption Greek Orthodox Church 100th Anniversary Celebration:

The Assumption Greek Orthodox Church will celebrate its 100th anniversary August 19-21, 2016, and all are invited to attend! Below is a schedule of events. (Unless otherwise specified, all events will be held at the Assumption Greek Orthodox Church, 61 South 200 East, Price Utah.)

Friday, August 19, 2016

- Centennial Golf Tournament & Social at the Carbon County Country Club Golf Course, 3055 North Highway 6, Helper, Utah. Registration at 8:00 a.m. / Shotgun Start at 9:00 a.m.
- Historical Display in the church basement. 2:00 p.m.-9:00 p.m.
- Philoptochos Dinner in the church pavilion. 7:00 p.m.

Saturday, August 20, 2016

- Carbon County Bus Tour. 9:00 a.m.-12:00 p.m. (Meet at the church at 8:45 a.m.) This guided tour will visit the mining towns of Kenilworth and Castle Gate, as well as the Helper Mining Museum.
- Coffee in the church pavilion. 12:00 p.m.-4:00 p.m.
- Historical Display in the church basement. 2:00 p.m.-9:00 p.m.
- Vespers. 5:00 p.m.
- Gala Banquet and Dance at the Carbon County Special Event Center, 310 S. Fairgrounds Road, Price, Utah. 6:00 p.m.-11:30 p.m.

Sunday, August 21, 2016

- Orthros and Divine Liturgy. 9:00 a.m. - 12:00 p.m.
- Luncheon in the church pavilion. 12:00 p.m.-2:00 p.m.

Additional information can also be found on the event Facebook page: www.facebook.com/AGOC-Centennial-1784293358450215/.

PRAYER LIST

Angela, Athan, Austin, Barbara, Brad, Brooklyn, Charlene, Christopher, Chrysoula, Dena, Eleni, Emilee, Father Matthew and family, George, Irene, Joe, John, Julie Ann, Katherine, Kristina, Kylianna, Linda, Luke, Marie, Melissa, Michael, Mike, Nick, Paulette, Presley, Rich, Sam, Shirley, Sophie, Sylvia, Teresa, Tom, Toula

To add a name to our prayer list, please email Michael Petrogeorge at secretary@stannagocutah.org.

PARISH CALENDAR

An electronic copy of the parish calendar can be found on the parish website at www.stannagocutah.org/?page_id=1663.

August 2016

	1	2	3	4	5	6
	Paraklesis 7pm	Choir Practice 7pm	Paraklesis 7pm	Chanting Lessons for the Paraklesis 7pm	Great Vespers for the Feast of the Transfiguration 7pm	Transfiguration of our Lord 9:30am Orthros / 10:30 am Divine Liturgy
7 7th Sunday of Matthew 9:15am Orthros / 10:15am Divine Liturgy	8 Vacation Bible School 9:30am-12:30pm (lunch included) Paraklesis 7pm	9 Vacation Bible School 9:30am-12:30pm (lunch included) Choir Practice 7pm	10 Vacation Bible School 9:30am-12:30pm (lunch included) Paraklesis 7pm (followed by Vacation Bible School program)	11 Chanting Lessons for the Paraklesis 7pm	12 Paraklesis 7pm	13
14 8th Sunday of Matthew 9:15am Orthros / 10:15am Divine Liturgy	15 Dormition of the Theotokos 9:30am Orthros / 10:30 am Divine Liturgy JOY/GOYA Bees Game @ Smith's Ballpark 7pm	16 Choir Practice 6pm Women's Ministry Team Meeting 7pm	17	18	19	20

August 2016

21	22	23	24	25	26	27
9 th Sunday of Matthew 9:15am Orthros / 10:15am Divine Liturgy	Parish Council Meeting 7pm	Choir Practice 7pm				
28 10th Sunday of Matthew 9:15am Orthros / 10:15am Divine Liturgy St. Anna Feast Day Celebration Picnic 3pm at Canyon Rim Park (east pavilion)	29 Beheading of St. John the Baptist 9:30am Orthros / 10:30am Divine Liturgy	30 Choir Practice 7pm	31			

September 2016

SUN	MON	TUE	WED	THU	FRI	SAT
				1 The Indiction 9:30am Orthros / 10:30am Divine Liturgy	2	3
4 11th Sunday of Matthew 9:15am Orthros / 10:15am Divine Liturgy	5 Happy Labor Day!	6 Choir Practice 7pm	7	8	9	10
11 Sunday before Holy Cross 9:15am Orthros / 10:15am Divine Liturgy First Day of Sunday School	12	13 Choir Practice 7pm	14 The Universal Exultation of the Cross 9:30am Orthros / 10:30am Divine Liturgy	15	16	17
18 Sunday After Holy Cross 9:15am Orthros / 10:15am Divine Liturgy	19 Parish Council Meeting 7pm	20 Choir Practice 6pm Women's Ministry Team Meeting 7pm	21	22	23	24