



## St. Anna Greek Orthodox Church

3015 E. Creek Road, Cottonwood Heights, UT 84093  
385-313-9358



**Sunday, March 19, 2017**  
**Sunday of the Holy Cross**

**Orthros: 9:15 a.m.**  
**Divine Liturgy: 10:15 a.m.**

**Reverend Hieromonk Ambrose Omayas,**  
**Visiting Priest**

**Reverend Deacon Anatoli Kireiev**

[www.stannagocutah.org](http://www.stannagocutah.org)  
[franthy@stannagocutah.org](mailto:franthy@stannagocutah.org)



**Epistle Reading: St. Paul's Letter to the Hebrews 4:14-16;  
5:1-6**

*Prokeimenon. Mode Plagal 2. Psalm 27.9,1*

*O Lord, save your people and bless your inheritance.*

*Verse: To you, O Lord, I have cried, O my God.*



Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

**Gospel Reading: The Gospel According to Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in



return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

### **Hymn for the Feast**

**(After Doxology instead of "Today Salvation..." on page 17  
and in response to Third Antiphon on page 37)**

Save, O Lord, Your people and bless Your inheritance. Give vict'ry to those who battle evil protect us all by Your holy cross. (Liturgy Book page 181)

### **Hymns at Small Entrance**

#### *Entrance Hymn*

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead. Save us who sing to You: Alleluia. (Liturgy Book page 37)

#### *Resurrectional Apolytikion*

The angelic powers appeared at Your tomb, the soldiers guarding it became as dead men, and Mary stood at Your grave seeking, seeking Your most pure body. But you made hell a captive; You were untouched by its might. You came to the virgin and granted life. O, who rose from the dead, glory to You (Liturgy Book page 119)

### **Hymn for the Church**

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were

therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

### **Kontakion**

To You the Champion Commander, I Your City, Inscribe victorious anthems of thanksgiving. For deliverance from sufferings, Theotokos. In as much as you have power unassailable, From all manner of dangers set me free; That I may cry out to you, Rejoice Bride unwedded.

### **Megalynarion**

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallow'd temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, He who is God from all ages. By making your womb His throne He made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you. (Liturgy Book page 299)

### **Instead of "Holy God..." on Page 39**

Before Your cross we bow down, O Master, and we glorify Your holy resurrection (3). Glory to the father and the Son and the Holy Spirit, now and ever and to the ages of ages Amen. And we glorify Your holy resurrection. (Liturgy Book page 291)

### **Communion Hymn**

O Lord, the light of Your face was stamped upon us. Alleluia. (Liturgy Book page 325)

### **Instead of "We have seen..." on page 87**

Save, O Lord, Your people and bless Your inheritance. Give vict'ry to those who battle evil and protect us all by Your holy cross. (Liturgy Book page 181)

## Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us.  
(Liturgy Book page 95)

**Orthodox Saints Commemorated on March 19:** Martyrs Chrysanthos & Daria with Claudius, Hilaria, their sons & companions at Rome; New Martyr Demetrios at Constantinople; Sophia of Slutsk & Minsk; Martyr Pancharius at Nicomedia; Bassa the nun of the Pskov Caves; and, the Synaxis of all Saints of Fthiotidos.

**Welcome Fr. Ambrose:** We are blessed and excited to welcome back to our parish the Reverend Hieromonk Ambrose Omayas from the Metropolis of Denver. Father Ambrose will celebrate Divine Liturgy with us today while Father Anthony is in Heber with our GOYANs at their Lenten Retreat.

**Altar Servers:** All altar servers are invited and encouraged to serve each week. Please see the recently distributed email for Holy Week assignments and remember that altar servers are also needed for the Presanctified Liturgy and Salutations services held each Wednesday and Friday during Great Lent.

Please plan to attend our Altar Server Lenten Training Retreat on Saturday of Lazarus, April 8, 2017, immediately following the Divine Liturgy of St. John Chrysostom. This retreat is extremely important for all altar servers wishing to serve during Holy Week.

### **Memorial Services:**

*Sunday, March 26, 2017:* Michael S. Zervos (27 years); Stephania A. Zervos (10 years); Demetra P. Zervos (8 years); Mary B. Adondakis (7 years); Demetra Thimakis (9 months).

To schedule a memorial service, please contact Fr. Anthony at 801-824-3987 (mobile), or 385-313-9358 (office), or [franthy@stannagocutah.org](mailto:franthy@stannagocutah.org).

**Fellowship Hour:** Thank you to Tom and Carolyn Leitko, Lloyd and Penny Mills, Elaine Peterson, Joe and Ann Sasich, and Bob and Heidi Varechok for hosting this week's fellowship hour. Please join us!

If you would like to host the fellowship hour on Sunday, March 26, 2017, or any other Sunday, please contact Carolyn Leitko at [csleitko@gmail.com](mailto:csleitko@gmail.com).

**Communion Ushering Reminder:** All those who are prepared and wish to receive communion should wait to be ushered from their rows by a member of the Parish Council. *Sunday School children and teachers will be ushered out, front to back, row by row, by a member of the Parish Council.* The remainder of the parishioners wishing to receive communion will then be ushered out, front to back, row by row, by a member of the Parish Council. Your cooperation in this process is appreciated.

**Lenten, Holy Week and Paschal Donations:** Donations are requested for the following items:

### Lent:

Daffodils for Sunday of the Holy Cross	\$125.00
Flowers for Salutations to the Theotokos	5 @ \$100.00
Incense for Lent, Holy Week & Pascha	\$100.00

### Palm Sunday:

Palm Strips for Crosses and Decorative Palms	\$200.00
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### Holy Week:

Flowers for Bridegroom Icon	\$225.00
Floral Wreath for the Crucifix	\$175.00
12 Candles - Service of 12 Gospels	\$5.00 each
Rose Petals for Lamentation Service	\$50.00



Rose Petals for Holy Saturday/Pascha	\$300.00
Case of Bay Leaves for Holy Saturday/Pascha	\$100.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$150.00
Gardenias for Holy Friday and Holy Saturday	\$200.00
Easter Lilies for the Solea	\$250.00
Hand Held Candles: Holy Friday/Pascha	\$TBA
Altar Candles for Paschal Season	\$200.00
Two Cases of Brown Eggs for the Anastasi	\$50.00
Ribbon & Net for Eggs	\$50.00
Flowers for Kouvouklion (Holy Friday)	\$1,250.00

Thank you in advance for contributing towards the dignity and beauty of our divine services. Please return your Donation in the Memorial Envelope available at the pangari (narthex counter) and remember to include the names of whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios.

If more funds are collected than requested, excess monies will be placed in the Benevolence/Altar Fund. We will print the full amount collected in the Weekly Bulletin following Pasha (Easter).

**Parish House Building Trip to Project Mexico:** Our Parish has been blessed with the opportunity to send 15 parishioners, aged 16 and over, on a house building trip to Project Mexico August 16-22, 2017. We are looking for someone experienced with Project Mexico to spearhead the trip. If you have been on a house building trip to Project Mexico before and are willing to lead the trip, please contact Steve Simos at [ssimos@msn.com](mailto:ssimos@msn.com) or Father Anthony at [franthy@stannagocutah.org](mailto:franthy@stannagocutah.org).

## SPECIAL SERVICES

Friday, March 24, 2017:

Salutations with Annunciation Great Vespers  
7:00 p.m.

Saturday, March 25, 2017

Annunciation of the Virgin Mary  
Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Friday, April 21, 2017

Theotokos the Life Giving Spirit  
Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

## LENTEN SERVICE SCHEDULE

Great Vespers of Forgiveness,  
Sunday, February 26th at 7:00 pm

Great Compline Services at 7:00 pm\*  
Monday, February 27th, Clean Monday  
Monday, March 6th  
Monday, March 13th  
Monday, March 20th\* 6:00 pm  
Monday, March 27th

Presanctified Liturgies at 7:00 pm\*  
Wednesday, March 1st  
Wednesday, March 8th  
Wednesday, March 15th\*\*  
Wednesday, March 22nd  
Wednesday, March 29th

\*Followed by Potluck Dinner & Presentation

\*\* At Ss. Peter & Paul, 6:00 pm. They will join us the following week at 7:00 pm..

Salutations to the Theotokos at 7:00 pm  
Friday, March 3rd  
Friday, March 10th  
Friday, April 17th  
Friday, March 24th with Great Vespers  
Friday, 31st, The Akathist Hymn

## **Great and Holy Lent, 2017** **St. Anna Greek Orthodox Church**

Parish Lenten Retreat,  
Following Annunciation Vespers and Liturgy  
GOYA Lenten Retreat,  
Friday, March 17th to Sunday, March 19th  
Iron Rod Ranch, Heber, UT

Sunday of Orthodoxy Great Vespers and  
Dinner, March 5th at 6:00 pm  
Hosted by St. Anna Greek Orthodox Church

## HOLY WEEK SERVICE SCHEDULE

### Saturday of Lazarus, April 8, 2017:

Orthros: 9:30 a.m. / Divine Liturgy of St. John Chrysostom:  
10:30 a.m.

### Palm Sunday, April 9, 2017:

Orthros: 9:30 a.m. / Divine Liturgy of St. John Chrysostom:  
10:30 a.m.

Bridegroom Service: 7:00 p.m.

### Holy Monday, April 10, 2017:

Bridegroom Service: 7:00 p.m.

### Holy Tuesday, April 11, 2017:

Bridegroom Service with Hymn of Kassiane: 7:00 p.m.

### Holy Wednesday, April 12, 2017:

Presanctified Liturgy: 9:30 a.m.

Sacrament of Holy Oil (Unction): 3:00 p.m. and 7:00 p.m.

### Holy Thursday, April 13, 2017:

Vespertal Liturgy of St. Basil for the Institution of the Mystical  
Supper: 7:30 a.m.

Service of the Holy Passion with the Reading of the Twelve  
Gospels: 7:00 p.m.

### Holy Friday, April 14, 2017:

Royal Hours: 9:00 a.m.

Reading of the 9<sup>th</sup> Hour: 11:00 a.m.

Great Vespers for the Deposition from the Holy Cross: 3:00 p.m.

Lamentations Service and Procession: 7:00 p.m.

### Holy Saturday, April 15, 2017:

Vespertal Liturgy of St. Basil in Anticipation of Christ's  
Resurrection: 9:00 a.m.

Vigil, Resurrection Service, and Divine Liturgy of St. John  
Chrysostom for the Resurrection: 11:00 p.m.

### Easter (Pascha) Sunday, April 16, 2017:

Agape Vespers: 12:00 Noon

## PARISH COUNCIL ANNOUNCEMENTS

Sunday, March 19, 2017: Narthex: Mike Daskalas and Myra  
Shenk; Front Ushers: Charles Beck and Nick Daskalas; Sunday  
School Ushers: Mike Petrogeorge and Craig Stagg; At Large: Julie  
Steele

Sunday, March 26, 2017: Narthex: Mike Daskalas and Mike  
Petrogeorge; Front Ushers: Perry Drossos and Joe Sasich; Sunday  
School Ushers: Myra Shenk and Steve Simos; At Large: Charles  
Beck

Next Parish Council Meeting: Tomorrow, Monday, March 20,  
2017, at 7:00 p.m. in the fellowship hall.

## MUSIC MINISTRY ANNOUNCEMENTS

Choir Practice: The next choir practice will be held on Thursday,  
March 23, 2017, at 1:00 p.m. Contact Sophie Wondolowski at  
[swondo@comcast.net](mailto:swondo@comcast.net) with questions.

## WOMEN'S MINISTRY TEAM ANNOUNCEMENTS

Women's Ministry Team Meeting: The next Women's Ministry  
Team meeting will be held on Tuesday, April 28, 2017, at 7:00  
p.m. in the fellowship hall.

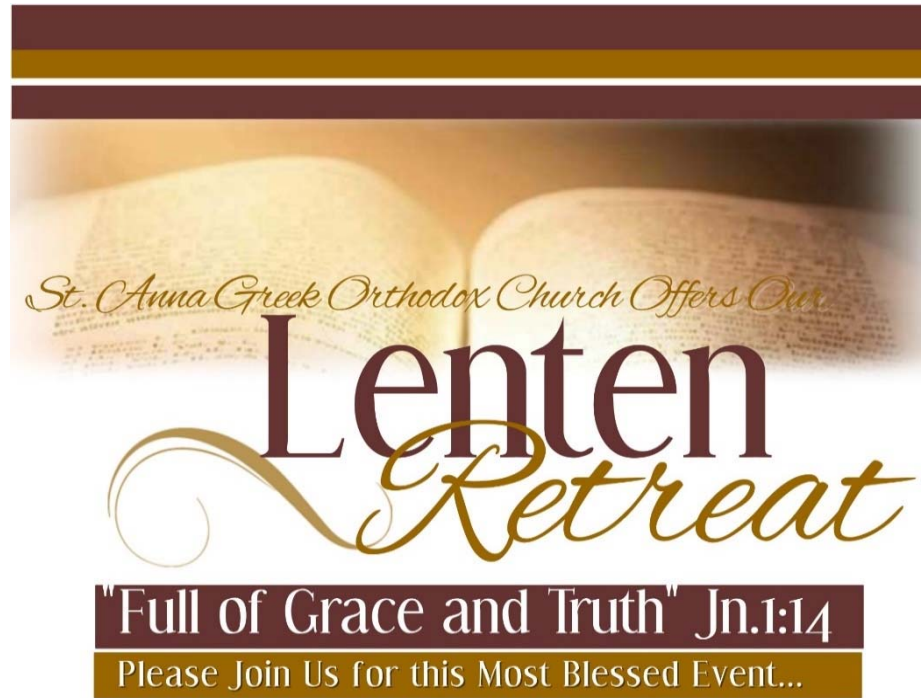
## FOREVER YOUNG FELLOWSHIP

The Forever Young Fellowship will meet on the third Thursday  
of each month. The next meeting will be held on Thursday, April  
20, 2017, at 11:30 a.m. in the fellowship hall.

## ADULT AND FAMILY MINISTRY ANNOUNCEMENTS

Adult Bible Study, Orthodox Married Life (OML), and Parish  
Family Night: Adult Bible Study, OML and Parish Family Night  
will resume after Pascha (Easter).

St. Anna Lenten Retreat – “Full of Grace and Truth”:



St. Anna Greek Orthodox Church Offers Our

# Lenten Retreat

"Full of Grace and Truth" Jn.1:14

Please Join Us for this Most Blessed Event...



March 24th & 25th  
With Annunciation Services

Friday, March 24th at 7:00 pm  
Great Vespers and Introduction

Saturday, March 25th from 9:30 am - 3:00 pm  
Orthros, Divine Liturgy, Lunch, Retreat

R.S.V.P. to [franthony@stannagocutah.org](mailto:franthony@stannagocutah.org)

*Dr. Eve Tibbs*

Eve is a respected Professor, Head of Religious Education for the Metropolis of San Francisco and actively involved in numerous leadership positions in her St. Paul parish of Irvine, CA.

Please join us for our annual Lenten Retreat on Friday, March 24, 2017, and Saturday, March 25, 2016. Our Retreat Master will be Dr. Eve Tibbs, Ph.D.

*Friday Evening, March 24, 2017: Annunciation Great Vespers: 7:00 p.m., followed by retreat introduction and light refreshments*

*Saturday, March 25, 2017: 9:30 a.m. – 3:00 p.m., beginning with Orthros and Divine Liturgy for the Annunciation*

Our retreat master will be Dr. Eve (Paraskevè) Tibbs, Ph.D. Dr. Tibbs is an Affiliate Assistant Professor of Theology at Fuller Theological Seminary, Pasadena, California, where she has taught since 2005. She holds a Ph.D. in Theology with a minor in Church History and an M.A. in Theology with an emphasis in Biblical Studies, both from Fuller Theological Seminary. Dr. Tibbs has served as Chair of the Eastern Orthodox Studies Group of the American Academy of Religion, is the Ministry Lead for Christian Education in the Greek Orthodox Metropolis of San Francisco, and serves as a member of the Metropolis Council. Dr. Tibbs attends Saint Paul's Greek Orthodox Church in Irvine, CA, where she serves as a Chanter, Women's Bible study leader, Choir Director, and Chair of the Sunday Church School Board. She and her husband, Steve, have been blessed with three daughters, three sons-in-law, and six adorable grandchildren.

### YOUTH MINISTRY ANNOUNCEMENTS

Save the Date - Camp Emmanuel 2017: Mark your calendars now for the Metropolis of Denver's Camp Emmanuel: **Senior Session: June 11-17, 2017 (Ages 15-18); Junior Session: June 18-24, 2017 (Ages 11-14).** Early bird registration is now open and continues through March 30, 2017.

Visit [www.youth.denver.goarch.org/events/2017-events/2017-camp-emmanuel-home/](http://www.youth.denver.goarch.org/events/2017-events/2017-camp-emmanuel-home/) or contact Fr. Anthony at 801-824-3987 or [franthony@stannagocutah.org](mailto:franthony@stannagocutah.org) for more information.



## STEWARDSHIP MINISTRY TEAM ANNOUNCEMENTS

To date, we have received 142 stewardship commitment cards with commitments totaling \$285,364! **If you have not yet submitted your stewardship commitment card for 2017, please prayerfully consider your time, talent and treasure commitments and submit your card as soon as possible so that we can proceed as budgeted in the new year.** Our continued growth, success and faithful witness is only possible through healthy and spiritually-oriented Stewardship. God loves a cheerful giver! (2 Corinthians 9:7)

## COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Parish Mobile App: The St. Anna Greek Orthodox Church's mobile app is live and available for free download.

Apple App Store: <https://itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8>

Google Play: [https://play.google.com/store/apps/details?id=com.conduit.app\\_fa0fc07216b24e93b1993aa947209c07.app](https://play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app)

The mobile app is a great way to keep up with the news and events of our parish. Install it today!

Parish Directory Photos: Please send digital photos to Michael Petrogeorge at [secretary@stannagocutah.org](mailto:secretary@stannagocutah.org) for inclusion in the upcoming and future editions of the parish directory.

Weekly Bulletin Announcements: Please send requested announcements for next week's bulletin to Michael Petrogeorge at [secretary@stannagocutah.org](mailto:secretary@stannagocutah.org) by **Wednesday at 5:00 p.m.**

## PAN-ORTHODOX, FRATERNAL AND OTHER ANNOUNCEMENTS

Daughters of Minos Meeting TODAY: The Daughters of Minos meeting will be held today, Sunday, March 19, 2017 at Holy

Trinity Cathedral, 279 S. 300 West, Salt Lake. We will have a short meeting and then make hygiene kits. This is one of the service projects that we will be doing this year. KriKri will practice during the meeting. We hope to see you there!!

Saint Thomas More Lenten Fish Fry Dinners: Our friends at St. Thomas More Catholic Church invite all to participate in their Lenten fish fry dinner, to be held on March 31, 2017. The doors open at 5:30 p.m. and dinner will be served until 8:00 p.m. Cost: \$9 for those over 12; \$6 for those 12 and under.

Daughters of Minos Scholarships - Apply Now: The Daughters of Minos sponsors scholarships at the University of Utah, Salt Lake Community College and Westminster College. Application deadlines are only a few weeks away, so all high school seniors or college students interested in applying for scholarships for fall semester should contact the following institutions now:

*University of Utah:* 801-585-5647

*Salt Lake Community College:* 801-957-4247

*Westminster College:* 801-832-2402

For questions, contact Kathy Paras at [nkgparas@msn.com](mailto:nkgparas@msn.com).

Project Mexico & St. Innocent Orphanage: Please keep Project Mexico in mind for your charitable giving this year. Several generous supporters have committed to donate a 1-to-1 match on every dollar donated up to \$150,000, so your help will be doubled. Most our expenses are covered by donations so your help makes a big impact. Donations can be made online at <https://www.projectmexico.org/donate/>

## PRAYER LIST

Alex, Ange, Bill, Brad, Dan, Fr. Jimi, Georgiann, Gregory, Heather, Joe, John, Judy, Kris, Kristen, Kristina, Luke, Mary, Matthew, Melissa, Mercy, Sharon, Sophia, Tom, Toula

To add a name to our prayer list, please email Michael Petrogeorge at [secretary@stannagocutah.org](mailto:secretary@stannagocutah.org).

## PARISH CALENDAR

March 2017						
SUN	MON	TUE	WED	THU	FRI	SAT
19 <b>Sunday of the Holy Cross</b> 9:15am Orthros / 10:15am Divine Liturgy  <b>GOYA Lenten Retreat</b>	20 <b>Great Compline</b> 6pm  <b>Parish Council Meeting</b> following Great Compline	21 <b>Women's Ministry Team Meeting</b> 7pm	22 <b>Presanctified Liturgy</b> 7pm	23 <b>Choir Practice</b> 1pm	24 <b>Salutations with Annunciation Great Vespers</b> 7pm  <b>Parish Lenten Retreat</b>	25 <b>Annunciation of the Virgin Mary</b> 9:30am Orthros / 10:30am Divine Liturgy  <b>Parish Lenten Retreat</b>
26 <b>Sunday of St. John Climacus</b> 9:15am Orthros / 10:15am Divine Liturgy	27 <b>Great Compline</b> 7pm	28	29 <b>Presanctified Liturgy</b> 7pm	30 <b>Choir Practice</b> 1pm	31 <b>Akathist Hymn</b> 7pm	

April 2017						
SUN	MON	TUE	WED	THU	FRI	SAT
						1
2 <b>Sunday of St. Mary of Egypt</b> 9:15am Orthros / 10:15am Divine Liturgy	3	4	5	6 <b>Choir Practice</b> 1pm	7	8 <b>Saturday of Lazarus</b> 9:30am Orthros / 10:30am Divine Liturgy of St. John Chrysostom (followed by tying of palm crosses)  <b>Altar Server Retreat</b> (immediately following Liturgy)

April 2017						
9 <b>Palm Sunday</b> 9:15am Orthros / 10:15am Divine Liturgy  <b>Bridegroom Service</b> 7pm	10 <b>Holy Monday</b>  <b>Bridegroom Service</b> 7pm	11 <b>Holy Tuesday</b>  <b>Bridegroom Service with Hymn of Kassiane</b> 7pm	12 <b>Holy Wednesday</b>  <b>Presanctified Liturgy</b> 9:30am  <b>Sacrament of Holy Oil (Unction)</b> 3pm and 7pm	13 <b>Holy Thursday</b>  <b>Vesperal Liturgy of St. Basil for the Institution of the Mystical Supper</b> 7:30am  <b>Service of the Holy Passion with the Reading of the Twelve Gospels</b> 7pm	14 <b>Holy Friday</b>  <b>Royal Hours</b> 9am  <b>Youth Retreat</b> 11am-3pm (begins with the reading of the 9 <sup>th</sup> Hour)  <b>Great Vespers for the Deposition from the Cross</b> 3pm  <b>Lamentations Service and Procession</b> 7pm	15 <b>Holy Saturday</b>  <b>Vesperal Liturgy of St. Basil in Anticipation of Christ's Resurrection</b> 9am  <b>Vigil, Resurrection Service, Divine Liturgy of St. John Chrysostom for the Resurrection</b> 11pm
16 <b>Great and Holy Pascha (Easter)</b>  <b>Christ Is Risen!</b>  <b>Agape Vespers</b> 12 noon	17	18 <b>Women's Ministry Team Meeting</b> 7pm	19	20 <b>Choir Practice</b> 1pm	21 <b>Theotokos the Life Giving Spirit</b> 9:30am Orthros / 10:30 am Divine Liturgy	22
23 <b>Thomas of Sunday</b> 9:15am Orthros / 10:15am Divine Liturgy	24	25	26	27	28	29
30 <b>Sunday of the Myrrh-Bearing Women</b> 9:15am Orthros / 10:15am Divine Liturgy						