



St. Anna Greek Orthodox Church

3015 E. Creek Road, Cottonwood Heights, UT 84093

385-313-9358



Sunday of St. Gregory Palamas

March 4, 2018

Orthros: 9:15 a.m.

Divine Liturgy: 10:15 a.m.

**Reverend Father Anthony Savas
Reverend Deacon Anatoli Kireiev**

**Visiting Clergy:
Fr. Elias Koucos**

stannagocutah.org
franthony@stannagocutah.org

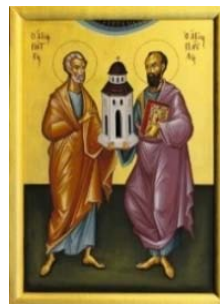


Epistle Reading: St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Prokeimenon. Mode Plagal 2. Psalm 27.9,1

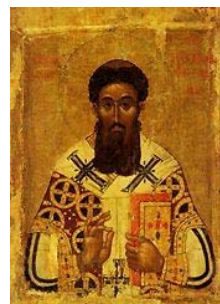
O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.



“In the beginning, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end.” But to what angel has he ever said, “Sit at my right hand, till I make thy enemies a stool for thy feet?” Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel Reading: The Gospel According to Mark 2:1-12



At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, “My son, your sins are forgiven.” Now some of the scribes were sitting there, questioning in their hearts, “Why does this man speak thus? It is

a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'" – he said to the paralytic – "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Resurrectional Apolytikion

The angelic powers appeared at Your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking Your most pure body. But You made hell a captive; You were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to You. (Liturgy Book page 119).

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia. (Liturgy Book page 37)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Hymn for the Hierarch

O light of Orthodoxy, O pillar of strength and teacher of the Church! Glory of monks and nuns, and of theologians the protector invincible! O wonder worker Gregory, pride of

Thessalonika and preacher of grace, intercede with our ceasing for the salvation of our souls. (Liturgy Book page 133)

Kontakion

To You, the Champion Commander, I, Your city, inscribe victorious anthems of thanksgiving, for deliverance from suff'rings, O Theotokos. In as much as you have power unassailable from all manner of dangers, O set me free; that I may cry out to you: Rejoice, O Bride unwedded.

Megalynarion (Hymn for the Theotokos)

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallow'd temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, He who is God from all ages. By making your womb His throne He made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you. (Liturgy Book page 299)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest. (3) (Liturgy Book page 83)

Hymn after Holy Communion

We have seen the true light; we have received the heav'nly Spirit; we have found the true faith, worshiping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

Orthodox Saints Commemorated on March 4: Gregory Palamas, Archbishop of Thessalonika; Venerable Gerasimos of the Jordan; Martyrs Paul, his sister Juliana & those with them at Ptolemaïs; Gregory the Bishop of Constantius in Cyprus; Gerasimus of Volgoda; Gregory the Bishop of Assos; James the Faster of Phoenicia; Daniel the Prince of Moscow; Basil the Prince of

Rostov; the 900 Martyrs on the Appian Way in Rome; and, the Synaxis of all Saints of Laconia.

Fellowship Hour: Thank you to Gerard and Klea Gallegos, Roula Karahalios, and Charlie and Sandra Zoolakis for hosting this week's fellowship hour. Please join us!

On March 11, 2018, our parish will be hosting the Metropolis of Denver Oratorical Festival. Given the number of guests we will have at our parish and the anticipated crowds that Sunday, fellowship hour will be held in Meyer Hall and will be hosted by the following: Charles and Elizabeth Beck, John and Mary Feotis, Chris and Kathy Floor, Tom and Carolyn Leitko, Pam and Tom Martinez, Phil and Liberty Mudrock, Dan and Rebecca Obergfell, John and Mary Pananos, Elaine Peterson, Dena Savas, Bruce and Kathy Shand, Mary Simos, Sophie Wondolowski, Dean and Sylvia Zekas.

If you would like to host a future fellowship hour, please contact Carolyn Leitko at csleitko@gmail.com or Sophie Wondolowski at swondo@comcast.net.

Please note that we have several parishioners, including children, with severe nut allergies. Please avoid foods with nuts or clearly label any item that may contain nuts.

Memorial Services - May Their Memories Be Eternal:

Sunday, March 18, 2018: Nancy Luther (6 months); Demetra Zervos (9 years); Stephania Zervos (11 years); Nick Yannias (11 years); Michael Zervos (30 years)

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org, 801-824-3987 (mobile), or 385-313-9358 (office).

Communion Ushering Reminder: All those who are prepared and wish to receive communion should wait to be ushered from their rows by a member of the Parish Council.

Our Sunday School students and teachers will be ushered for communion first, front to back, row by row, by a member of the

Parish Council. Sunday School students should not proceed up the aisle for communion until they have been ushered. Sunday School students at the back of the church should remain at the back of the church until they have been excused by the Sunday School usher.

After all of the Sunday School students and teachers have been dismissed for communion, the rest of the parishioners will then be ushered for communion, front to back, row by row, by a member of the Parish Council.

Your cooperation in this process is appreciated!

Church Etiquette Reminder: Please remember that no one should enter the church during the Small Entrance, the Great Entrance, the Epistle Reading, the Gospel Reading, or the Creed. Please remain in the hallway, narthex or fellowship hall during these parts of the Divine Liturgy if you have not already entered the church. Thank you!

Lenten, Holy Week and Paschal Donations: Donations are requested for the following items:

Lent:

Daffodils for Sunday of the Holy Cross	\$ 125.00
Flowers for Salutations to the Theotokos	5 @ \$100.00
Incense for Lent, Holy Week & Pascha	\$100.00

Palm Sunday:

Palm Strips for Crosses and Decorative Palms	\$200.00
----------------------------------------------	----------

Holy Week:

Flowers for Bridegroom Icon	\$225.00
Floral Wreath for the Crucifix	\$175.00
12 Candles - Service of 12 Gospels	\$5.00 each

Rose Petals for Lamentation Service	\$50.00
Rose Petals for Holy Saturday/Pascha	\$300.00
Case of Bay Leaves for Holy Saturday/Pascha	\$100.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$150.00
Gardenias for Holy Friday and Holy Saturday	\$150.00
Easter Lilies for the Solea	\$250.00
Hand Held Candles: Holy Friday/Pascha	\$TBA
2 Beaded Altar Candles for Paschal Season	\$600.00
Two Cases Brown Eggs for the Anastasi	\$50.00
Ribbon and Net for Eggs	\$50.00
Flowers for Kouvouklion (Holy Friday)	\$1,250

Thank you in advance for contributing towards the dignity and beauty of our divine services. Please return your Donation in the Memorial Envelope available at the pangari (narthex counter) and remember to include the names of whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios.

If more funds are collected than requested, excess monies will be placed in the Benevolence/Altar Fund. We will print the full amount collected in the Weekly Bulletin following Pasha (Easter).

GENERAL ANNOUNCEMENTS

Save the Date - St. Anna Greek Orthodox Church 2018 Lenten Retreat: Our 2018 Lenten Retreat is on Saturday, March 24, 2018. Our retreat master will be Fr. Gregory Floor. Details to follow!

Save the Date - Parish Fishing Trip: The annual St. Anna Parish Fishing Trip is July 26-29, 2018. For those needing a room at Strawberry Bay Lodge, make your reservations now to insure accommodations by visiting www.strawberrybay.com. Further details to come!

Online Credit Card and ACH (Automated Clearing House) Giving Options: We are pleased to announce that you can now make stewardship payments and other donations (including donations to the Altar/Benevolence Fund and St. Anna Capital Campaign Fund) via credit card or ACH payment. Visit stannagocutah.org/?page_id=2666 to make a one-time donation or set up reoccurring payments. Donations can also be made through the Vanco Give+ Mobile App.

Please contact Nick Daskalas, Parish Council Treasurer, at treasurer@stannagocutah.org with any questions.

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial policies adopted by the Parish Assembly. Please contact Nick Daskalas at treasurer@stannagocutah.org for further details.

Amazon Smile Donations to St. Anna: Our parish is set up to receive donations through Amazon Smile! For those not aware, Amazon Smile is a program where Amazon users can have a small percentage of their purchases on Amazon donated to the charity of their choice. All you do is make your regular Amazon purchases through smile.amazon.com and designate St. Anna as your charity of choice. You receive the exact same low prices, vast selection and convenient shopping experience as Amazon.com (and Amazon Prime benefits for those who are members) with the added bonus that Amazon will donate 0.5% of the price to St. Anna! Go to smile.amazon.com/ch/47-1002380 to register and/or select St. Anna as your charity of choice today!

LENTEN SERVICE SCHEDULE

Monday, March 5, 2018

Great Compline

7:00 p.m.

Wednesday, March 7, 2018

Presanctified Liturgy

7:00 p.m.

Friday, March 9, 2018

Salutations

6:00 p.m. (note time change due to
Metropolis of Denver St. John Chrysostom
Oratorical Festival)

Monday, March 12, 2018

Great Compline

7:00 p.m.

Wednesday, March 14, 2018

Presanctified Liturgy

7:00 p.m.

Friday, March 16, 2018

Salutations

7:00 p.m.

Monday, March 19, 2018

Great Compline

6:00 p.m. (note time change due to
Parish Council meeting)

Wednesday, March 21, 2018

Presanctified Liturgy

7:00 p.m.

Friday, March 23, 2018

Akathist Hymn

7:00 p.m.

2018 HOLY WEEK SERVICE SCHEDULE

Saturday of Lazarus, March 31, 2018:

9:30 a.m. - Orthros

10:30 a.m. - Divine Liturgy of St. John Chrysostom

Palm Sunday, April 1, 2018:

9:15 a.m. - Orthros

10:15 a.m. - Divine Liturgy of St. John Chrysostom

7:00 p.m. - Bridegroom Service

Holy Monday, April 2, 2018:

7:00 p.m. - Bridegroom Service

Holy Tuesday, April 3, 2018:

7:00 p.m. - Bridegroom Service with Hymn of Kassiane

Holy Wednesday, April 4, 2018:

9:30 a.m. - Presanctified Liturgy

3:00 p.m. - Sacrament of Holy Oil (Unction)

7:00 p.m. - Sacrament of Holy Oil (Unction)

Holy Thursday, April 5, 2018:

8:00 a.m. - Vespereal Liturgy of St. Basil for the Institution of the
Mystical Supper

7:00 p.m. - Service of the Holy Passion with the Reading of the
Twelve Gospels

Holy Friday, April 6, 2018:

9:00 a.m. - Royal Hours

11:00 a.m. - Reading of the 9th Hour

3:00 p.m. - Great Vespers for the Deposition from the Holy
Cross

7:00 p.m. - Lamentations Service and Procession

Holy Saturday, April 7, 2018:

9:00 a.m. - Vespers Liturgy of St. Basil in Anticipation of Christ's Resurrection

11:00 a.m. - Vigil, Resurrection Service, and Divine Liturgy of St. John Chrysostom for the Resurrection

Easter (Pascha) Sunday, April 8, 2018:

12:00 Noon - Agape Vespers

OTHER UPCOMING SPECIAL SERVICES

Sunday, March 25, 2018

Annunciation of the Theotokos

Orthros: 9:15 a.m. / Divine Liturgy: 10:15 a.m.

Friday, April 13, 2018

Theotokos the Life Giving Spirit

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

IMPORTANT SUNDAY SCHOOL/YOUTH DATES

Palm Sunday - No Sunday School Classes
April 1, 2018

Holy Friday Youth Retreat (Preschool - 5th grades):
April 6, 2018

Easter Sunday (Pascha) - No Sunday School Classes
April 8, 2018

Folk Dance Practice Resumes
April 15, 2018

PARISH COUNCIL ANNOUNCEMENTS

Sunday, March 4, 2018: Narthex: Michael Petrogeorge and Julie Steele; Front Ushers: Joe Sasich and Myra Shenk; Sunday School Ushers: Charles Beck and Perry Drossos; At-Large/Middle Usher: Steve Simos

Sunday, March 11, 2018: Narthex: Carolyn Leitko and Mike Daskalas; Front Ushers: Charles Beck and Julie Steele; Sunday School Ushers: Joe Sasich and Myra Shenk; At-Large/Middle Usher: Perry Drossos

Next Parish Council Meeting: Monday, March 19, 2018, at 7:00 p.m. in the fellowship hall

MUSIC MINISTRY ANNOUNCEMENTS

Choir Practice: The next choir practice will be held on Thursday, March 8, 2018, at 1:00 p.m. Contact Sophie Wondolowski at swondo@comcast.net with questions.

WOMEN'S MINISTRY TEAM ANNOUNCEMENTS

Women's Ministry Team Meeting: Please join us for the next Women's Ministry Team Meeting on Tuesday, March 20, 2018, at 7:00 p.m. in the fellowship hall.

METROPOLIS OF DENVER ST. JOHN CHRYSOSTOM ORATORICAL FESTIVAL

Awards Banquet: Our parish will host the Metropolis of Denver St. John Chrysostom Oratorical Festival March 9-11, 2018. We look forward to hosting the young, bright and spiritual participants and their parents from throughout our Metropolis.

YOUTH MINISTRY ANNOUNCEMENTS

Save the Date - Camp Emmanuel 2018: Mark your calendars now for the Metropolis of Denver's Camp Emmanuel: Senior Session (Ages 15-18): June 10-16, 2018; Junior Session (Ages 11-14): June 17-23, 2018. Further information to come. Please visit www.youth.denver.goarch.org/events/ or contact Fr. Anthony at 801-824-3987 or franthony@stannagocutah.org with questions.

FOLK DANCE MINISTRY TEAM ANNOUNCEMENTS

Folk Dance Practice: There will be no dance practices during Lent. Folk dance practice resumes on Sunday, April 15, 2018.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS

Forever Young Fellowship: The next meeting of the Forever Young Fellowship is Thursday, March 15, 2018, at 11:30 a.m.

STEWARDSHIP

To date, we have received 125 stewardship commitment cards with pledges totaling \$233,328, putting us at 80.5% of our goal of \$290,000! If you have not yet submitted your stewardship commitment card for 2018, please prayerfully consider your time, talent and treasure commitments and submit your card as soon as possible so that we can proceed as budgeted in the new year. Our continued growth, success and faithful witness is only possible through healthy and spiritually-oriented Stewardship.

Remember, a commitment card does not create a legal obligation, but is rather a commitment of faith. If you are already giving to the Parish but have not completed a stewardship commitment card, please do so. Having the completed card allows us to maintain an up to date and accurate roster of the parish membership and assists us greatly in preparing and tracking against our annual budgets.

Visit stannagocutah.org/?page_id=21 to obtain a 2018 Stewardship Commitment Card or submit your card online.

God loves a cheerful giver! (2 Corinthians 9:7)

PAN-ORTHODOX, FRATERNAL AND OTHER ANNOUNCEMENTS

Saint Thomas More Lenten Fish Fry Dinners: Our friends at St. Thomas More Catholic Church invite all to participate in their final Lenten fish fry dinner of the year, to be held on Friday, March 16, 2018. The doors open at 5:30 p.m. and dinner will be served until 7:30 p.m. Doors close at 8:00 p.m. Cost: \$9 for those over 12; \$6 for children ages 3-12; free for children ages 2 and under.

Pan Arcadian Western District Scholarship 2018: The application for the 2018 Pan Arcadian Western District Scholarship is available

at: www.panarcadianwest.org/news. Applicants must be a member or have a parent or grandparent who is a member of the local Arcadian Chapter #90. Postmark deadline is April 16, 2018. Please contact Karen Anastasopoulos at 801-913-2414 or karenanast@gmail.com for further information or with any questions regarding the scholarship.

CrossRoad 2018: The CrossRoad Summer Institute is a ten-day program for Orthodox Christian high school juniors and seniors held on the campus of Hellenic College Holy Cross in Brookline, Massachusetts or, new this year, North Park University in Chicago, Illinois.

- Quench your thirst for knowledge
- Explore your curiosity about the Orthodox faith
- Dive into Orthodox Theology and Scripture with some of the best professors in the country
- Build lifelong friendships
- Step outside your comfort zone to encounter Christ in the face of your neighbor

CrossRoad offers two sessions on the campus of Hellenic College Holy Cross in Boston, Massachusetts: **June 16-26, 2018 and July 2-12, 2018**. This year, CrossRoad will offer a third session at North Park University in Chicago, Illinois: **July 21-31, 2018**.

All students between the ages of 16 and 18 years old are eligible to apply! Apply online at www.crossroadinstitute.org/apply. Call 617-850-1310 for more information, or contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Parish Mobile App: The St. Anna Greek Orthodox Church's mobile app is live and available for free download.

Apple App Store: <https://itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8>

Google Play: https://play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app

Bulletin Announcements: Please send requested announcements for the bulletin to Parish Council Secretary Michael Petrogeorge at secretary@stannagocutah.org by **Wednesday at 5:00 p.m.**

PRAYER LIST

Aletheia, Alex, Anastasia, Angel, Angela, Angie, Argos, Barbara, Bill, Carolyn, Cathy, Charles, Daniel, Dawn, Dena, Elizabeth, Fr. Jimi, Gary, George, Helen, Jami, Jamin, Janene, Jennifer, Jim, Joanne, Joe, Joseph, Juliet, Liberty, Lisa, Madeline, Mae, Michael, Milano, Mitras, Pelkha, Preston, Sam, Sarah, Slavko, Spasoye, Stan, Tamara, Taylor, Tony, Zach, Zoran

To add a name to our prayer list, please email Michael Petrogeorge at secretary@stannagocutah.org.

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar.

You can link our calendar with your personal calendar by clicking on the “subscribe” button on the lower right hand corner and selecting the calendar program of your choice.

March 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10
Sunday of St. Gregory Palamas 9:15am Orthros / 10:15am Divine Liturgy GOYA Lenten Retreat	Great Compline 7pm		Presanctified Liturgy 7pm	Choir Practice 1pm	Salutations 6pm Metropolis of Denver St. John Chrysostom Oratorical Festival @ St. Anna	Metropolis of Denver St. John Chrysostom Oratorical Festival @ St. Anna

March 2018						
11	12	13	14	15	16	17
Sunday of the Holy Cross 9:15am Orthros / 10:15am Divine Liturgy Metropolis of Denver St. John Chrysostom Oratorical Festival @ St. Anna	Great Compline 7pm		Presanctified Liturgy 7pm	Forever Young Fellowship 11:30am	Salutations 7pm	
18	19	20	21	22	23	24
Sunday of St. John Climacus 9:15am Orthros / 10:15am Divine Liturgy	Great Compline 6pm Parish Council Meeting 7pm	Women's Ministry Team Meeting 7pm	Presanctified Liturgy 7pm	Choir Practice 1pm	Akathist Hymn 7pm	Parish Lenten Retreat
25	26	27	28	29	30	31
Annunciation of the Theotokos 9:15am Orthros / 10:15am Divine Liturgy						Saturday of Lazarus 9:30am Orthros / 10:30am Divine Liturgy

April 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
Palm Sunday 9:15am Orthros / 10:15am Divine Liturgy Bridegroom Service 7pm	Holy Monday Bridegroom Service 7pm	Holy Tuesday Bridegroom Service 7pm	Holy Wednesday Presanctified Liturgy 9:30am Holy Unction 3pm & 7pm	Holy Thursday Vesperal Liturgy of St. Basil for the Institution of the Mystical Supper 8am Service of the Holy Passion with the Reading of the Twelve Gospels 7pm	Holy Friday Royal Hours 9am Reading of the 9 th Hour 11am Holy Friday Youth Retreat (Preschool-5 th Grade) 11am-3pm Great Vespers for the Deposition from the Holy Cross 3pm Lamentations Service and Processions 7pm	Holy Saturday Vesperal Liturgy of St. Basil in Anticipation of Christ's Resurrection 9am Vigil, Resurrection Service, and Divine Liturgy of St. John Chrysostom for the Resurrection 11pm