



## St. Anna Greek Orthodox Church

3015 E. Creek Road, Cottonwood Heights, UT 84093

385-313-9358



**Sunday of the Paralytic**  
**April 29, 2018**

**Reverend Father Anthony Savas**  
**Reverend Deacon Anatoli Kireiev**

[stannagocutah.org](http://stannagocutah.org)  
[franthony@stannagocutah.org](mailto:franthony@stannagocutah.org)

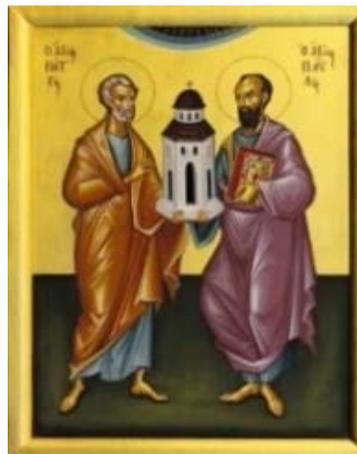


### Epistle Reading: Acts of the Apostles 9:32-42

*Prokeimenon. Mode 3. Psalm 46.6,1*

*Sing praises to our God, sing praises.*

*Verse: Clap your hands, all you nations.*



In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

### Gospel Reading: The Gospel According to John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda



which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he

said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

### **Christ Is Risen / Χριστός Ανέστη**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

Χριστός ανέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶην χαρισάμενος.

### **Entrance Hymn**

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead.

### **Resurrectional Apolytikion**

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of His arm. He has trampled down death by death, becoming the first born of the dead. He has delivered us from the depths of hell and has granted to all the world His great mercy. (Liturgy Book page 107)

### **Hymn for the Church**

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

### **Kontakion**

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

### **Megalynarion (Hymn for the Theotokos)**

The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has resurrected from the grave on the third day. With one voice, O Virgin, we the believers call you blessed. O rejoice, you the Lord's gate, city animate, rejoice. Lady rejoice, for today the light of the resurrection from the dead of the Son whom you have borne, has shone on us.

### **Communion Hymn**

Receive the body, the body of Christ; drink from the font of immortality. (Liturgy Book page 318)

### **After Communion Hymn (Instead of “We have seen. . . “)**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

### **Dismissal Hymn**

Lord, grant long life to him who blesses us and sanctifies us.  
(Liturgy Book page 95)

**Orthodox Saints Commemorated on April 29:** Orthodox Saints Commemorated on April 29: Apostles Jason & Sosipater of the 70 & their companions; the Holy Martyrs of Corfu: Princess Kerkyra, Zenon, Neon, Vitalius & wife Valeria; Metropolitan John of Thebes; Basil the Bishop of Ostrog; New Martyr Nektarios of Optina; Martyr Stanko the Shepherd of Montenegro; Venerables Endelienta & Ava; the Holy Martyrs of Lazeti, Georgia; and, the Synaxis of All Saints of Euboea.

**Fellowship Hour:** A special thank you to Angelo Kontgis, who assisted with the fellowship hour last Sunday, April 22, 2018.

Thank you to Aphrodite Daskalas, Mike and Janene Daskalas, Nicholas and Erika Daskalas; Nick and Pat Daskalas, Larry and Mary Ford, John and Amber Pananos, John and Mary Pananos, and Dena Savas for hosting this week’s fellowship hour. Please join us!

If you would like to host the fellowship hour on Sunday, May 6, 2018, or any future Sunday, please contact Carolyn Leitko at [csleitko@gmail.com](mailto:csleitko@gmail.com) or Sophie Wondolowski at [swondo@comcast.net](mailto:swondo@comcast.net).

*Please note that we have several parishioners, including children, with severe nut allergies. Please avoid foods with nuts or clearly label any item that may contain nuts.*

### **Memorial Services - May Their Memories Be Eternal:**

Today, Sunday, April 29, 2018: Ann Daskalas Pananos (9 years); Malisa Nicole Skaar (15 years); Michael Pananos (20 years)

Sunday, May 6, 2018: Sylvia Varanakis (1 year)

To schedule a memorial service, please contact Fr. Anthony at [franthony@stannagocutah.org](mailto:franthony@stannagocutah.org), 801-824-3987 (mobile), or 385-313-9358 (office).

**Epistle Reading:** Today’s epistle reader is Zachary Petrogeorge.

### **GENERAL ANNOUNCEMENTS**

**Pastoral Assistance:** Fr. Anthony will be leading our parish’s pilgrimage to the Holy Lands May 1-16, 2018. If you need pastoral assistance during this time, please contact Dr. Charles Beck at 801-573-6800 or [president@stannagocutah.org](mailto:president@stannagocutah.org), or Michael Petrogeorge at 801-243-8684 or [secretary@stannagocutah.org](mailto:secretary@stannagocutah.org) and they will assist you in obtaining such assistance.

**Communion Ushering:** All those who are prepared and wish to receive Communion should wait to be ushered from their rows by a member of the Parish Council.

Our Sunday School students and teachers will be ushered for Communion first, front to back, row by row, by a member of the Parish Council. Sunday School students should not proceed up the aisle for Communion until they have been ushered. Sunday School students at the back of the church should remain at the back of the church until they have been excused by the Sunday School usher.

After all of the Sunday School students and teachers have been dismissed for Communion, the rest of the parishioners will then be ushered for Communion, front to back, row by row, by a member of the Parish Council.

Your cooperation in this process is appreciated!

**Church Etiquette Reminder:** Please remember that no one should enter the church during the Small Entrance, the Great Entrance, the Epistle Reading, the Gospel Reading, or the Creed. Please remain in the hallway, narthex or fellowship hall during these parts of the Divine Liturgy if you have not already entered the church. Thank you!

Save the Date - Parish Fishing Trip: The annual St. Anna Parish Fishing Trip is July 26-29, 2018. For those needing a room at Strawberry Bay Lodge, make your reservations now to insure accommodations by visiting [www.strawberrybay.com](http://www.strawberrybay.com). Further details to come!

Online Credit Card and ACH (Automated Clearing House) Giving Options: We are pleased to announce that you can now make stewardship payments and other donations (including donations to the Altar/Benevolence Fund and St. Anna Capital Campaign Fund) via credit card or ACH payment. Visit [stannagocutah.org/?page\\_id=2666](http://stannagocutah.org/?page_id=2666) to make a one-time donation or set up reoccurring payments. Donations can also be made through the Vanco Give+ Mobile App.

Please contact Parish Council Treasurer Nick Daskalas at [treasurer@stannagocutah.org](mailto:treasurer@stannagocutah.org) with any questions.

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Nick Daskalas at [treasurer@stannagocutah.org](mailto:treasurer@stannagocutah.org) for further details.

Amazon Smile Donations to St. Anna: Our parish is set up to receive donations through Amazon Smile! For those not aware, Amazon Smile is a program where Amazon users can have a small percentage of their purchases on Amazon donated to the charity of their choice. All you do is make your regular Amazon purchases through [smile.amazon.com](http://smile.amazon.com) and designate St. Anna as your charity of choice. You receive the exact same low prices, vast selection and convenient shopping experience as Amazon.com (and Amazon Prime benefits for those who are members) with the added bonus that Amazon will donate 0.5% of the price to St. Anna! Go to [smile.amazon.com/ch/47-1002380](http://smile.amazon.com/ch/47-1002380) to register and/or select St. Anna as your charity of choice today!

## UPCOMING SPECIAL SERVICES

Thursday, May 17, 2018

Ascension of the Lord

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Saturday, May 26, 2018

Saturday of the Souls

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Monday, May 28, 2018

Monday of the Holy Spirit

Orthros: 8:00 a.m. / Divine Liturgy: 9:00 a.m. (note earlier start times due to Memorial Day holiday)

## PARISH COUNCIL ANNOUNCEMENTS

Sunday, April 29, 2018: Narthex: Perry Drossos and Joe Sasich; Front Ushers: Nick Daskalas and Steve Simos; Sunday School Ushers: Carolyn Leitko and Craig Stagg; Middle/At-Large Usher: Charles Beck

Sunday, May 6, 2018: Narthex: Michael Petrogeorge and Julie Steele; Front Ushers: Mike Daskalas and Perry Drossos; Sunday School Ushers: Nick Daskalas and Myra Shenk; Middle/At-Large Usher: Joe Sasich

Next Parish Council Meeting: Monday, May 21, 2018, at 7:00 p.m. in the fellowship hall.

## SPRING 2018 PARISH ASSEMBLY

Our Spring Parish Assembly will be held TODAY Sunday, April 29, 2018, following fellowship hour in the fellowship hall. All stewards should have received the Parish Assembly packet via email. The agenda was also sent via U.S. mail.

Our Parish Bylaws state that a member is in good financial standing and thereby eligible to vote at the Parish Assembly if he or she has made a stewardship commitment for 2018 and paid a proportionate share of his or her commitment through the quarter immediately preceding the Parish Assembly. Thus, a

member will be considered in good financial standing at the Spring Parish Assembly if he/she has submitted a stewardship commitment card for 2018 and paid 1/4 of their total commitment as of the date of the Parish Assembly. Please contact Nick Daskalas at [treasurer@stannagocutah.org](mailto:treasurer@stannagocutah.org) if you have questions regarding your stewardship status.

### MUSIC MINISTRY ANNOUNCEMENTS

Choir Practice: The next Choir practice will be held on Thursday, May 3, 2018, at 1:00 p.m. Contact Sophie Wondolowski at [swondo@comcast.net](mailto:swondo@comcast.net) with questions.

### YOUTH MINISTRY ANNOUNCEMENTS

Greek Orthodox Youth Association (GOYA) Meeting: The next GOYA meeting will be held on Tuesday, May 8, 2018, at 7:00 p.m. at the Zoumadakis/Savas home.

Junior Orthodox Youth (JOY) Meeting: The next JOY meeting will be held on Tuesday, May 22, 2018, at 6:30 p.m. in the fellowship hall.

Camp Emmanuel 2018: The deadline to register for Camp Emmanuel is TOMORROW, Monday, April 30, 2018. There are two sessions:

- Senior Session (Ages 15-18): June 10-16, 2018
- Junior Session (Ages 11-14): June 17-23, 2018

Fr. Anthony plans to attend both sessions with our parish campers.

This program is the premier youth ministry event of our Metropolis; we don't want our children to miss out on the relationships that are created and sustained through Camp Emmanuel.

Please visit [www.youth.denver.goarch.org/events/](http://www.youth.denver.goarch.org/events/) or contact Fr. Anthony at 801-824-3987 or [franthony@stannagocutah.org](mailto:franthony@stannagocutah.org).

### FOLK DANCE MINISTRY TEAM ANNOUNCEMENTS

Folk Dance Practice: Our next folk dance practice will be held today, Sunday April 29, 2018, at 12:30 p.m. Our Golden Angels (K-2<sup>nd</sup> Grade) group will practice until 1:00 p.m. All other groups will practice until 1:30 p.m.

Our next set of performances will be at the St. Anna picnic to be held on Sunday, July 22, 2018, at Canyon Rim Park in Millcreek. We know that summer is a busy time, but please make every effort to attend all of the practices between now and then.

Please contact Connie Cayias, Folk Dance Program Director, at [connie.cayias@gmail.com](mailto:connie.cayias@gmail.com) with any questions.

### WOMEN'S MINISTRY TEAM ANNOUNCEMENTS

Women's Ministry Team Meeting: Please join us for the next Women's Ministry Team Meeting on Tuesday, May 15, 2018, at 7:00 p.m. in the fellowship hall.

#### Women's Ministry Team Community Drives

Three to four times a year the Women's Ministry Team will be sponsoring different drives to help those in need. The drives will last for a month. We will continue this as an ongoing Outreach Program from the parishioners of St. Anna.

An example of how these drives will work is what we will be asking you to do during the month of May (details to come). After liturgy for the next few Sunday's the Women's Ministry Team will be handing out bags with an explanation of May's outreach to the Youth Resource Center.

We hope that your generous hearts will help those in the Salt Lake Community!

Membership Tea 2018: Please come to the Women Ministry Team's Membership Tea and Ladies' Night Out on Tuesday, June 19, 2018, at Willow Creek Country Club, 8505 S. Willow Creek Drive, Sandy. The evening begins at 6:00 p.m. with drinks and socializing, followed by dinner at 7:00 p.m. Cost: \$30.00 (checks payable to "St. Anna Women's Ministry Team"). Please deliver checks to Tayna Smirnov no later than Tuesday, June 12, 2018. Please contact Pat Daskalas ([p.daskalas@gmail.com](mailto:p.daskalas@gmail.com)) or Georgette Lowe ([gkalowe@live.com](mailto:gkalowe@live.com)) with any questions. Hope you all can make for a fun-filled evening!

#### ADULT AND FAMILY MINISTRY ANNOUNCEMENTS

Forever Young Fellowship: The next meeting of the Forever Young Fellowship is Thursday, May 24, 2018, at 11:30 a.m.

#### STEWARDSHIP

To date, we have received 147 stewardship commitment cards with pledges totaling \$277,370, putting us at 95.6% of our goal of \$290,000! If you have not yet submitted your stewardship commitment card for 2018, please prayerfully consider your time, talent and treasure commitments and submit your card as soon as possible so that we can proceed as budgeted in the New Year. Our continued growth, success and faithful witness is only possible through healthy and spiritually-oriented Stewardship.

Remember, a commitment card does not create a legal obligation, but is rather a commitment of faith. If you are already giving to the Parish but have not completed a stewardship commitment card, please do so. Having the completed card allows us to maintain an up to date and accurate roster of the parish membership and assists us greatly in preparing and tracking against our annual budgets. To obtain a 2018 Stewardship Commitment Card or submit your card online visit [stannagocutah.org/?page\\_id=21](http://stannagocutah.org/?page_id=21).

God loves a cheerful giver! (2 Corinthians 9:7)

#### PAN-ORTHODOX, FRATERNAL AND OTHER ANNOUNCEMENTS



### Daughters of Minos Mother's Day Luncheon & Fashion Show

May 12, 2018 at 11:00 am

Little America Hotel  
(500 South Main Street)

**Cost:** \$45.00 Adults  
\$17.00 Children (Ages 12 and Under)

**Adult Menu Choices:** Sliced London Broil OR  
Grilled Teriyaki Salmon

*Each entrée also includes: Fresh Green Salad  
and Fruit Tart with Chantilly Cream*

**Child Menu:** Chicken fingers and Macaroni and Cheese

**Reservations:** Jennifer Klonizos  
801)230-8124 / [jklonizos@g.com](mailto:jklonizos@g.com)  
2269 Keller Lane SLC UT 84109

OR

Eleni Maroudas  
(801-949-5868 / [e.maroudas@comcast.net](mailto:e.maroudas@comcast.net))  
1340 East 4325 South, Holladay Utah 84124

*Mary Yannias will also take reservations during  
fellowship hour*

**Reservations  
Deadline:** May 6, 2018

Minos 100<sup>th</sup> Anniversary Gala: Please join us to celebrate the Minos Chapter 100<sup>th</sup> Anniversary. Saturday, June 2, 2018. Tickets will be sold at all churches beginning today, Sunday, April 29, 2018. For tickets and table reservations, through Katina Moutsos,

call 801-641-8877. Celebrate the history of our community together!

2018 Greek Orthodox Sports League Basketball Camp: The Greek Orthodox Sports League (GSL) staff is looking forward to another exciting year for our annual GSL Basketball Camp. Our camp is designed to provide players with outstanding instruction, teamwork, sportsmanship and fun. We hope that you will join us this summer. Registration forms are available on the St Anna website at: [www.stannagocutah.org/wp-content/uploads/2018/04/2018-GSL-Basketball-Camp-Registration-Form.pdf](http://www.stannagocutah.org/wp-content/uploads/2018/04/2018-GSL-Basketball-Camp-Registration-Form.pdf).

#### *CAMP DETAILS*

Dates: June 25-28, 2018

AM Session (boys and girls in 3rd - 6th grade this fall): 9:00 a.m. - 12:00 p.m. (Doors open at 8:00 a.m.)

PM Session (boys and girls 7th - 12th grade this fall): 1:00 p.m. - 4:00 p.m.

Location: Prophet Elias Greek Orthodox Multipurpose Center, 5335 South Highland Drive, Holladay

Cost: \$75.00

Camp Features:

- ❖ Camp T-Shirt and Camp Basketball
- ❖ Individual and team shooting contests
- ❖ Individual and group skill work during "Basketball Workout"
- ❖ Full and half court games
- ❖ Autograph session and Awards

Sponsorships are available on an as needs basis so that those who would like to attend but are unable to do so due to financial restraints can have the pleasure of experiencing the GSL Basketball Camp. Please contact Fr. Anthony at

[franthony@stannagocutah.org](mailto:franthony@stannagocutah.org) or 801-824-3987 for further information.

#### *VOLUNTEERS NEEDED*

GSL is looking for volunteers to help with our youth Basketball Camp June 25-28, 2018. Two shifts daily from 9:00 a.m. to 12:00 p.m. or 1:00 p.m. to 4:00 p.m. Must be 14 years of age or older.

If interested please contact Gerard Gallegos at 801-647-2829 or e-mail [gerard100@comcast.net](mailto:gerard100@comcast.net).

#### **COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS**

St. Anna on Twitter: Our parish has a new Twitter account: @stannagocutah. Follow us today!

Parish Mobile App: The St. Anna Greek Orthodox Church's mobile app is live and available for free download.

Apple App Store: <https://itunes.apple.com/us/app/st-anna-greek-orthodox-church/id1140666277?ls=1&mt=8>

Google Play: [https://play.google.com/store/apps/details?id=com.conduit.app\\_fa0fc07216b24e93b1993aa947209c07.app](https://play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app)

Bulletin Announcements: Please send requested bulletin announcements to Parish Council Secretary Michael Petrogeorge at [secretary@stannagocutah.org](mailto:secretary@stannagocutah.org) by **Wednesday at 5:00 p.m.**

#### **PRAYER LIST**

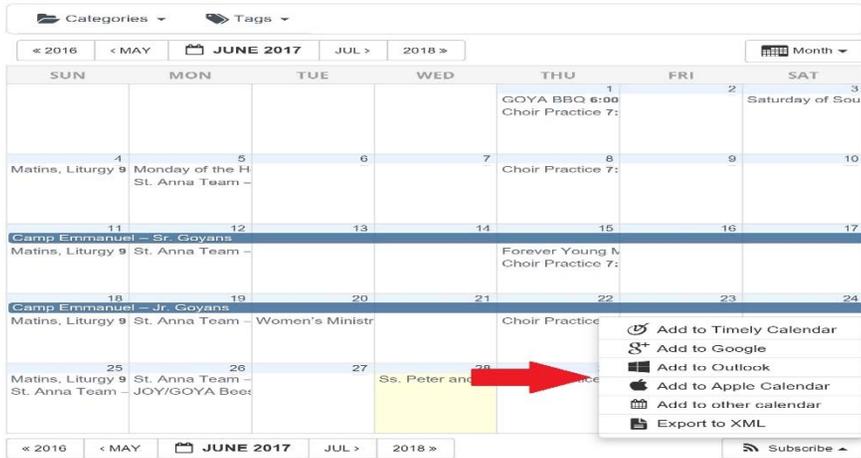
Angela, Cathy, Christopher, Elaine, Fr. Jimi, Sophie, Stan

If you would like to add a new name to the prayer list, please email Parish Council Secretary Michael Petrogeorge at [secretary@stannagocutah.org](mailto:secretary@stannagocutah.org).

#### **PARISH CALENDAR**

Visit [www.stannagocutah.org/?page\\_id=1663](http://www.stannagocutah.org/?page_id=1663) to obtain an electronic copy of the parish calendar.

You can link our calendar with your personal calendar by clicking on the “subscribe” button on the lower right hand corner and selecting the calendar program of your choice.



| April/May 2018  |     |  |     |                                   |     |     |
|---|-----|--|-----|-----------------------------------|-----|-----|
| SUN   | MON | TUE  | WED | THU                               | FRI | SAT |
| 29<br><b>Sunday of the Paralytic</b><br>9:15am<br>Orthros / 10:15am<br>Divine Liturgy<br><br><b>Spring Parish Assembly</b><br>(Following Fellowship Hour)<br><br><b>Dance Practice</b><br>12:30pm | 30  | 1  | 2   | 3<br><b>Choir Practice</b><br>1pm | 4   | 5   |
| 6<br><b>Sunday of the Samaritan Woman</b><br>9:15am<br>Orthros / 10:15am<br>Divine Liturgy<br><br><b>Dance Practice</b><br>12:30pm  | 7   | 8<br><b>GOYA Meeting</b><br>7pm @<br>Zoumadakis/<br>Savas Home | 9   | 10                                | 11  | 12  |

| May 2018   |   |   |     |   |     |   |
|--|---|---|-----|---|-----|---|
| SUN  | MON   | TUE   | WED | THU   | FRI | SAT   |
| 13<br><b>Happy Mother's Day!</b><br><br><b>Sunday of the Blind Man</b><br>9:15am<br>Orthros / 10:15am<br>Divine Liturgy          | 14  | 15<br><b>Women's Ministry Team Meeting</b><br>7pm | 16  | 17<br><b>Ascension of the Lord</b><br>9:30am<br>Orthros / 10:30am<br>Divine Liturgy<br><br><b>Forever Young Fellowship</b><br>11:30am<br><br><b>Choir Practice</b><br>1pm | 18  | 19  |
| 20<br><b>Fathers of the 1st Council</b><br>9:15am<br>Orthros / 10:15am<br>Divine Liturgy<br><br><b>Dance Practice</b><br>12:30pm | 21<br><b>Parish Council Meeting</b><br>7pm  | 22<br><b>JOY Meeting</b><br>6:30pm                | 23  | 24  | 25  | 26<br><b>Saturday of the Souls</b><br>9:30am<br>Orthros / 10:30am<br>Divine Liturgy |
| 27<br><b>Holy Pentecost</b><br>9:15am<br>Orthros / 10:15am<br>Divine Liturgy   | 28<br><b>Happy Memorial Day!</b><br><br><b>Monday of the Holy Spirit</b><br>8am<br>Orthros / 9am<br>Divine Liturgy<br><br><b>Trisagion Services @ Mt. Olivet Cemetery</b><br>(following Divine Liturgy) | 29  | 30  | 31<br><b>Choir Practice</b><br>1pm  |     |   |