



St. Anna Greek Orthodox Church

3015 E. Creek Road, Cottonwood Heights, UT

84093

385-313-9358



Meatfare Sunday

Sunday, March 3, 2019

Orthros: 9:00 a.m.

Great Doxology: 10:00 a.m.

Divine Liturgy: 10:15 a.m.

**Reverend Father Anthony Savas
Reverend Father Elias Koucos, Retired
Reverend Deacon Anatoli Kireiev**

stannagocutah.org

franthy@stannagocutah.org



**Epistle Reading: Paul's First Letter to the
Corinthians (8:8-13; 9:1-2)**

Prokeimenon. Grave Mode. Psalm 28

*The Lord will give strength to His people; the Lord will
bless His people with peace.*

*Verse: Bring to the Lord, O you sons of God, bring to
the Lord glory and honor.*



Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Gospel Reading: Holy Gospel according to Matthew (25:31-46)



The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you

did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

Response to First Antiphon

Through the intercessions of the Theotokos,
Savior, save us. (3)

Response to Second Antiphon

Save us, O Son of God, who rose from the dead,
save us who sing to You, Alleluia. (3)

Resurrectional Apolytikion

By Your cross, O Lord, You destroyed death; to the thief You opened paradise. The myrrh-bearers' sorrow You transformed into joy, and You sent Your apostles forth to proclaim that You had risen from the dead, Christ our God, bestowing on all the world Your great mercy. (Liturgy Book page 123)

Entrance Hymn

Come, let us worship and bow down before Christ.
Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (p. 37)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver

of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for the forgiveness for those who honor you, O blessed one.

Kontakion

When You come to the earth, O God, in Your glory, all creation will tremble and a river of fire will flow before Your throne of judgment. The books will be opened and the secrets of all will be revealed. On that day, O just Judge, deliver me from eternal flames and make me worthy to stand at Your right. (Liturgy Book page 261)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Megalynarion (Hymn for the Theotokos)

It is truly right to call you blessed O Theotokos, ever It is truly right to call you blessed O Theotokos, ever blessed, most pure and the mother, the mother of our God. More hon'orable than the cherubim and more glorious beyond compare than the seraphim. In virginity you gave birth to God, to God the word. Truly the Theotokos, we magnify you, we magnify you. (Liturgy Book page 69)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest (3). Alleluia (Liturgy Book page 83)

Hymn after Communion Hymn

We have seen the true light; we have received the heav'nly spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

Orthodox Saints Commemorated on March 3, 2019:

Martyrs: Eutropios, Kleonikos and Basiliskos; Hieromartyr Theodoret of Antioch; Venerable Mothers: Piama of Egypt and Alexandra of Alexandria; Holy 9 Martyrs of Georgia at Marabda; Venerables: Zeno and Zoilus; Catholicos-Patriarchs: John IV and John V of Georgia; Arthelais of Constantinople; Camilla the Anchoress of Auxerre; and the 40 Holy Martyrs of North Africa.

Fellowship Hour: Thank you to Leo and Ludmila Davis, John and Mary Feotis, Valeria Nakoryakov, Barbara VanAsdian and Charles and Sandra Zoolakis for hosting fellowship hour today, Sunday, March 3, 2019. Please join us!

The fellowship hour on Sunday, March 10, 2019, will be hosted by Chris and Irene Petrogeorge, George and Dr. Irene Petrogeorge, David & Georgiann Petrogeorge and Sylvia Zekas.

If you would like to host a fellowship hour on a future Sunday, please contact Carolyn Leitko at

csleitko@gmail.com.

Epistle Reader: The epistle reader for today, Sunday, March 3, 2019, is Markella Savas.

Memorial Services: To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

GENERAL ANNOUNCEMENTS

Church Etiquette Reminder: Please remember that no one should enter the church during the Small Entrance, the Great Entrance, the Epistle Reading, the Gospel Reading, or the Creed. Please remain in the hallway, narthex or fellowship hall during these parts of the Divine Liturgy if you have not already entered the church. Thank you!

Communion Ushering Reminder: All those who are prepared and wish to receive communion should wait to be ushered from their rows by a member of the Parish Council. Communion ushering will not commence until all altar servers have received communion.

Our Sunday School students and teachers will be ushered for communion first, front to back, row by row, by a member of the Parish Council. **Sunday School students should not proceed up the aisle for communion until they have been ushered. Sunday School students at the back of the church should remain at the back of the church until all rows have been ushered and the students in the back are formally excused by the Sunday School usher.**

After all of the Sunday School students and teachers have received communion, the rest of the parishioners

will then be ushered for communion, front to back, row by row, by a member of the Parish Council. If you are not teaching or attending Sunday School and do not have small children you need to escort to Sunday School, please do not line up to receive communion with our Sunday School students.

Your cooperation in this process is greatly appreciated!

Save the Date - Project Mexico: Save the date for Project Mexico, June 27 – July 3, 2019. Donations will be graciously accepted to assist the volunteers travelling to Mexico to build the home (van rental, gas, etc.) from the starting point in San Diego. Further information to follow. Contact Elaine Zambos at elaine.realtor@Ymail.com for further details.

Please note this is a corrected email address for Elaine Zambos, it is not gmail.com but Ymail.com.

Online Credit Card and ACH (Automated Clearing House) Giving Options: We are pleased to announce that you can now make stewardship payments and other donations (including donations to the Altar/Benevolence Fund and St. Anna Capital Campaign Fund) via credit card or ACH payment.

Visit stannagocutah.org/?page_id=2666 to make a one-time donation or set up reoccurring payments. Donations can also be made through the Vanco Give+ Mobile App. Please contact Parish Council Treasurer Dmitri Smirnov at treasurer@stannagocutah.org with any questions.

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the

financial policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Dmitri Smirnov at treasurer@stannagocutah.org for further details.

In-Kind Donations: The Parish Council would like to thank everyone who made in-kind donations to our parish in 2018. Such donations save our parish thousands of dollars and are critical to parish operations. If you made an in-kind donation in 2018 (or have made an in-kind donation already in 2019) and need documentation for your personal records or for tax purposes, please contact Parish Council Treasurer Dmitri Smirnov at treasurer@stannagocutah.org.

Amazon Smile Donations to St. Anna: Our parish is set up to receive donations through Amazon Smile! For those not aware, Amazon Smile is a program where Amazon users can have a small percentage of their purchases on Amazon donated to the charity of their choice. All you do is make your regular Amazon purchases through smile.amazon.com and designate St. Anna as your charity of choice. You receive the exact same low prices, vast selection and convenient shopping experience as Amazon.com (and Amazon Prime benefits for those who are members) with the added bonus that Amazon will donate 0.5% of the price to St. Anna! Go to smile.amazon.com/ch/47-1002380 to register and/or select St. Anna as your charity of choice today!

UPCOMING SPECIAL SERVICES

Saturday, March 9, 2019

Saturday of the Souls

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Monday, March 11, 2019

Great Compline

7:00 p.m.

Wednesday, March 13, 2019

Presanctified Liturgy

7:00 p.m.

Friday, March 15, 2019

Salutations I

7:00 p.m.

Saturday, March 16, 2019

Saturday of the Souls

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Monday, March 18, 2019

Great Compline

7:00 p.m.

Wednesday, March 20, 2019

Presanctified Liturgy

7:00 p.m.

Friday, March 22, 2019

Paraklesis to St. Anna, the Mother of the Theotokos

7:00 p.m.

Salutations II

7:00 p.m.

Monday, March 25, 2019

The Annunciation of the Virgin Mary

Orthros: 9:30 a.m. / Divine Liturgy: 10:30 a.m.

Monday, March 25, 2019 Cont.

Great Compline

7:00 p.m.

PARISH COUNCIL ANNOUNCEMENTS

Sunday, March 3, 2019: Narthex: Michael Petrogeorge and Myra Shenk; Front Ushers: Perry Drossos and Joe Sasich; Sunday School Ushers: Nick Daskalas and Steve Simos; Middle Usher: Julie Steele.

Sunday, March 10, 2019: Narthex: Steve Simos and Julie Steele; Front Ushers: Carolyn Leitko and Dmitri Smirnov; Sunday School Ushers: Mike Daskalas and Craig Stagg; Middle Usher: Myra Shenk.

Parish Council Meeting: The next regularly scheduled Parish Council meeting will be held Monday, March 18, 2019, at 7:00 p.m. in the fellowship hall.

ST. ANNA CAPITAL CAMPAIGN (SACC) UPDATE

We are getting closer and closer to meeting our goal of \$1.5 million to have the funds necessary to make the down payment on the Atrium property.

We on the St. Anna Capital Campaign Ministry Team ("SACC") are asking our "Ambassadors", you, the members of St. Anna's Parish, to reach out to the people outside our parish who you may know regarding our wonderful opportunity to have a new home for the St. Anna Parish.

Each one of you knows someone who might be able to donate to our campaign. The more Ambassadors we have talking to potential donors and letting their friends and acquaintances know about our Capital Campaign, the sooner we will reach our goal of \$1.5 million.

If you would like information to be provided to

specific individuals or organizations, please get in touch with Nick Varanakis or any other member of the SACC and we will be happy to either provide you with the information to give to the potential donor or to contact the individual or organization on your behalf. Every dollar donated or pledged brings us one step closer to taking advantage of this wonderful opportunity given to our parish.

This is such a wonderful and excellent time for our parish to have the Atrium become available for our new home.

The SACC is always available to answer any questions you may have. Please contact the committee directly or email us at stannacampaign@stannagocutah.org.

St Anna Capital Campaign Ministry Team

**Saint Anna Coffee vs. Cash Capital Campaign Program
The 5 Dollar New Church Deal!**

Five Bucks Gets Us a New Church Deal

By allowing St. Anna's New Church building campaign committee to make a small charge to your credit card monthly imagine what we can build!



Example of Greek Orthodox Church only

- * 5 bucks twice a week instead of that expensive Latte will raise roughly \$500,000.00 in 4 short years!
- * All for 5 bucks.
- * Of course if more people jump on board you can imagine what happens.
- More ☺☺☺☺☺
- * How many of our wonderful members think 10 bucks is more like it?
- * That could easily become \$1,500,000.00 in that short 4 years.
- * Really how much would each of us miss that 5 bucks compared to having our own wonderful new facilities?

How do you start? It can be done in five short steps!

- *Sign on to Saint Anna's website
- *Go to Donate Now Button

- *Go to Capital Campaign and input weekly or monthly dollar amount
- *Go to Donation Frequency and put frequency to either weekly or monthly
- *Hit Continue button to input credit card info and you are all done!

Sign up today so we can get what each of us truly wants!



St. Anna Golf Classic

A Parish Fundraiser for the Capital Campaign of Saint
Anna Greek Orthodox Church

Saturday, May 18, 2019

Stonebridge Golf Club

4415 Links Dr, West Valley City, UT 84120

Scramble Format

\$90.00 per person - 4-person teams

7:30 am Registration - 8:00 am Tee Off

Gather Your Teams and Register!

Volunteer Opportunities:

Set up - Friday May 17- evening before the event. Set up 10 x 10's at Stonebridge Golf Club, make deliveries of foods and prizes, etc. (4-8 people)

Reception - Day of event - give directions to golfers and direct them to their carts (4 people)

Registration - Day of event- Man table, collect money, sell opportunity tickets. (4 people)

On the course Hosts - Directions and procedures at specific holes (cooking, serving, selling, collecting tickets). (10 people)

Course Marshalls - Man certain opportunity holes for distance, accuracy and answer question.(8 people)

Lunch Hosting - Hand out prizes, help with lunch directions, etc. (4-8 people)

Clean up- Gather all 10x10's, clean up after our event wherever needed. (10 people)

Sponsorships

Contributor -	\$250
Donor -	\$500
Sustainer-	\$1,000, includes one team
Hole Sponsorships -	\$1,000 per hole for tee box location
Golf Ball Sponsorship -	\$1,500 for logo on ball
Benefactor -	\$5,000 or more, includes two teams

Contact Perry Drossos for Volunteer Opportunities or Tournament information
perrydrossos@gmail.com

MUSIC MINISTRY TEAM ANNOUNCEMENTS

Choir Practice: The next Choir practice will be on Thursday, March 7, 2019, at 1:00 p.m. Choir practices will be held every Thursday at 1:00 p.m. in preparation for Great Lent. Contact Sophie Wondolowski at swondo@comcast.net with questions.

WOMEN'S MINISTRY TEAM ANNOUNCEMENTS

Women's Ministry Team Meeting: The next Women's Ministry Team Meeting will be held in the fellowship hall, Tuesday, March 19, 2019, 7:00 pm.

STEWARDSHIP ANNOUNCEMENTS

Stewardship packets have been sent via U.S. Mail. Please do your part to help us achieve our budgeted goal of \$290,000! Bring your completed Stewardship Commitment Card to church this Sunday or mail it to 3015 E. Creek Road, Cottonwood Heights, UT 84093.

As of February 11, 2019, we have received 128 stewardship commitment cards with total commitments of \$248,584, putting us at 85.7% of our stewardship goal!

To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors. Thank You!

SUNDAY SCHOOL AND YOUTH MINISTRY TEAM ANNOUNCEMENTS

2018-19 Sunday School Calendar

March 10, 2019: St. John Chrysostom Oratorical Festival

March 22-24, 2019: GOYA Lenten Retreat

April 21, 2019: No Classes (Palm Sunday)

April 28, 2019: No Classes (Pascha/Easter Sunday)

May 19, 2019: Graduation/Promotion

Goya Meeting: GOYA Lenten Retreat: The annual GOYA Lenten Retreat will take place this year at the White Estate, Heber, Utah, March 22-24, 2019. Further details to follow.

FOLK DANCE MINISTRY TEAM **ANNOUNCEMENTS**

Dance practices will begin again in the fall. The dance program is open to all young people, from Kindergarten through 12th grade, regardless of ethnicity or prior dance experience. This year, our focus will be less on choreography and more on enjoying the fun of dance. We encourage all of the young people in our parish to give our program a try!

Thank you to our wonderful instructors this year!

K-2nd Grades: Angela Patterson

3rd-5th Grades: Presbytera Andrea Savas

6th – 12th Grades: Georgiann Petrogeorge and
Damian Savas

Please contact Connie Cayias, Folk Dance Program Director, at connie.cayias@gmail.com with any questions.

ADULT AND FAMILY MINISTRY **ANNOUNCEMENTS**

Forever Young: The next Forever Young Fellowship will be held Thursday March 21, 2019, at 11:30 a.m. in the fellowship hall.

Weekly Evening BIBLE STUDY: The next weekly evening bible study will be held on Wednesday, March 6, 2019, at 7:00 p.m. Evening bible study is taught by

Fr. Anthony Savas.

Weekly Morning BIBLE STUDY: The next weekly morning bible study will be held on Thursday March 7, 2019, at 10:30 a.m. Please join us to study the Gospel of Mark, taught by John Kaloudis.

Orthodox Inquirer's Class: Our next Orthodox Spirituality Inquirer's Class will be held on Thursday, March 7, 2019, at 7:00 p.m. The Orthodox Inquirer's Class is taught by Mary Yannias.

Family Night: The next Family Night will be held Friday, March 8, 2019, at 7:00 p.m. Movie: *I Can Only Imagine*. Pre-Lenten movie for families of all shapes and sizes. Please join us!! Popcorn provided.

Parish Family Lenten Retreat: Our annual Lenten retreat for families of all shapes and sizes will be held in the fellowship hall, April 5 and 6, 2019. Retreat Masters: Fr. Dimitri and Presbytera Danielle (Hillas) Burikas.

PAN ORTHODOX, FRATERNAL AND OTHER COMMUNITY ANNOUNCEMENTS

Daughters of Minos Scholarship-Salt Lake Community College: Please encourage students attending Salt Lake Community College who are interested in applying for the Daughters of Minos Dianne Z. Johnson Memorial Scholarship, starting 2019 fall semester, to contact the college now application deadline is only weeks away.

Salt Lake Community College
(801) 957-4247

For questions, email Kathy Paras at
nkgparas@msn.com



Let's Get Together
for a Night of Good
Friends, Food, and Fun
at
aristo's

Daughters of Minos
Tuesday, March 19th
6:00 p.m.
224 South 1300 East
Salt Lake City

The restaurant offers all of your
Greek favorites and more from
mezes to entrees, ranging from \$10
to \$30 per plate.
Full menu can be found at:
<http://www.aristoslc.com/menu-1/>

RSVP by:
March 17th
for a head count

Text, Email, or Call
Sophie at
(801) 671-3576
spetrogeorge@gmail.com

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Parish Mobile App: The St. Anna mobile app is available through the Apple App Store at www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8 and through Google Play at

www.play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app

Bulletin Announcements: Our next weekly bulletin will be published for Sunday, March 10, 2019. Please send requested bulletin announcements to Elaine Peterson at layniep53@comcast.net no later than *Monday, March 4, 2019 at 5:00 p.m.*

PRAYER LIST

Adonis, Alexandra, Angela, Barbara, Cathy, Charissa, Don, Elizabeth, Gary, George, Gus, Jill, Joanne, Joe, Juliet, Katherine, Luke, Madeline, Maryanne, Marylynn, Myles, Nicole, Preston, Ron, Sarah, Sophia, Stan, Steve, Susan, Tamara and Theodore

If you would like to add a new name to the prayer list, please email Elaine Peterson at layniep53@comcast.net.

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar.

You can link our calendar with your personal calendar by clicking on the “subscribe” button on the lower right hand corner and selecting the calendar program of your choice.

Categories Tags

< 2016 < MAY JUNE 2017 JUL > 2018 > Month

SUN	MON	TUE	WED	THU	FRI	SAT
				1 GOYA BBQ 6:00 Choir Practice 7:	2	3 Saturday of Soul
4 Matins, Liturgy 9	5 Monday of the H St. Anna Team -	6	7	8 Choir Practice 7:	9	10
Camp Emmanuel - Sr. Goyans						
11 Matins, Liturgy 9	12 St. Anna Team -	13	14	15 Forever Young & Choir Practice 7:	16	17
Camp Emmanuel - Jr. Goyans						
18 Matins, Liturgy 9	19 St. Anna Team - Women's Ministr	20	21	22 Choir Practice	23	24
25 Matins, Liturgy 9	26 St. Anna Team - JOY/GOYA Beer	27	28 St. Peter an	<ul style="list-style-type: none"> Add to Timely Calendar Add to Google Add to Outlook Add to Apple Calendar Add to other calendar Export to XML 		

< 2016 < MAY JUNE 2017 JUL > 2018 > Subscribe

March 2019						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Saturday of the Souls 9:30 am Orthros / 10:30 am Divine Liturgy Mardi Gras 6:30 pm @ The Atrium
3 Judgment Sunday (Meatfare Sunday) 9:00 am Orthros / 10:00 am Divine Liturgy	4	5	6 Evening Bible Study 7:00 pm	7 Morning Bible Study 10:30 am Choir Practice 1:00pm	8 Family Night 7:00 pm	9 Saturday of the Souls 9:30 am Orthros / 10:30 am Divine Liturgy

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 Forgiveness Sunday 9:00 am Orthros / 10:00 am Divine Liturgy Vespers of Forgiveness 7:00 pm	11 Clean Monday Great Compline 7:00 pm	12	13 Presanctified Liturgy 7:00 pm	14	15 Salutations I 7:00 pm	16 Saturday of the Souls 9:30 am Orthros / 10:30 am Divine Liturgy
17 Sunday of Orthodoxy 9:00 am Orthros / 10:00 am Divine Liturgy	18 Great Compline 6:00 pm Parish Council Meeting 7:00 pm	19 Women's Ministry Team Meeting 7:00 pm	20 Presanctified Liturgy 7:00 pm	21	22 Paraklesis to St. Anna, the Mother of the Theotokos 9:30 am Salutations II 7:00 pm	23
24 Sunday of St. Gregory Palamas 9:00 am Orthros / 10:00 am Divine Liturgy	25 The Annunciation of the Virgin Mary 9:30 am Orthros / 10:30 am Divine Liturgy Great Compline 7:00 pm	26	27 Presanctified Liturgy 7:00 pm	28	29 Salutations III 7:00 pm	30

March/April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 Great Compline 7:00 pm	2	3 Presanctified Liturgy 7:00 pm	4	5 Salutations 7:00 pm	6