

St. Anna Greek Orthodox Church

**3015 E. Creek Road, Cottonwood Heights, UT 84093
385-313-9358**



**Sunday of the Paralytic
Sunday, May 19, 2019**

Orthros: 9:00 a.m.

Great Doxology: 10:00 a.m.

Divine Liturgy: 10:15 a.m.

**Reverend Father Anthony Savas
Reverend Father Elias Koucos, Retired
Reverend Deacon Anatoli Kireiev**

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Epistle Reading: Reading is from the Acts of the Apostles 9:32-42

Prokeimenon. Mode 3. Psalm 46

Sing praises to God; sing praises; sing praises to our King; sing praises.

Verse: Oh, clap your hands, all you nations; shout to God with the voice of rejoicing.



In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading: Holy Gospel according to John 5:1-14



At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of

whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' "They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us.
(4) (Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, risen from the dead, save us who sing
to You, Alleluia. (4) (Liturgy Book page 29)

Third Antiphon

Christ is risen from the dead, trampling down death by death,
and to those in the tombs, He has granted life. (Liturgy Book
page 153)

Entrance Hymn

Bless God in the churches, the Lord from the fountains of
Israel. Save us, O Son of God, risen from the dead, we sing to
You, Alleluia.

Resurrectional Apolytikion

Let the heavens rejoice and the earth be glad, for the Lord has
shown the mighty power of His arm. He has trampled down
death by death, becoming the first born of the dead. He has
delivered us from the depths of hell and has granted to all the
world His great mercy. (Liturgy Book page 107)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the
one who within her conceived the Conceiver of life itself. You
were therefore transported to a place now in heaven. Joyful
ones all reside there in the home of all gladness, asking for
forgiveness for those who honor you, O blessed one.

Kontakion

Into the grave You descended, Immortal One, yet You
destroyed the power of Hades, and as victor You arose, O

Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3) (Liturgy Book Page 39)

Megalynarion (Hymn for the Theotokos)

The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has resurrected from the grave on the third day. With one voice, O Virgin, we the believers call you blessed. O rejoice, you the Lord's gate, city animate, rejoice. Lady rejoice, for today the light of the resurrection from the dead of the Son whom you have borne, has shone on us.

Communion Hymn

Receive the body, the body of Christ; drink from the font of immortality. (Liturgy Book page 318)

After Communion Hymn (Instead of "We have seen. . .")
Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

Orthodox Saints Commemorated on May 19, 2019:
Hieromartyr Patrick of Prusa and his companions;
Venerable Memnon the Wonderworker; Martyr Akolouthos of Egypt; Martyr Kyriake and 6 other virgin-martyrs at Nicomedia; the 13 Venerable Martyrs of Kantara in Cyprus; Virgin-Martyr Theotima of Nicomedia; All New Hieromartyrs of Slobodskaya, Ukraine; the Venerable Sinaites of Serbia from Ravanica; and the Synaxis of All

Saints of Euboea (Evia).

Fellowship Hour: Thank you to Lincoln and Ellen Brown; Chris and Heidi Gounaris; Doug and Pauline Jensen; Tom and Pam Martinez; and Bob and Kris Parenti for hosting fellowship hour today, Sunday, May 19, 2019. Please join us!

The fellowship hour on Sunday, May 26, 2019, will be hosted by Harrie and Barbara Hillas; Charlie and Chrissy Paulos; Elias and Rose Pylidis; and Julie Taylor. Please join us!

If you would like to host a fellowship hour on a future Sunday, please now contact Rose Pylidis at Rose.Pylidis@cbtravel.com

Memorial Services - May Their Memory be Eternal:

Today, Sunday, May 19, 2019: Fr. Ambrose (40 days)

Sunday, May 26, 2019: Leni Maragakis Cairo (10 years); Sylvia Maragakis Varanakis (2 years)

Sunday, June 23, 2019: Basil Nick Chachas (1 year)

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

GENERAL ANNOUNCEMENTS

Church Etiquette Reminder: Please remember that no one should enter the church during the Small Entrance, the Great Entrance, the Epistle Reading, the Gospel Reading, or the Creed. Please remain in the hallway, narthex, or fellowship hall during these parts of the Divine Liturgy if you have not already entered the church. Thank you!

Communion Ushering Reminder: All those who are prepared and wish to receive communion should wait to be ushered from their rows by a member of the Parish Council. Communion ushering will not commence until all altar servers have received communion.

Our Sunday School students and teachers will be ushered for communion first, front to back, row by row, by a member of the Parish Council. **Sunday School students should not proceed up the aisle for communion until they have been ushered. Sunday School students at the back of the church should remain at the back of the church until all rows have been ushered and the students in the back are formally excused by the Sunday School usher.** After all Sunday School students and teachers have received communion, the rest of the parishioners will then be ushered for communion, front to back, row by row, by a member of the Parish Council. If you are not teaching or attending Sunday School and do not have small children you need to escort to Sunday School, please do not line up to receive communion with our Sunday School students.

Your cooperation in this process is greatly appreciated!

Online Credit Card and ACH (Automated Clearing House) Giving Options: You can now make stewardship payments and other donations (including donations to the Altar/Benevolence Fund and St. Anna Capital Campaign Fund) via credit card or ACH payment.

Visit stannagocutah.org/?page_id=2666 to make a one-time donation or set up reoccurring payments. Donations may also be made through the Vanco Give+ Mobile App. Please contact Parish Council Treasurer Dmitri Smirnov at treasurer@stannagocutah.org with any questions.

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial

policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Dmitri Smirnov at treasurer@stannagocutah.org for further details.

In-Kind Donations: The Parish Council would like to thank everyone who made in-kind donations to our parish in 2018. Such donations save our parish thousands of dollars and are critical to parish operations. If you made an in-kind donation in 2018 (or have made an in-kind donation already in 2019) and need documentation for your personal records or for tax purposes, please contact Parish Council Treasurer Dmitri Smirnov at treasurer@stannagocutah.org.

Amazon Smile Donations to St. Anna: Our parish is set up to receive donations through Amazon Smile! For those not aware, Amazon Smile is a program where Amazon users can have a small percentage of their purchases on Amazon donated to the charity of their choice. All you do is make your regular Amazon purchases through smile.amazon.com and designate St. Anna as your charity of choice. You receive the exact same low prices, vast selection, and convenient shopping experience as Amazon.com (and Amazon Prime benefits for those who are members) with the added bonus that Amazon will donate 0.5% of the price to St. Anna! Go to smile.amazon.com/ch/47-1002380 to register and/or select St. Anna as your charity of choice today!

Weekly Bulletins: If you are unable to obtain a bulletin in the narthex on Sunday, you can access archived versions of our weekly bulletins through the St. Anna mobile app or on our parish website at stannagocutah.org/?cat=3.

PARISH COUNCIL ANNOUNCEMENTS

Sunday, May 19, 2019: Narthex: Joe Sasich and Craig Staggs; Sunday School Ushers: Nick Daskalas and Steve Simos; Front Ushers: Perry Drossos and Myra Shenk; Middle Usher:

Michael Petrogeorge.

Sunday, May 26, 2019: Narthex: Perry Drossos and Carolyn Leitko; Front Ushers: Nick Daskalas and Joe Sasich; Middle Usher: Mike Daskalas.

Spring Parish Assembly: Our Spring Parish Assembly will be held today Sunday, May 19, 2019, at 5:00 p.m. in the fellowship hall. Agenda and pertinent items were emailed to parishioners.

ST. ANNA CAPITAL CAMPAIGN (SACC) UPDATE

Dear St. Anna Parishioners,

The Capital Campaign Committee wants to thank everyone, as we get closer and closer to meeting our goal of \$1.5 million to have the funds necessary to make the down payment on the Atrium property.

We on the Capital Campaign committee are asking our "Ambassadors", you, the members of St. Anna's Parish to reach out to the people outside our parish who you may know regarding our wonderful opportunity to have a new home for St. Anna's Parish.

Each one of you knows someone who might be able to donate to our campaign. The more Ambassadors we have talking to potential donors and letting your friends and acquaintances know about our Capital Campaign, we will reach our goal of \$1.5 million.

If you would like information to be provided to specific individuals or organizations' please get in touch with any member of the Capital Campaign Committee and we would be happy to either provide you with the information to give to the potential donor or would be more than happy to contact the individual or organization on your behalf.

The Capital Campaign committee members will be reaching out to parishioners to make sure everyone has had an opportunity to make a donation toward our new church. Every dollar donated or pledged brings us one-step closer to taking advantage of this wonderful opportunity given to our parish.

Soon we will have the First Annual St Anna Golf Tournament in May, please make sure and get your teams and sign up to play, the tournament organizers are creating a wonderful fun filled tournament for everyone to enjoy.

This is such a wonderful and excellent time for our parish to have the Atrium become available for our new home.

The Capital Campaign Committee is always available to answer any questions you may have. Please contact the committee directly or email us at

stannacampaign@stannagocutah.org

MUSIC MINISTRY TEAM ANNOUNCEMENTS

Choir Practice: The next Choir practice will be on Thursday, May 23, 2019, at 1:00 p.m. Choir practices will be held every other Thursday at 1:00 p.m. Contact Sophie Wondolowski at swondo@comcast.net with questions.

WOMEN'S MINISTRY TEAM ANNOUNCEMENTS:

Women's Ministry Team Meeting: The next Women's Ministry team meeting will be held this Tuesday, May 21, 2019, at 7:00 pm. Those with the last names R-Z please bring a small food or drink item to share.

Annual Women's Ministry Team Membership Tea: Please join us Saturday, June 1, 2019, at 1:00 p.m. in the fellowship hall for St. Anna's Women's Ministry annual membership tea. Bring a new member, your favorite side dish or dessert to share, and wear a hat! Prizes will be given for the silliest, most creative, best theme, etc. hats. Plan to sign up for one of our wonderful committees while at the tea: hospitality,

community service projects, spiritual enhancement, etc. See you all there!

2019 Annual Tables Extraordinaire: SAVE the DATE for Saturday, October 12, 2019. Reserve your table after church this week.

STEWARDSHIP ANNOUNCEMENTS

Stewardship packets have been sent via U.S. Mail. Please do your part to help us achieve our budgeted goal of \$290,000! Bring your completed Stewardship Commitment Card to church this Sunday or mail it to 3015 E. Creek Road, Cottonwood Heights, UT 84093.

As of May 7, 2019, we have received 142 stewardship commitment cards with total commitments of \$265,684 putting us at 91.6% of our stewardship goal!

Your Stewardship Ministry Team, Parish Council, and Clergy are thankful for your dedication to the ongoing well-being of our St. Anna parish. Stewardship, as you well know, is the absolute life-blood of our community's financial health. We do not hold outside fundraisers, pass trays, or make seasonal appeals so that we can pay our operational expenses.

To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors. Thank You!

SUNDAY SCHOOL AND YOUTH MINISTRY TEAM ANNOUNCEMENTS

Today Sunday, May 19, 2019: Graduation/Promotion! Congratulations to graduating seniors; Anna Drossos, Mitchell Mallas and Hannah Varechok! And also congratulations to all the other Sunday school children for their promotions to new grades.

Vacation Bible School: SAVE the DATE for June 24-26, 2019.
Further details to follow.

FOLK DANCE MINISTRY TEAM ANNOUNCEMENTS

Dance practices will begin again in the fall. The dance program is open to all young people, from Kindergarten through 12th grade, regardless of ethnicity or prior dance experience. Please contact Connie Cayias, Folk Dance Program Director, at connie.cayias@gmail.com with any questions.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS

Weekly Evening BIBLE STUDY: The weekly evening bible study has concluded for this year. Bible study will resume in the fall. Fr. Anthony Savas teaches evening bible study.

Weekly Morning BIBLE STUDY: The next weekly morning bible study will be held on Thursday May 23, 2019, at 10:30 a.m. Please join us to study the Gospel of Mark, taught by John Kaloudis.

Orthodox Inquirer's Class: Our Orthodox Spirituality Inquirer's Class will hold a summer session starting Thursday, June 6, 2019 at 6:30 p.m. through the end of July. Mary Yannias is the instructor for this class.

PAN ORTHODOX, FRATERNAL, AND OTHER COMMUNITY ANNOUNCEMENTS

Annual Parish Fishing Trip: Save the dates of July 11-14, 2019, for the annual fishing trip to Strawberry Reservoir. Details to follow later. If you have any questions, please contact Chuck Karpakis at chuck@paragonproperties.biz



AHEPA and Daughters of Penelope: AHEPA and DOP are sponsoring a CPR class *Wednesday, June 5, 2019* at the Prophet Elias little gym in the carpeted area. This will not be a certified class but a “Push to Survive” class and will include training in AED (automated external defibrillator). The training will be given by the Unified Fire Authority. The class will take place from 6:30-8:30 p.m. It is open to 50 people only. To register, or if you have questions, please call or email Chris Floor at cfloor7456@msn.com or 801-450-2105.

Deadline to register is May 31. Cost is Free to anyone. Bring your spouse, children, friends, babysitter, caregiver or anyone that wants to save a life!

U-SA CARE FOR LIFE: Clean out your closet and help change the destiny of children in South Africa at the same time!

Mark your calendar for the U-SA CARES FOR LIFE FUNDrive on Saturday, June 8, 2019, at 11:00 a.m. at the SAVERS Taylorsville store (4141 South Redwood Road). By donating gently-used clothing, shoes, accessories, books, linens, and small household items (no furniture), you can help

raise funds to help our orphans under the care of SA Cares for Life in South Africa. Start gathering up your donations today! If you are unable to take donations to SAVERS on that day, please contact Rose Pylidis at (rose@sacaresforlife.org) or 801-860-3851 to collect donations.

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Bulletin Announcements: Our next weekly bulletin will be published for Sunday, May 26, 2019. Please send requested bulletin announcements to Elaine Peterson at layniep53@comcast.net no later than *Tuesday at 5:00 p.m.*

2019 Greek Orthodox Sports League Basketball Camp: Boys and Girls in grades 3-12 plan to spend four days with Coach Gerard Gallegos for the annual basketball camp! June 24-27, 2019. Please register and prepare waiver at:

<https://stannagocutah.org/wp-content/uploads/2019/04/2019-GSL-Camp.png>

Contact Gerard Gallegos at gerard100@comcast.net or gslbasketball@hotmail.com or phone 801-647-2829/801-484-5470 for more information.

If you would like to attend our Basketball Camp and are unable to, due to financial restraints, sponsorships are available on an as needs basis to have the pleasure of experiencing the GSL Basketball Camp. Please contact Fr. Anthony at 801-824-3987.

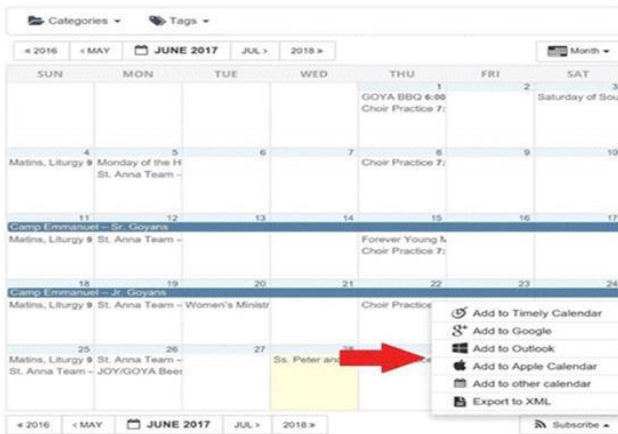
Volunteers needed: GSL is looking for volunteers to help with our youth Basketball Camp that will be held June 24, 2019 thru June, 27, 2019. Two shifts daily 9:00am-12:00pm or 1:00pm-4:00pm. Must be 14 years of age or older.

Parish Mobile App: The St. Anna mobile app is available through the Apple App Store at www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8 and through Google

www.play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar. You can link our calendar with your personal calendar by clicking on the “subscribe” button on the lower right hand corner and selecting the calendar program of your choice.



PRAYER LIST

Adonis, Alan, Aletheia, Alexandra, Ange, Angela, Anna, Anastasia, Argos, Austin, Barbara, Carolyn, Cathy, Charissa, Colter, Cyndy, Diane, Don, Elizabeth, Gary, George, Gus, Helen, Jasmin, Jason, Jill, Joanne, Joe, Juliet, Katherine, Kristin, Leo, Leyton, Luke, Madeline, Maggie, Maryanne, Marylynn, Michael, Myles, Nicole, Preston, Sarah, Shauna, Sophia, Stan, Susan, Tamara, Theano and Theodore

If you would like to add a new name to the prayer list, please email Elaine Peterson at layniep53@comcast.net.

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Sunday of the Paralytic 9:00 am Orthros/ 10:15 am Divine Liturgy Spring Parish Assembly 5:00 pm	20	21 Sts. Helen and Constantine 7:00 am Orthros/ 8:00 am Divine Liturgy WMT Meeting 7:00 pm	22	23 Bible Study 10:30 am Choir Practice 1:00 pm	24 Paraklesis Service to St. Anna, the Mother of the Theotokos 7:00 pm	25
26 Sunday of the Samaritan Woman 9:00 am Orthros/ 10:15 am Divine Liturgy	27	28	29	30	31	

June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 WMT Membership Tea 1:00 pm
2 Sunday of the Blind Man 9:00 am Orthros/ 10:15 am Divine Liturgy	3	4	5	6 Ascension of the Lord 9:30 am Orthros// 10:30 am Divine Liturgy Choir Practice 1:00 pm	7	8
9 Fathers of the 1st Council 9:30 am Orthros// 10:30 am Divine Liturgy	10	11	12	13	14	15 Saturday of the Souls 9:30 am Orthros// 10:30 am Divine Liturgy