

Dear Families,
 Welcome to the 2020-2021 Sunday School year! To find our lessons this year and additional resources, links, and materials, please go to our website:

tinyurl.com/stannasundayschool

or scan the QR code with your phone camera:

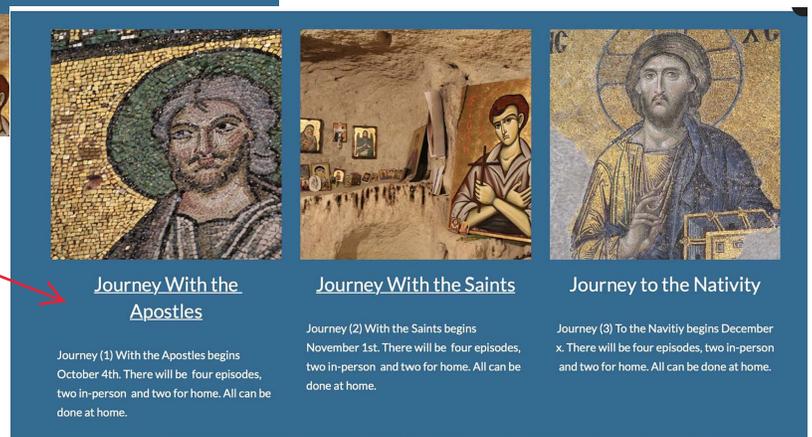


Sunday School Calendar:
 Journey 1- Oct. 4th-25th
 Journey 2- Nov.1st-22nd
 Journey 3- Dec. 6th-20th
 Journey 4- Jan. 3rd-24th
 Journey 5- Jan. 31st-Feb.21st
 Lenten Retreat - Feb 28th
 Journey 6- Mar. 7th-28th
 Journey 7- Apr. 4th-18th
 Palm Sunday - April 25th
 Pascha - May 2nd
 Journey 8- May 9th-23rd



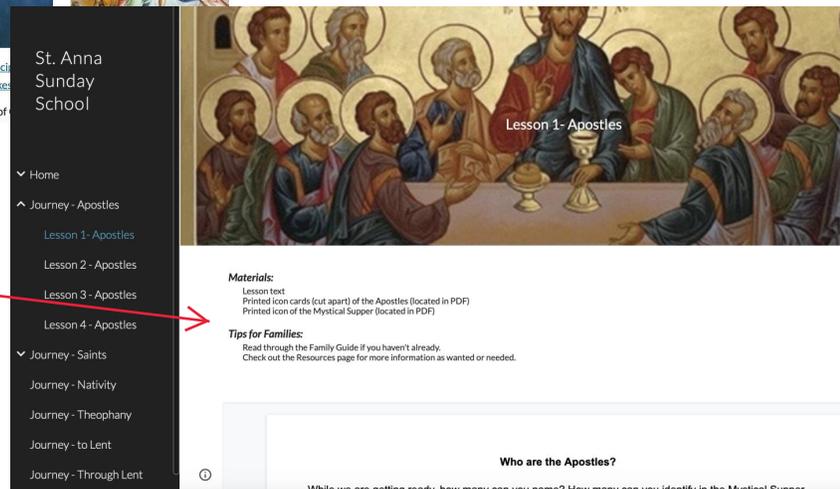
The home page looks like this with a main menu on the left and the Journey section overviews on the right under the main page. This is where you will access lessons.

Remember that there is a Family Guide and a Resources page to support you.



Journeys will have four lessons each, two for in person at church on every other Sunday after Divine Liturgy, and two for at home in the off weeks. We've been working hard on them, and the website will continue to house new Journeys as we draw near to their start dates.

Each lesson will have a discussion and question guide. This is to support the spiritual formation of your child(ren). Some lessons will have necessary materials, such as some note paper or printed icon. It will be listed at the top of each lesson.



Family Guide

This is a *family* learning time, which means that as a family, this discussion will teach us all something. So it is okay to not know all the answers. Our faith and faith traditions are deep and rich. We learn more our entire lives, as we grow and draw nearer to our Lord Jesus Christ.

There are many ways to learn, as you are able:

Praying and praying as a family:

Begin where you are. If you aren't yet praying regularly, start small and be faithful. Choose a time that works for your family, such as right before bed or a meal. Say the Lord's Prayer. Allow family members to add their personal petitions (i.e. Grant me calm and peace for my test today or Please heal Fluffy and keep him safe)

If you have a bit more capacity, do a bit more, such as morning or evening petitions. These can be found online with a quick google search, in the app Daily readings (\$1), in the Orthodox Study Bible, or in a prayer book.

Attending and participating in Services:

for example: singing, making the sign of the Cross, giving responses, bowing, venerating icons, lighting candles, preparing for Communion

Begin where you are. Attend as you are able.

Reading Scriptures daily:

Even reading one verse teaches us. There are podcasts (Daily Orthodox Scriptures - free) and apps (Daily Readings - \$1 for full version) that can help us, particularly when things get hectic as a family.

Participating in Faith classes:

Bible studies, Retreats, Lenten talks, Spiritual Formation,

AND in this year's Sunday School program!

Discussion tips:

-Let the youngest answer or share first.

This allows everyone a chance to add something to the discussion and keeps the challenge age appropriate.

-Ask noticing questions first.

Such as:

What do you see?

What is similar? Different?

Then ask application questions next. Such as:

How does this teach us about X?

How can we use this today? Tomorrow?

Finally, depending on time and your family's capacity, ask deeper questions. Such as:

What does this mean to us?

How might this change us?

-Turn the question back:

For example

Child: What does it mean when we light a candle?

You: That's a great question. What do you think it means?

(This can foster a good discussion because what they are asking might not even be what we heard. By turning the question back, it helps clarify what was meant and creates some space for everyone to think and respond.)

Child: It is like a prayer to Christ.

You: yes! What else can it mean? etc.

Together we are stronger! Thank you for dedicating this time to your child(ren)!