

St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Second Sunday of Lent – St. Gregory Palamas

Sunday, March 28, 2021

Orthros: 9:00 a.m.

Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas

Reverend Father Elias Koucos, Retired

Reverend Deacon Anatoli Kireiev

stannagocutah.org

franthony@stannagocutah.org



Epistle Reading: St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Prokeimenon. Mode 1. Psalm 32

Let Your mercy, O Lord, be upon us, as we hope in You.

Verse: Rejoice greatly in the Lord, O righteous ones; praise is fitting for the upright.



"In the beginning, Thou, Lord, didst found the earth in the beginning, and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet?" Are they not all ministering spirits sent

forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel Reading: The Gospel According to Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him



because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins' – he said to the paralytic – "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Response to First Antiphon

Through the intercessions of the Theotokos, Saviour, save us. (4)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to You, Alleluia. (4) (Liturgy Book page 29)

Response to Third Antiphon

Although your tomb was sealed with a stone, O Saviour, and Your most pure body was guarded by the soldiers, You rose on the third day giving life to all the world. Therefore O giver of life, the powers of heaven praise You: Glory to your resurrection, O Christ. Glory to your kingdom. Glory to your saving wisdom, O only lover of mankind. (Liturgy Book page 99) Although your tomb was sealed with a stone, O Saviour, and Your most pure body was guarded by the soldiers, You rose on the third day giving life to all the world. Therefore O giver of life, the powers of heaven praise You: Glory to your resurrection, O Christ. Glory to your kingdom.

Glory to your saving wisdom, O only lover of mankind. (Liturgy Book page 99)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

Although your tomb was sealed with a stone, O Saviour, and Your most pure body was guarded by the soldiers, You rose on the third day giving life to all the world. Therefore O giver of life, the powers of heaven praise You: Glory to your resurrection, O Christ. Glory to your kingdom. Glory to your saving wisdom, O only lover of mankind. (Liturgy Book page 99)

For the Hierarch

O light of Orthodoxy, O pillar of strength and teacher of the Church! Glory of monks and nuns, and of theologians the protector invincible! O wonder worker Gregory, pride of Thessalonika and preacher of grace, intercede with our ceasing for the salvation of our souls. (Liturgy Book page 133)

Apolytikion of the Parish Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

To You, the Champion Commander, I, Your city, inscribe victorious anthems of thanksgiving, for deliverance from

suff'rings, O Theotokos. In as much as you have power unassailable from all manner of dangers, O set me free; that I may cry out to you: Rejoice, O Bride unwedded.

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)
(Liturgy Book page 39)

Megalynarion (Hymn for the Theotokos)

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallow'd temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, He who is God from all ages. By making your womb His throne He made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you. (Liturgy Book page 299)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest (3). Alleluia (Liturgy Book page 83)

Hymn after Communion

We have seen the true light; we have received the heav'nly spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

Orthodox Saints: For Saints of the Day, please visit the parish website at https://stannagocutah.org/?page_id=4529, or the parish Facebook page.

Great Compline

Monday Evenings during Great Lent - 7:00 pm

Celebrated during Lent in parishes, this larger version of the Compline Service is named in Greek the "Apodipno Service" - which literally means "Directly After Dinner." Monastics in their convents or monasteries will rise directly from their evening meal and immediately return to the church for these evening prayers. This service is one of quiet contemplation and discipline. Created to be read at the end of the day, it is reflective on the events of the preceding hours, and allows the participant to pray for protection from the snares and obstacles of the coming night. It is reflective of sins committed and hopeful in the healing forgiveness of Christ. It is most well known for its beautiful Lenten Hymns "For God is with Us" and "Lord of the Powers, be with Us". There are many psalms that are read during the Great Compline. The chanting is soft and the lights are dimmed. It is a lovely contrast to the joyful celebrations of the Sunday Liturgy that would have been experienced the day before. Participation in this service is paramount to a fully appreciated Lenten Journey.

Presanctified Divine Liturgy

Tuesday Mornings for Seniors (9:00 am) & Wednesday Evenings during Great Lent - 7:00 pm

In harmony with the just mentioned penitential/hopeful character of Great Compline, the Liturgy of Presanctified Gifts is a unique expression of the pastoral wisdom of the Byzantine liturgical tradition, the pearl of Lenten devotion.

In the Byzantine times, the liturgy of the Presanctified was celebrated daily. In the spiritual struggle of Great Lent, the faithful needed more than ever the strengthening partaking of Holy Communion. Thus, by the celebration of the Presanctified the opportunity of receiving Holy Communion every day was given to the faithful.

The wisdom of the holy fathers formulated the service of the Presanctified Gifts as a participation in the Eucharist but without the Anaphora -- a cheerful and triumphant act of offering the gifts

to God -- establishing a Eucharist without thanksgiving and jubilation, a Eucharist that is rather a cry for help than a joyful acclamation: "O God set free our senses from deadly passions, let our eyes abstain from evil sights, our hearing from idle talk ... purify our lips as they sing your praises, let our hands produce only works that are pleasing to You..." (1st Prayer of the faithful of the Liturgy of the Presanctified). And this cry finds response and comfort in the self-giving love and grace of God. Holy Communion is finally given after the penitential and purifying course of prayers and hymns of the Liturgy of the Presanctified Gifts.

Salutations and Akathist Hymn to the Most Holy Theotokos

Friday Evenings during Great Lent – 7:00 pm

The Akathist Hymn is a profound, devotional poem, which sings the praises of the Holy Mother and Ever-Virgin Mary. It is one of the most beloved services in the Orthodox Church. It was composed in the imperial city of Constantinople, "the city of the Virgin," by St. Romanos the Melodist, who reposed in the year 556. The Akathist Hymn has proven so popular in the liturgical life of the Church that many other hymns have been written following its format. These include Akathists to Our Lord Jesus Christ, to the Cross, and to many Saints.

Salutations Services are offered during the first four weeks of Great Lent. These services are comprised of divided portions of the Akathist Hymn. The entire Akathist Hymn is celebrated on the Fifth Friday of Great Lent.

The Akathist hymn consists of praises directed to the Mother of God, beginning with the salutation of the Archangel Gabriel: "Hail". As the hymn is chanted all of the events related to our Lord's Incarnation pass before us for our contemplation. The Archangel Gabriel marvels at the Divine self-emptying and the renewal of creation which will occur when Christ comes to dwell in the Virgin's womb. The unborn John the Baptist prophetically rejoices. The shepherds recognize Christ as a blameless Lamb, and rejoice that in the Virgin "the things of earth join chorus with the

heavens." The pagan Magi following the light of the star, praise Her for revealing the light of the world.

The word "akathistos" means "not sitting," i.e., standing; normally all participants stand while it is being prayed. The hymn is comprised of 24 stanzas, arranged in an acrostic following the Greek alphabet. The stanzas alternate between long and short. Each short stanza is written in prose and ends with the singing of "Alleluia." Each longer stanza ends with the refrain: "Hail, O Bride Unwedded."

The first part of the hymn is about the Annunciation to the Virgin Mary by the Angel. It describes Mary's surprise at the news, her visit to her mother and Joseph's doubts as to her innocence. The second part is about the birth of Christ, the worship of the Shepherds and Magi, the flight to Egypt and the visit to Saint Simeon in the Temple. In the third part the hymn directs our attention to the renewal of the world by Christ's coming, and the amazement of the Angels and the wise men at the sight of the Incarnation of God's Son. The fourth and the last part is once more a lyric and rhetorical appraisal of Virgin Mary, whom the poet adorns with the most beautiful of adjectives asking her to accept his poetical offering and to intercede for the salvation of human race from the earthly sin.

Memorial Services: May Their Memories be Eternal:

Sunday, April 4, 2021: Amalia Mpakarakes (1 year); Thomas Mpakarakes (36 years)

To schedule a memorial service, please contact Fr. Anthony at franthonny@stannagocutah.org or 801-824-3987.

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held, Monday, April 19, 2021, at 7:00 p.m.

Update to Worship Service: Steps have been taken to reconfigure our worship space to allow for the addition of more seats in the

nave. The Parish Council also asked our Medical Advisory Ministry Team, made up of various medical professionals, to come together to review our coronavirus protocols to determine whether any adjustments needed to be made, and to make further recommendations as we move into the fall and begin our Sunday School program.

With the additional seating that has been added to the nave, we have increased our total seating capacity in the nave to accommodate approximately 100 parishioners, even with appropriate social distancing.

Should attendance on any given Sunday exceed the number of people that may safely be allowed in the nave while maintaining proper social distancing, it will be necessary for us to ask parishioners to worship from the Fellowship Hall, with social distancing, via live stream. It may also be necessary for us to revisit the implementation of a reservation system in the event we continually exceed seating capacity in the nave, or if there is a change to state or local guidance further limiting the number of people who are allowed to attend for live worship.

We have enjoyed consistent and robust participation in our live worship since June, and consider it a blessing to be in the position where we have to consider the possibility of exceeding our available capacity. The Parish Council, in coordination with the Medical Advisory Ministry Team, will do its best to minimize the inconvenience of our parishioners, maximize the opportunities for live worship, and timely communicate any necessary changes in protocols that may arise.

The Parish Council appreciates your continued cooperation, patience, flexibility, and support as we navigate through these difficult and unprecedented times and continue to take the steps necessary to safely and consistently facilitate the continuation of our live worship and the commencement of our Sunday School program. We will continue to do our best to continue to make decisions with the health and safety of our parishioners at the forefront of our minds, with the fervent prayer that we will soon

be able to remove all restrictions and return to the joys of full parish life.

Electronic COVID-19 Contact Tracing Form: Parishioners participating in live-worship are now able to submit their contact tracing information electronically, using a Google form. To use the form, simply scan the QR code located on the table in the narthex using the camera on your personal smartphone device. The form will ask for your email address, the type of service (i.e., Divine Liturgy, Paraklesis, other), your name, the names of those in your household attending with you, and your phone number.

The information submitted through the electronically submitted form will be recorded in a Google sheet to which only Fr. Anthony and the Parish Council have access. This is the same Google sheet in which we have been entering the information provided on the paper forms since the church reopened for live worship back in June. The information contained in the Google sheet is used by the members of the Parish Council and/or Medical Advisory Ministry Team to contact parishioners in attendance at a given service insofar as it is subsequently learned that another parishioner has tested positive for COVID-19 within 14 days after attending such service. The information is not used for any other purpose.

Paper contact tracing forms will continue to be available for those parishioners who are unable to access the Google form using a smartphone.

Your continued cooperation in completing the contact tracing forms (electronically or on paper) is greatly appreciated.

Since June, we have only had two instances where a parishioner tested positive for COVID-19 within 14 days after they had attended an in-person service. As a result of our contact tracing efforts, we were able to quickly contact all other parishioners who had attended the same service to alert them of a possible COVID-19 exposure so that they could monitor for symptoms and, if desired, contact their personal health care provider. In each instance, due to God's blessings and the various safety protocols

that we have put into place with the guidance of our Medical Advisory Ministry Team, no other parishioners are known to have contracted the virus because of their attendance at church.

Easy Way to Pay Your Stewardship and Other Church Donations: The Parish Council has implemented a new way for stewardship and other donations made to St. Anna Greek Orthodox Church can now be quickly and easily made via text message using GIVE+ Text, a text donation platform offered through Vanco, our online donation partner.

To make your first donation to St. Anna Greek Orthodox Church via text message, follow these four simple steps:

1. Send a text message to 844-936-2414 (St. Anna's dedicated Give+ Text number), stating the amount you would like to donate followed by the account code in the body of the text, using the following format: \$xx 0x. The available account codes are as follows:

01-Stewardship

02-Altar & Benevolence

03-Building Fun

04-Miscellaneous giving

05-Candles-Pangari

06-Candles-Vigil

2. You will receive a return text message containing a link for you to complete your donation.

3. Click on the link in the return text to enter your name, address, and credit card information and register yourself as a Give+ Text user.

4. You will receive another text message confirming your donation.

Future text donations are even easier! All you have to do is text the amount you want to donate followed by the applicable account code (\$xx 0x) to 844-936-2414 (St. Anna's dedicated Give+ Text number). The credit card entered at the time of your initial registration will be charged your donation amount, and you will receive a confirming text message.

Further information on the Give+ Text donation platform can be found through the following video tutorials available on YouTube:

<https://www.youtube.com/watch?v=4tgrZk6fEy4&feature=youtu.be>.

BUILDING COMMITTEE MINISTRY

The Building Committee Ministry is asking for more volunteer support in order to keep our beautiful St. Anna spaces clean, safe, and sanitized after each service. Please contact Myles Carrera at mylescarrera@gmail.com or 801-645-6088 for our volunteer team's weekly schedule and any updates.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS



Are you tired of being cooped up?
Do you long for the feel of green grass under your feet and the sweet aroma of fresh air? We have the answer!

The St. Anna Golf Classic is just around the corner.

June 12, 2021 at Thanksgiving Point

Check out the details at:

StAnnaGolfClassic2021.com

We need: Golfers, Volunteers, and Sponsors!

SIGN UP TODAY!

Pam and Tom Martinez – Co-Chairs

801-623-7346/602-999-5177

Nick Varanakis - Advisor

801-694-9019

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Bulletin Announcements: Please note the next bulletin will be published for Sunday, April 4, 2021. Please send requested bulletin announcements to **Elaine Peterson** at layniep53@comcast.net no later than Tuesday, March 30, 2021, at 5:00 p.m.

Parish Mobile App: The St. Anna mobile app is available through the Apple App Store at www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8 and through Google Play at www.play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app

SERVICE ANNOUNCEMENTS

St. Anna Food Support Program: Beginning March 15, 2021

“For I was hungry and you gave me food...” Matthew 25:35

In response to the critical need to address hunger in our community, St. Anna is establishing our Church building as a permanent collection/drop-off location to supplement two local pantries that distribute food items to families in need throughout the Sandy and greater area.

Donations of nonperishable food items can be brought to Church on designated days and times below and delivered regularly to the pantries at Copperview Food and Resource Center, operated by Utah Community Action, and Diamond Ridge Alternative High School/Entrada Adult High School in the Canyons School District. Both pantries collaborate with Utah Food Bank.

The pantries have provided a list of basic, most-needed food

items, which will be collected on an ongoing basis. Additional requests for urgently needed items will be addressed by coordinating short-term mini-drives/projects with various parish ministries. Moving forward, we will expand our collection efforts to incorporate donations from the community. (See flyer)

Most needed food items:

Canned meats (tuna, chicken, salmon, etc.); canned vegetables, canned chili, peanut butter, jelly, Top Ramen, Instant Mac and Cheese, Cup O' Noodle (other instant meals); rice; flour, sugar, dry milk, and granola bars

Donation drop-off:

- Drop-off days/times: Sundays 9:00 am to 12:00 noon and Tuesdays 9:00-11:00 am
- Place donated items in the large blue bin in the Fellowship Hall.
- All donations from the above list are appreciated. Families can also join to purchase case goods (e.g., WINCO, COSTCO, Sam's Club, etc.).

Thank you St. Anna parishioners for working together in love and compassion to help families facing hunger. God bless. Food Support Ministry. For questions, call Kathy Shand (801) 554-4250 or Ann Sasich (801) 518-2528.

GENERAL ANNOUNCEMENTS

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Phill Floor at treasurer@stannagocutah.org for further details.

STEWARDSHIP ANNOUNCEMENTS

2021 Stewardship Update: As of Tuesday, March 23, 2021, we have received stewardship commitments for 2021 totaling

\$294,278 putting us at 87% of our \$340,000. If you have not yet had an opportunity to complete your 2021 Stewardship Commitment Card, please bring it to church this week or mail it to PO Box 171224, Holladay, Utah 84117. Stewardship cards can also be submitted online at https://stannagocutah.org/?page_id=21.

Stewardship, as you well know, is the absolute life-blood of our community's financial health. We do not pass trays or make seasonal appeals to pay our operational expenses. To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors.

PAN ORTHODOX, FRATERNAL, AND OTHER COMMUNITY ANNOUNCEMENTS

Reminders from the Daughters of Minos: Each month we like to provide chapters' news to the Kriti Magazine. If you would like to announce the graduation, engagement, wedding, baptism, retirement, or a recent death, or any important update in your family, please send in the information and a photo if you would like to our historian Angie Katsanevas at 801-231-7626 or angiekatsanevas@aol.com before the third of each month.

PRAYER LIST

Alex, Alexander, Ange, Angela, Anna, Athena, Barbara, Bill, Briana, Carol, Charissa, Charlie, Chris, Christy, Cora, Debbie, Dena, Diane, Dimitri, Don, Elleney, Fotini, Fred, George, Georgiann, Helen, Irene, James, Jill, John, Juliet, Kathy, Kim, Luke, Lydia, Manouso, Mary, Nicolay, Nicole, Nina, Panagiotis, Pavel, Sam, Sandra, Sophia, Sophie, Stan, Steve, Theodore, Val and Weston

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar.

March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Sunday of Gregory Palamas 9:00 am Orthros 10:00 am Divine Liturgy	29 Third Monday of Lent Great Compline 7:00 pm	30 Senior Presanctified Liturgy 9:00 am	31 Liturgy of Presanctified Gifts 7:00 pm			

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Paraklesis to the Most Holy Theotokos 10:00 am Salutations to the Most Holy Theotokos 7:00 pm	3 Great Vespers 5:00 pm
4 Sunday of the Holy Cross 9:00 am Orthros 10:00 am Divine Liturgy	5 Fourth Monday of Lent Great Compline 7:00 pm	6 Senior Presanctified Liturgy 9:00 am	7 Liturgy of Presanctified Gifts 7:00 pm	8	9 Paraklesis to the Most Holy Theotokos 10:00 am Salutations to the Most Holy Theotokos 7:00 pm	10 Great Vespers 5:00 pm
11 Sunday of St. John Climacus 9:00 am Orthros 10:00 am Divine Liturgy	12 Fifth Monday of Lent Great Compline 7:00 pm	13 Senior Presanctified Liturgy 9:00 am	14 Liturgy of Presanctified Gifts 7:00 pm	15	16 Paraklesis to the Most Holy Theotokos 10:00 am Akathist Hymn 7:00 pm	17 Great Vespers 5:00 pm
18 Sunday of St. Mary of Damascus 9:00 am Orthros 10:00 am Divine Liturgy	19 Sixth Monday of Lent Great Compline 6:00 pm Parish Council 7:00 pm	20 Senior Presanctified Liturgy 9:00 am	21 Liturgy of Presanctified Gifts 7:00 pm	22	23 Paraklesis to St. Anna the Mother of the Holy Theotokos 10:00 am	24 Saturday of Lazarus 8:00 am Orthros 9:00am Divine Liturgy Great Vespers 5:00 pm

Lenten, Holy Week and Paschal Donations:

Please return your Donation in the Memorial Envelope available at the Pangari (narthex counter) and remember to include the names of whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios.

In the event that more funds are collected than requested, excess monies will be placed in the Benevolence/Altar Fund. The full amount of our collection will be printed in the Weekly Bulletin.

Donations are requested for the following items:

Lent:

Daffodils for Sunday of the Holy Cross	\$100.00
Flowers for Salutations to the Theotokos	5 @ \$100.00
Incense for Lent, Holy Week & Pascha	\$100.00

Palm Sunday:

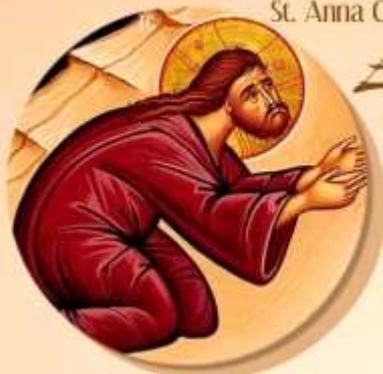
Palm Strips for Crosses and Decorative Palms	\$200.00
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Holy Week and Pascha:

Flowers for Bridegroom Icon	\$300.00
Floral Wreath for the Crucifix	\$175.00
12 Candles - Service of 12 Gospels	\$5.00 each
Rose Petals for Lamentation Service	\$50.00
Rose Petals for Holy Saturday/Pascha	\$500.00
Case of Bay Leaves for Holy Saturday/Pascha	\$100.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$150.00
Gardenias for Holy Friday and Holy Saturday	\$300.00
Easter Lilies for the Solea	\$250.00

Altar Candles for Paschal Season	\$500.00
Two Cases of Brown Eggs for the Anastasi	\$50.00
Ribbon & Net for Eggs	\$50.00
Flowers for Kouvouklion (Holy Friday)	\$1,500.00

Thank you for contributing towards the dignity and beauty of our divine services.



St. Anna Greek Orthodox Church

Lenten Schedule 2021

Week One

- Sunday, March 14, Forgiveness Great Vespers: 7:00 pm
- Monday, March 15: Great Compline, 7:00 pm
- Tuesday, March 16, Senior Presanctified Liturgy, 8:00 am
- Wednesday, March 17, Presanctified Liturgy, 7:00 pm
- Friday, March 19, Paraklesis to the Theotokos, 10:00 am
- Friday, March 19, Salutations to the Theotokos, 7:00 pm
- Saturday, March 20, Third Saturday of the Souls, 6:30 am
- Saturday, March 20, Great Vespers, 5:00 pm

Week Two

- Sunday, Sunday of Orthodoxy and Icon Procession
- Sunday, March 21, First Sunday of Lent
Sunday of Orthodoxy Procession
- Monday, March 22, Great Compline, 6:00 pm, followed
by PC Meeting
- Tuesday, March 23, Senior Presanctified Liturgy, 9:00 am
- Wednesday, March 24, Annunciation Vespers, 7:00 pm
- Thursday, March 25, The Annunciation 8/9:00 am
- Friday, March 26, Paraklesis to St. Anna, 10:00 am
- Friday, March 26, Salutations to the Theotokos, 7:00 pm
- Saturday, March 27, Great Vespers, 5:00 pm

Week Three

- Sunday, March 28, Second Sunday of Lent
- Monday, March 29, Great Compline, 7:00 pm
- Tuesday, March 30, Senior Presanctified Liturgy, 9:00 am
- Wednesday, March 31, Presanctified Liturgy, 7:00 pm
- Friday, April 2, Paraklesis to the Theotokos, 10:00 am
- Friday, April 2, Salutations to the Theotokos, 7:00 pm
- Saturday, April 3, Great Vespers, 5:00 pm

Week Four

- Sunday, April 4, Third Sunday of Lent –
Procession of the Holy Cross
- Monday, April 5, Great Compline, 7:00 pm
- Tuesday, April 6, Senior Presanctified Liturgy, 8:00 am
- Wednesday, April 7, Presanctified Liturgy, 7:00 pm
- Friday, April 9, Paraklesis to the Theotokos, 10:00 am
- Friday, April 9, Salutations to the Theotokos, 7:00 pm
- Saturday, April 10, Great Vespers, 5:00 pm

Week Five

- Sunday, April 11, Fourth Sunday of Lent
- Monday, April 12, Great Compline, 7:00 pm
- Tuesday, April 13, Senior Presanctified Liturgy, 9:00 am
- Wednesday, April 14, Presanctified Liturgy, 7:00 pm
- Friday, April 16, Paraklesis to the Theotokos, 10:00 am
- Friday, April 16, Akathyst Hymn, 7:00 pm
- Saturday, April 10, Great Vespers, 5:00 pm

St. Anna Greek Orthodox Church of Sandy, Utah

St. Anna

Food Support
Program



In Support of Two Local Food Pantries:

COPPERVIEW FOOD AND
RESOURCE CENTER

ENTRADA ADULT/DIAMOND
RIDGE HIGH SCHOOLS

HELP FIGHT HUNGER

DROP OFF DAYS/TIMES: Sundays 9am-12pm
Tuesdays from 9am-11am

WHAT WE NEED:

- | | | |
|--------------------|----------------|-----------------------|
| -Canned Meats/Fish | -Flour | -Top Ramen |
| -Canned Vegetables | -Sugar | -Cup O' Noodles |
| -Canned Chili | -Peanut Butter | -Instant Mac & Cheese |
| -Rice | -Jelly/Jam | -Other Instant Meals |
| -Dry Milk | -Granola Bars | |

Case Lot
Goods
Requested

PLEASE DROP YOUR DONATIONS IN THE LARGE BLUE BIN AT:

St. Anna Greek Orthodox Church 9201 South 1300 East, Sandy, Utah