



St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Sunday after Pascha ~Thomas Sunday

Sunday, May 9, 2021

Orthros: 9:00 a.m.

Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas

Reverend Father Elias Koucos, Retired

Reverend Deacon Anatoli Kireiev

stannagocutah.org

franthony@stannagocutah.org



Epistle Reading: Acts of the Apostles 5:12-20

Prokeimenon. Mode 3.

Great is our Lord, and great is His strength.

Verse: Praise the Lord, for the Lord is good.

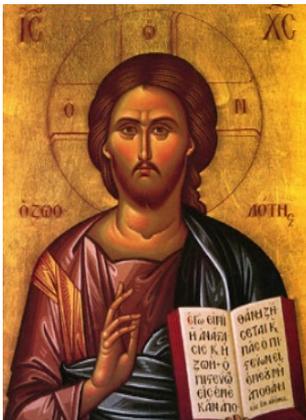


In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and

those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

Gospel Reading: The Gospel According to John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He



breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

After the Exclamation

Chris is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life. (3)

Response to First Antiphon

Through the intercessions of the Theotokos, Saviour, save us. (4) (Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, risen from the dead. We sing to you, Alleluia. (4) (Liturgy Book pg. 196)

Response to Third Antiphon

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

Entrance Hymn

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead, we sing to You, Alleluia.

Apolytikion

While the tomb was sealed You shone forth from it as light, O our life, Christ our God. And though the doors were closed You appeared in the midst of Your disciples. O resurrection of all, through them restore in us a new spirit in Your great mercy. (Liturgy Book page 155)

Kontakion of Pascha

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us (3) Liturgy Book page 39)

Megalynarion (Hymn for the Theotokos)

You are the shining light and the Mother of God, of incomparable glory and higher in dignity than all creatures; with songs of praise we magnify You. (Liturgy Book page 309)

Communion Hymn

Exalt in the Lord, O Jerusalem; praise your God, Praise Your God, O Zion. (3). (Liturgy Book page 320)

Hymn after Communion

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us.
(Liturgy Book page 95)

Orthodox Saints: For Saints of the Day, please visit the parish website at https://stannagocutah.org/?page_id=4529, or the parish Facebook page.

Memorial Service: May His Memory be Eternal:

Sunday, May 23, 2021: James Arthur Kalivas (40 days)

To schedule a memorial service, please contact Fr. Anthony at franthy@stannagocutah.org or 801-824-3987.

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held tomorrow, **Monday, May 10, 2021**, at 7:00 p.m.

Message from the Medical Advisory Ministry: Updates on COVID-19 Precautions

The Medical Advisory Ministry (MAM) recently met to discuss advances in our understanding of COVID-19 and the availability of vaccines. The following recommendations and changes are based on evolving Covid-19 regulations, vaccination levels, and public policy.

Recommendations include:

- As a religious community, we hope to worship together while protecting each other from the dangers of the epidemic. Our guidelines for doing this rely on both the religious understandings and deep medical knowledge of our Committee members. We will continue to prioritize keeping ecclesiastical practices (e.g. communion) as un-encumbered as possible.
- Monitor changes in public health guidance. Revisit restrictions and make changes when it is safe to do so. For example, our current guidelines allowed us to reopen for in-person worship as soon as the State of Utah State lifted restrictions (June, 2020). Since our reopening, we have had three individuals

attend services who were later confirmed as having Covid-19. There have been no known in-church transmissions.

What Changes:

- All services are open for in-person worship. An overflow area will be set up in the Fellowship area.
- Offering of Holy Unction in Holy Week subject to updated protocols from the Metropolis.
- The building will be opened for small group functions (e.g. making crosses, bible study, Parish Council meetings, meetings of ministry leadership teams, operation of food distribution services). Precautions such as wearing a mask, distancing, and no food or drink are still in place.
- The leader of the group meeting will be asked to disinfect the premises following the meeting (materials will be provided).
- Food preparation specific to church services (dyeing eggs, for example) will be resumed, either at homes or at specified kitchens. Participants will be asked to wear masks, use appropriate hand hygiene with gloves, and to distance themselves (“6-foot rule”).

What stays the same:

- **At this time, all COVID-19 precautions remain in place: contact-tracing protocols, wearing a mask, hand hygiene, distance using the “6-foot (4 chairs) rule”, and staying home when sick.** For more information, refer to the St. Anna COVID-19 precautions posted on the website (<https://stannagocutah.org>).
- Holy Communion and Antidoron will continue to be administered as part of Liturgy following COVID-19 precautions.
- Church Services will still be streamed on YouTube
- Tuesday morning in-person services will continue for parishioners who are 65 or older or have co-morbidities.
- Participants will be asked to refrain from singing or chanting.
- Food or drink is not allowed.

When will all of this end?

No one can predict a specific date or timeline for when all of the above precautions will be eased. **However, our experience so far tells us that patience and continuing to follow CDC guidance will help protect everyone as well as end this pandemic sooner.**

While we encourage parishioners to seek the advice of their health care providers regarding COVID-19 vaccinations, we will not require vaccination. Until we know more, everyone — even people who have had their vaccines — should continue taking basic prevention steps when recommended.

Please refer to Centers for Disease Control (CDC) website for more information about COVID-19 guidelines and vaccines, <https://www.cdc.gov/coronavirus/2019-ncov/va.org>



CORONAVIRUS
UTAH.GOV

Easy Way to Pay Your Stewardship and Other Church

Donations: The Parish Council has implemented a new way for stewardship and other donations made to St. Anna Greek Orthodox Church can now be quickly and easily made via text message using GIVE+ Text, a text donation platform offered through Vanco, our online donation partner.

To donate to St. Anna Greek Orthodox Church via text message, follow these four simple steps:

1. Send a text message to 844-936-2414 (St. Anna's dedicated Give+ Text number), stating the amount you would like to donate followed by the account code in the body of the text, using the following format: \$xx 0x. The available account codes are as follows:

01-Stewardship

02-Altar & Benevolence

03-Building Fun

04-Miscellaneous giving

05-Candles-Pangari

06-Candles-Vigil

2. You will receive a return text message containing a link for you to complete your donation.

3. Click on the link in the return text to enter your name, address, and credit card information and register yourself as a Give+ Text user.

4. You will receive another text message confirming your donation.

Future text donations are even easier! All you have to do is text the amount you want to donate followed by the applicable account code (\$xx 0x) to 844-936-2414 (St. Anna's dedicated Give+ Text number). The credit card entered at the time of your initial registration will be charged your donation amount, and you will receive a confirming text message.

Further information on the Give+ Text donation platform can be found through the following video tutorials available on YouTube:

<https://www.youtube.com/watch?v=4tgrZk6fEy4&feature=youtu.be>.

BUILDING COMMITTEE MINISTRY

The Building Committee Ministry is asking for more volunteer support in order to keep our beautiful St. Anna spaces clean, safe, and sanitized after each service. Please contact Myles Carrera at mylescarrera@gmail.com or 801-645-6088 for our volunteer team's weekly schedule and any updates.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS



Are you tired of being cooped up?
Do you long for the feel of green grass under your feet and the
sweet aroma of fresh air? We have the answer!
The St. Anna Golf Classic is just around the corner.

June 12, 2021 at Thanksgiving Point

Check out the details at:

StAnnaGolfClassic2021.com

We need: Golfers, Volunteers, and Sponsors!

SIGN UP TODAY!

REGISTRATION DEADLINE WEDNESDAY, MAY 26, 2021

Pam and Tom Martinez – Co-Chairs

801-623-7346/602-999-5177

Nick Varanakis – Advisor

801-694-9019

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Bulletin Announcements: Please note the next bulletin will be published for Sunday, May 16, 2021. Please send requested bulletin announcements **to Elaine Peterson at layniep53@comcast.net no later than Tuesday, M, 2021, at 5:00 p.m.**

Parish Mobile App: The St. Anna mobile app is available through the Apple App Store at www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8 and through Google Play at www.play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app

SERVICE ANNOUNCEMENTS

St. Anna Food Support Program Update

The St. Anna Food Support Program is underway, and parishioner response to date has been generous and enthusiastic. Utilizing our Church building as a permanent donation drop-off site helps supplement the Copperview and Entrada pantries that distribute food to families facing hunger throughout Sandy and the greater community.

Please continue to donate nonperishable food items below, which can be dropped off in the blue bin on Tuesdays 9:00-11:00 am and Sundays 9:00-12:00 noon.

Needed food items: Canned meats (tuna, chicken, salmon, etc.); canned vegetables, canned chili, peanut butter, jelly, Top Ramen, Instant Mac and Cheese, Cup O' Noodle (other instant meals); rice; flour, sugar, dry milk, and granola bars

The Men's Ministry Team (MMT) has been busy collecting, organizing and delivering our food donations to the two pantries. During the most recent delivery to Entrada/Diamond Ridge, the pantry staff asked that Ron and his team pass along their thanks to our St. Anna community for what we are doing for their students. To volunteer contact Ron Steele, MMT Chair, at (801) 580-6964.

Your ongoing support to help individuals and families in need is truly making a difference. God bless. Food Support Ministry. For questions, contact Ann Sasich (801) 518-2528 or Kathy Shand (801) 554-4250.

GENERAL ANNOUNCEMENTS

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Phill Floor at treasurer@stannagocutah.org for further details.

STEWARDSHIP ANNOUNCEMENTS

2021 Stewardship Update: As of Tuesday, May 4, 2021, we have received stewardship commitments for 2021 totaling \$299,482 putting us at 88% of our \$340,000. If you have not yet had an opportunity to complete your 2021 Stewardship

Commitment Card, please bring it to church this week or mail it to PO Box 171224, Holladay, Utah 84117. Stewardship cards can also be submitted online at https://stannagocutah.org/?page_id=21.

Stewardship, as you well know, is the absolute life-blood of our community's financial health. We do not pass trays or make seasonal appeals to pay our operational expenses. To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors.

PAN ORTHODOX, FRATERNAL, AND OTHER COMMUNITY ANNOUNCEMENTS

Reminders from the Daughters of Minos: Each month we like to provide chapters' news to the Kriti Magazine. If you would like to announce the graduation, engagement, wedding, baptism, retirement, or a recent death, or any important update in your family, please send in the information and a photo if you would like to our historian Angie Katsanevas at 801-231-7626 or angiekatsanevas@aol.com before the third of each month.

Daughters of Minos group is unable to host their annual Mother's Day Luncheon again this year due to COVID. They are honoring all dedicated and loving Mother's however with flowers at today's service. Thank you for such a nice recognition.

WOMEN'S MINISTRY ANNOUNCEMENT

St. Anna's Women's Ministry Team meeting is scheduled for Tuesday, May 18, 2021 at 7:00 p.m.

PRAYER LIST

Alex, Alexander, Ange, Angela, Anna, Athena, Barbara, Bill, Briana, Carol, Charissa, Charlie, Chris, Christy, Cora, Debbie, Dena, Diane, Dimitri, Don, Elleney, Fotini, Fred, George, Helen, Irene, James, Jill, John, Juliet, Kathy, Kim, Luke, Lydia, Mary, Nathan, Nicolay, Nicole, Nina, Pam, Pavel, Sam, Sandra, Sophia, Sophie, Steve, Theodore, Val and Weston

List is now quite large; we will delete starting with next week's bulletin, May 16, 2021. Please send email to Elaine Peterson at layniep53@comcast.net to keep your loved one on the list no later than Tuesday, May 11, 2021 at 5:00 pm.

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar.

May 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 Thomas Sunday 9:00 am Orthros 10:00 am Divine Liturgy Mother's Day	10 Parish Council 7:00 pm	11	12	13	14	15
16 Sunday of the Myrrh-Bearing Women 9:00 am Orthros 10:00 am Divine Liturgy	17	18 Women's Ministry Team Meeting 7:00 pm	19	20	21	22
23 Sunday of the Paralytic 9:00 am Orthros 10:00 am Divine Liturgy	24	25	26	27	28 Paraklesis to St. Anna, Mother of the Theotokos 7:00 pm	29 Great Vespers 5:00 p.m.
30 Sunday of the Samaritan Woman 9:00 am Orthros 10:00 am Divine Liturgy	31					

June 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

		1	2	3	4	5 Great Vespers 5:00 p.m.
6 Sunday of the Blind Man 9:00 am Orthros 10:00 am Divine Liturgy	7	8	9	10 Holy Ascension Orthros 9:00 am Divine Liturgy 10:00 am	11	12 St. Anna Annual Golf Tournament Thanksgiving Point Great Vespers 5:00 p.m.
13 Fathers of the First Council 9:00 am Orthros 10:00 am Divine Liturgy	14	15	16	17	18	19 Saturday of Souls Orthros 8:00 am Divine Liturgy 9:00 am Vespers 5:00 p.m.
20 Holy Pentecost 9:00 am Orthros 10:00 am Divine Liturgy	21 Monday of the Holy Spirit 8:00 am Divine Liturgy 9:00 am	22	23	24	25 Paraklesis to St. Anna, Mother of the Theotokos 7:00 pm	26 Great Vespers 5:00 p.m.
27 Sunday of All Saints 9:00 am Orthros 10:00 am Divine Liturgy	28	29 Holy Apostles Peter and Paul 8:00 am Divine Liturgy 9:00 am	30 Synopsis of the Holy Apostles 8:00 am Divine Liturgy 9:00 am			

St. Anna

Food Support
Program



In Support of Two Local Food Pantries:

COPPERVIEW FOOD AND
RESOURCE CENTER

ENTRADA ADULT/DIAMOND
RIDGE HIGH SCHOOLS

HELP FIGHT HUNGER

DROP OFF DAYS/TIMES: Sundays 9am-12pm
Tuesdays from 9am-11am

WHAT WE NEED:

- Canned Meats/Fish
- Canned Vegetables
- Canned Chili
- Rice
- Dry Milk
- Flour
- Sugar
- Peanut Butter
- Jelly/Jam
- Granola Bars
- Top Ramen
- Cup O' Noodles
- Instant Mac & Cheese
- Other Instant Meals

Case Lot
Goods
Requested

PLEASE DROP YOUR DONATIONS IN THE LARGE BLUE BIN AT:

St. Anna Greek Orthodox Church 9201 South 1300 East, Sandy, Utah