



St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Sunday of the Myrrh-Bearing Women

Sunday, May 16, 2021

Orthros: 9:00 a.m.

Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas

Reverend Father Elias Koucos, Retired

Reverend Deacon Anatoli Kireiev

stannagocutah.org

franthony@stannagocutah.org



Epistle Reading: Acts of the Apostles 6:1-7

Prokeimenon. Mode 3.

*The Lord is my strength and my song, and He became my salvation
Verse: The Lord chastened and corrected me, but He did not give
me up to death.*



In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Phillip, and Prochoros, and Nicanor, and Timon, and Parmenas, and Nicolaos, a proselyte of Antioch. These they set before the apostles, and they prayed and laid their hands upon them. And the world of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Gospel Reading: The Gospel According to Mark 15:43-47; 16:1-8



At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he

asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

After the Exclamation

Chris is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life. (3)

Response to First Antiphon

Through the intercessions of the Theotokos, Saviour, save us. (4)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, risen from the dead. We sing to you, Alleluia. (4) (Liturgy Book page 196)

Response to Third Antiphon

Christ is risen from the dead, trampling down death by death,

and to those in the tombs, He has granted life.

Entrance Hymn

Bless God in the churches, the Lord from the fountains of Israel.
Save us, O Son of God, risen from the dead, we sing to You,
Alleluia.

Resurrectional Apolytikion

When you descended into death, Life immortal, You vanquished
the pow'r of hell by your resplendent divinity, and when You
raised the dead from the depths of darkness, all the heavenly
powers cried out triumphantly: O giver of life, Christ our God,
glory to You. (Liturgy Book page 103)

Hymn for the Feast

The noble Joseph took Your most pure body down from the tree.
He wrapped it in clean linen, anointed it with spices, and placed
it in a new tomb. But on the third day You rose, O Lord,
bestowing on all the world Your great mercy. (Liturgy Book page
159)

Another Hymn for the Feast

The angel stood by the tomb and cried out to the myrrhbearing
women: Myrrh would be fitting to anoint the dead, but Christ
has shown Himself to be free from corruption. Therefore,
proclaim that the Lord is risen, bestowing on all the world His
great mercy. (Liturgy Book page 163).

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one
who within her conceived the Conceiver of life itself. You were
therefore transported to a place now in heaven. Joyful

ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)
(Liturgy Book Page 39)

Megalynarion (Hymn for the Theotokos)

The angel cried out to the woman full of grace: Rejoice, O pure Virgin; again I say, rejoice, for your Son is risen from the tomb on the third day. Shine, shine, O new Jerusalem, for the glory of the Lord has dawned upon you. Exult and be glad, O Zion. Be radiant, pure Theotokos, in the resurrection of your Son. (Liturgy Book page 309)

Communion Hymn

Receive the body, the body of Christ; drink from the font of immortality. (Liturgy Book page 318)

After Communion Hymn

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us.
(Liturgy Book page 95)

Orthodox Saints: For Saints of the Day, please visit the parish website at https://stannagocutah.org/?page_id=4529, or the parish Facebook page.

Memorial Service: May Their Memories be Eternal:

Sunday, May 23, 2021: James Arthur Kalivas (40 days); Moisenos Voskresse (5 years).

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held, **Monday, June 21, 2021**, at 7:00 p.m.

Spring General Assembly Announcement:

Notice is hereby given that the Spring 2021 Parish Assembly of St. Anna Greek Orthodox Church of Utah will be held **Sunday, May 30, 2021, at 12:30 p.m.** in person in the Fellowship Hall, located at 9201 S. 1300 E., Sandy, Utah.

Message from the Medical Advisory Ministry: Updates on COVID-19 Precautions

The Medical Advisory Ministry (MAM) recently met to discuss advances in our understanding of COVID-19 and the availability of vaccines. The following recommendations and changes are based on evolving Covid-19 regulations, vaccination levels, and public policy.

Recommendations include:

- As a religious community, we hope to worship together while protecting each other from the dangers of the epidemic. Our guidelines for doing this rely on both the religious understandings and deep medical knowledge of our Committee members. We will continue to prioritize keeping

ecclesiastical practices (e.g. communion) as un-encumbered as possible.

- Monitor changes in public health guidance. Revisit restrictions and make changes when it is safe to do so. For example, our current guidelines allowed us to reopen for in-person worship as soon as the State of Utah State lifted restrictions (June, 2020). Since our reopening, we have had three individuals attend services who were later confirmed as having Covid-19. There have been no known in-church transmissions.

What Changes:

- All services are open for in-person worship. An overflow area will be set up in the Fellowship area.
- Offering of Holy Unction in Holy Week subject to updated protocols from the Metropolis.
- The building will be opened for small group functions (e.g. making crosses, bible study, Parish Council meetings, meetings of ministry leadership teams, operation of food distribution services). Precautions such as wearing a mask, distancing, and no food or drink are still in place.
- The leader of the group meeting will be asked to disinfect the premises following the meeting (materials will be provided).
- Food preparation specific to church services (dyeing eggs, for example) will be resumed, either at homes or at specified kitchens. Participants will be asked to wear masks, use appropriate hand hygiene with gloves, and to distance themselves (“6-foot rule”).

What stays the same:

- **At this time, all COVID-19 precautions remain in place: contact-tracing protocols, wearing a mask, hand hygiene, distance using the “6-foot (4 chairs) rule”, and staying home when sick.** For more information, refer to the St. Anna COVID-19 precautions posted on the website (<https://stannagocutah.org>).

- Holy Communion and Antidoron will continue to be administered as part of Liturgy following COVID-19 precautions.
- Church Services will still be streamed on YouTube
- Tuesday morning in-person services will continue for parishioners who are 65 or older or have co-morbidities.
- Participants will be asked to refrain from singing or chanting.
- Food or drink is not allowed.

When will all of this end?

No one can predict a specific date or timeline for when all of the above precautions will be eased. **However, our experience so far tells us that patience and continuing to follow CDC guidance will help protect everyone as well as end this pandemic sooner.**

While we encourage parishioners to seek the advice of their health care providers regarding COVID-19 vaccinations, we will not require vaccination. Until we know more, everyone – even people who have had their vaccines – should continue taking basic prevention steps when recommended.

Please refer to Centers for Disease Control (CDC) website for more information about COVID-19 guidelines and vaccines, <https://www.cdc.gov/coronavirus/2019-ncov/va.org>



CORONAVIRUS
UTAH.GOV

Easy Way to Pay Your Stewardship and Other Church Donations: The Parish Council has implemented a new way for stewardship and other donations made to St. Anna Greek Orthodox Church can now be quickly and easily made via text message using GIVE+ Text, a text donation platform offered through Vanco, our online donation partner.

To donate to St. Anna Greek Orthodox Church via text message, follow these four simple steps:

1. Send a text message to 844-936-2414 (St. Anna's dedicated Give+ Text number), stating the amount you would like to donate followed by the account code in the body of the text, using the following format: \$xx 0x. The available account codes are as follows:

01-Stewardship

02-Altar & Benevolence

03-Building Fun

04-Miscellaneous giving

05-Candles-Pangari

06-Candles-Vigil

2. You will receive a return text message containing a link for you to complete your donation.

3. Click on the link in the return text to enter your name, address, and credit card information and register yourself as a Give+ Text user.

4. You will receive another text message confirming your donation.

Future text donations are even easier! All you have to do is text the amount you want to donate followed by the applicable account code (\$xx 0x) to 844-936-2414 (St. Anna's dedicated Give+ Text number). The credit card entered at the time of your initial registration will be charged your donation amount, and you will receive a confirming text message.

Further information on the Give+ Text donation platform can be found through the following video tutorials available on YouTube:

<https://www.youtube.com/watch?v=4tgrZk6fEy4&feature=youtu.be>.

BUILDING COMMITTEE MINISTRY

The Building Committee Ministry is asking for more volunteer support in order to keep our beautiful St. Anna spaces clean, safe, and sanitized after each service. Please contact Myles Carrera at mylescarrera@gmail.com or 801-645-6088 for our volunteer team's weekly schedule and any updates.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS



Are you tired of being cooped up?
Do you long for the feel of green grass under your feet and the
sweet aroma of fresh air? We have the answer!
The St. Anna Golf Classic is just around the corner.

June 12, 2021 at Thanksgiving Point

Check out the details at:

StAnnaGolfClassic2021.com

We need: Golfers, Volunteers, and Sponsors!

SIGN UP TODAY!

REGISTRATION DEADLINE WEDNESDAY, MAY 26, 2021

Pam and Tom Martinez – Co-Chairs

801-623-7346/602-999-5177

Nick Varanakis – Advisor

801-694-9019

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Bulletin Announcements: Please note the next bulletin will be published for Sunday, May 23, 2021. Please send requested bulletin announcements to **Elaine Peterson** at

layniep53@comcast.net no later than *Tuesday, May 18, 2021,*
at 5:00 p.m.

Parish Mobile App: The St. Anna mobile app is available through the Apple App Store at www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8 and through Google Play at www.play.google.com/store/apps/details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app

SERVICE ANNOUNCEMENTS

St. Anna Food Support Program Update

The St. Anna Food Support Program, which utilizes our Church building as a permanent donation drop off site, helps supplement the Copperview and Entrada pantries that distribute food to families facing hunger throughout Sandy and the greater community.

Please continue to donate nonperishable food items below, which can be dropped off in the blue bin on Tuesdays 9:00-11:00 am and Sundays 9:00-12:00 noon.

Needed food items: Canned meats (tuna, chicken, salmon, etc.); canned vegetables, canned chili, peanut butter, jelly, Top Ramen, Instant Mac and Cheese, Cup O' Noodle (other instant meals); rice; flour, sugar, dry milk, and granola bars.

The Men's Ministry Team (MMT) has been busy collecting, organizing and delivering our food donations to the Copperview and Entrada pantries. During a recent delivery, the Entrada pantry staff asked Ron and his team to pass along their thanks to our St. Anna community for what we are doing for their students. To volunteer contact Ron Steele, MMT Chair, at (801) 580-6964.

Thank you for your ongoing generosity and support to help individuals and families in need. God bless. Food Support Ministry. For questions, contact Ann Sasich (801) 518-2528 or Kathy Shand (801) 554-4250.

GENERAL ANNOUNCEMENTS

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Phill Floor at treasurer@stannagocutah.org for further details.

STEWARDSHIP ANNOUNCEMENTS

2021 Stewardship Update: As of Tuesday, May 11, 2021, we have received stewardship commitments for 2021 totaling \$299,482 putting us at 88% of our \$340,000. If you have not yet had an opportunity to complete your 2021 Stewardship Commitment Card, please bring it to church this week or mail it to PO Box 171224, Holladay, Utah 84117. Stewardship cards can also be submitted online at https://stannagocutah.org/?page_id=21.

Stewardship, as you well know, is the absolute life-blood of our community's financial health. We do not pass trays or make seasonal appeals to pay our operational expenses. To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors.

PAN ORTHODOX, FRATERNAL, AND OTHER COMMUNITY ANNOUNCEMENTS

Reminders from the Daughters of Minos: Each month we like to provide chapters' news to the Kriti Magazine. If you would like to announce the graduation, engagement, wedding, baptism, retirement, or a recent death, or any important update in your family, please send in the information and a photo if you would like to our historian Angie Katsanevas at 801-231-7626 or angiekatsanevas@aol.com before the third of each month.

WOMEN'S MINISTRY ANNOUNCEMENT

St. Anna's Women's Ministry Team meeting is scheduled for Tuesday, May 18, 2021 at 7:00 p.m.

Women's Ministry Yard Sale: St. Anna's Women's Ministry is having a YARD SALE, Saturday, May 22, 2021 at St. Anna's Greek Orthodox Church of Utah, 9201 S. 1300 E., Sandy, Utah from 9:00 am to 1:00 pm. Household item and toys. NO clothing items will be accepted. Please bring items to sell that morning by 8:00 am. Any items not sold will be donated to Big Brothers and Sisters or a similar organization. Volunteers are welcome; please contact Joanne Dokos to lend a hand!

PRAYER LIST

Angela, Charlie, Kathy, Luke, Nichole, Steve, and Theodore

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar.

May 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Sunday of the Myrrh-Bearing Women 9:00 am Orthros 10:00 am Divine Liturgy	17	18 Women's Ministry Team Meeting 7:00 pm	19	20	21	22
23 Sunday of the Paralytic 9:00 am Orthros 10:00 am Divine Liturgy	24	25	26	27	28 Paraklesis to St. Anna, Mother of the Theotokos 7:00 pm	29 Great Vespers 5:00 p.m.

30 Sunday of the Samaritan Woman 9:00 am Orthros 10:00 am Divine Liturgy	31					
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June 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Great Vespers 5:00 p.m.
6 Sunday of the Blind Man 9:00 am Orthros 10:00 am Divine Liturgy	7	8	9	10 Holy Ascension Orthros 8:00 am Divine Liturgy 9:00 am	11	12 St. Anna Annual Golf Tournament Thanksgiving Point Great Vespers 5:00 p.m.
13 Fathers of the First Council 9:00 am Orthros 10:00 am Divine Liturgy	14	15	16	17	18	19 Saturday of Souls Orthros 8:00 am Divine Liturgy 9:00 am Great Vespers 5:00 p.m.
20 Holy Pentecost 9:00 am Orthros 10:00 am Divine Liturgy	21 Monday of the Holy Spirit 8:00 am Divine Liturgy 9:00 am	22	23	24	25 Paraklesis to St. Anna, Mother of the Theotokos 7:00 pm	26 Great Vespers 5:00 p.m.
27 Sunday of All Saints 9:00 am Orthros 10:00 am Divine Liturgy	28	29 Holy Apostles Peter and Paul 8:00 am Divine Liturgy 9:00 am	30 Synopsis of the Holy Apostles 8:00 am Divine Liturgy 9:00 am			



**You are cordially invited to participate
In this year's St Anna Golf Classic
June 12, 2021 at Thanksgiving Point
Recruiting: Golfers, Volunteers, and
Sponsors!**

SIGN UP TODAY!

See StAnnaGolfClassic2021.com
for details

Pam and Tom Martinez – Co-Chairs

801-623-7346 / 602-999-5177

Nick Varanakis – Advisor

801-694-9019

St. Anna

Food Support
Program



In Support of Two Local Food Pantries:

COPPERVIEW FOOD AND
RESOURCE CENTER

ENTRADA ADULT/DIAMOND
RIDGE HIGH SCHOOLS

HELP FIGHT HUNGER

DROP OFF DAYS/TIMES: Sundays 9am-12pm
Tuesdays from 9am-11am

WHAT WE NEED:

- | | | |
|--------------------|----------------|-----------------------|
| -Canned Meats/Fish | -Flour | -Top Ramen |
| -Canned Vegetables | -Sugar | -Cup O' Noodles |
| -Canned Chili | -Peanut Butter | -Instant Mac & Cheese |
| -Rice | -Jelly/Jam | -Other Instant Meals |
| -Dry Milk | -Granola Bars | |

Case Lot
Goods
Requested

PLEASE DROP YOUR DONATIONS IN THE LARGE BLUE BIN AT:

St. Anna Greek Orthodox Church 9201 South 1300 East, Sandy, Utah