



St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Sunday of the Paralytic
Sunday, May 23, 2021
Orthros: 9:00 a.m.
Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas
Reverend Father Elias Koucos, Retired
Reverend Deacon Anatoli Kireiev

stannagocutah.org
franthony@stannagocutah.org



Epistle Reading: Acts of the Apostles 9:32-42

Prokeimenon. Mode 3. Psalm 46

Sing praises to God; sing praises; sing praises to our King; sing praises.

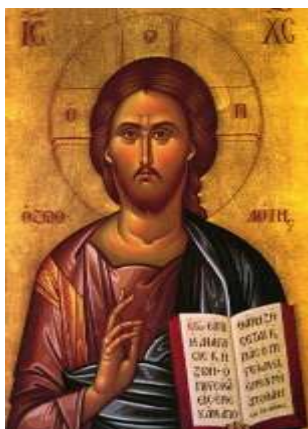
Verse: Oh, clap your hands, all you nations; shout to God with the voice of rejoicing.



In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means

Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Gospel Reading: The Gospel According to John 5:1-15



At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.' " They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

After the Exclamation

Chris is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life. (3)

Response to First Antiphon

Through the intercessions of the Theotokos, Saviour, save us. (4)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, risen from the dead. We sing to you,
Alleluia. (4) (Liturgy Book page 196)

Response to Third Antiphon

Christ is risen from the dead, trampling down death by death,
and to those in the tombs, He has granted life.

Entrance Hymn

Bless God in the churches, the Lord from the fountains of Israel.
Save us, O Son of God, risen from the dead, we sing to You,
Alleluia.

Resurrectional Apolytikion

Let the heavens rejoice and the earth be glad, for the Lord has
shown the mighty power of His arm. He has trampled down
death by death, becoming the first born of the dead. He has
delivered us from the depths of hell and has granted to all the
world His great mercy (Liturgy Book page 107).

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one
who within her conceived the Conceiver of life itself. You were
therefore transported to a place now in heaven. Joyful ones all
reside there in the home of all gladness, asking for forgiveness for
those who honor you, O blessed one.

Kontakion

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)
(Liturgy Book Page 39)

Megalynarion (Hymn for the Theotokos)

The angel cried out to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has resurrected from the grave on the third day. With one voice, O Virgin, we the believers call you blessed. O rejoice, you the Lord's gate, city animate, rejoice. Lady rejoice, for today the light of the resurrection from the dead of the Son whom you have borne, has shone on us. (Liturgy Book page 309)

Communion Hymn

Receive the body, the body of Christ; drink from the font of immortality. (Liturgy Book page 318)

After Communion Hymn

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

Orthodox Saints: For Saints of the Day, please visit the parish website at https://stannagocutah.org/?page_id=4529, or the parish Facebook page.

Memorial Service: May Their Memories be Eternal:

Today, Sunday, May 23, 2021: James Arthur Kalivas (40 days); Lev Fursov (5 years).

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held, **Monday, June 21, 2021**, at 7:00 p.m.

Spring General Assembly Announcement:

Notice is hereby given that the Spring 2021 Parish Assembly of St. Anna Greek Orthodox Church of Utah will be held Next **Sunday, May 30, 2021, at 12:30 p.m.** in person in the Fellowship Hall, located at 9201 S. 1300 E., Sandy, Utah.

Message from the Medical Advisory Ministry: Updates on COVID-19 Precautions

The Medical Advisory Ministry (MAM) recently met to discuss advances in our understanding of COVID-19 and the availability of vaccines. The following recommendations and changes are based on evolving Covid-19 regulations, vaccination levels, and public policy.

Recommendations include:

- As a religious community, we hope to worship together while protecting each other from the dangers of the epidemic. Our guidelines for doing this rely on both the religious understandings and deep medical knowledge of our Committee members. We will continue to prioritize keeping

ecclesiastical practices (e.g. communion) as un-encumbered as possible.

- Monitor changes in public health guidance. Revisit restrictions and make changes when it is safe to do so. For example, our current guidelines allowed us to reopen for in-person worship as soon as the State of Utah State lifted restrictions (June, 2020). Since our reopening, we have had three individuals attend services who were later confirmed as having Covid-19. There have been no known in-church transmissions.

What Changes:

- All services are open for in-person worship. An overflow area will be set up in the Fellowship area.
- The building will be opened for small group functions (e.g. making crosses, bible study, Parish Council meetings, meetings of ministry leadership teams, operation of food distribution services). Precautions such as wearing a mask, distancing, and no food or drink are still in place.
- The leader of the group meeting will be asked to disinfect the premises following the meeting (materials will be provided).
- Food preparation specific to church services (dyeing eggs, for example) will be resumed, either at homes or at specified kitchens. Participants will be asked to wear masks, use appropriate hand hygiene with gloves, and to distance themselves (“6-foot rule”).

What stays the same:

- **At this time, all COVID-19 precautions remain in place: contact-tracing protocols, wearing a mask, hand hygiene, distance using the “6-foot (4 chairs) rule”, and staying home when sick.** For more information, refer to the St. Anna COVID-19 precautions posted on the website (<https://stannagocutah.org>).
- Holy Communion and Antidoron will continue to be administered as part of Liturgy following COVID-19 precautions.
- Church Services will still be streamed on YouTube

- Participants will be asked to refrain from singing or chanting.
- Food or drink is not allowed.

When will all of this end?

No one can predict a specific date or timeline for when all of the above precautions will be eased. **However, our experience so far tells us that patience and continuing to follow CDC guidance will help protect everyone as well as end this pandemic sooner.**

While we encourage parishioners to seek the advice of their health care providers regarding COVID-19 vaccinations, we will not require vaccination. Until we know more, everyone – even people who have had their vaccines – should continue taking basic prevention steps when recommended.

Please refer to Centers for Disease Control (CDC) website for more information about COVID-19 guidelines and vaccines, <https://www.cdc.gov/coronavirus/2019-ncov/va.org>



CORONAVIRUS
UTAH.GOV

Easy Way to Pay Your Stewardship and Other Church Donations: The Parish Council has implemented a new way for stewardship and other donations made to St. Anna Greek Orthodox Church can now be quickly and easily made via text message using GIVE+ Text, a text donation platform offered through Vanco, our online donation partner.

To donate to St. Anna Greek Orthodox Church via text message, follow these four simple steps:

1. Send a text message to 844-936-2414 (St. Anna's dedicated Give+ Text number), stating the amount you would like to donate followed by the account code in the body of the text, using the

following format: \$xx 0x. The available account codes are as follows:

01-Stewardship

02-Altar & Benevolence

03-Building Fun

04-Miscellaneous giving

05-Candles-Pangari

06-Candles-Vigil

2. You will receive a return text message containing a link for you to complete your donation.

3. Click on the link in the return text to enter your name, address, and credit card information and register yourself as a Give+ Text user.

4. You will receive another text message confirming your donation.

Future text donations are even easier! All you have to do is text the amount you want to donate followed by the applicable account code (\$xx 0x) to 844-936-2414 (St. Anna's dedicated Give+ Text number). The credit card entered at the time of your initial registration will be charged your donation amount, and you will receive a confirming text message.

Further information on the Give+ Text donation platform can be found through the following video tutorials available on YouTube:

<https://www.youtube.com/watch?v=4tgrZk6fEy4&feature=youtu.be>.

BUILDING COMMITTEE MINISTRY

The Building Committee Ministry is asking for more volunteer support in order to keep our beautiful St. Anna spaces clean, safe, and sanitized after each service. Please contact Myles Carrera at

mylescarrera@gmail.com or 801-645-6088 for our volunteer team's weekly schedule and any updates.

ADULT AND FAMILY MINISTRY ANNOUNCEMENTS



Are you tired of being cooped up?
Do you long for the feel of green grass under your feet and the sweet aroma of fresh air? We have the answer!
The St. Anna Golf Classic is just around the corner.

June 12, 2021 at Thanksgiving Point

Check out the details at:

StAnnaGolfClassic2021.com

We need: Golfers, Volunteers, and Sponsors!

SIGN UP TODAY!

REGISTRATION DEADLINE WEDNESDAY, MAY 26, 2021

Pam and Tom Martinez – Co-Chairs

801-623-7346/602-999-5177

Nick Varanakis – Advisor

801-694-9019

COMMUNICATION MINISTRY TEAM **ANNOUNCEMENTS**

Bulletin Announcements: Please note the next bulletin will be published for Sunday, May 30, 2021. Please send requested bulletin announcements to **Elaine Peterson** at **layniep53@comcast.net** no later than **Tuesday, May 25, 2021, at 5:00 p.m.**

Parish Mobile App: The St. Anna mobile app is available through the Apple App Store at www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?ls=1&mt=8 and through Google Play at www.play.google.com/store/apps

[details?id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app](#)

SERVICE ANNOUNCEMENTS

St. Anna Food Support Program Update

The St. Anna Food Support Program, which utilizes our Church building as a permanent donation drop off site, helps supplement the Copperview and Entrada pantries that distribute food to families facing hunger throughout Sandy and the greater community.

Please continue to donate nonperishable food items below, which can be dropped off in the blue bin on Tuesdays 9:00-11:00 am and Sundays 9:00-12:00 noon.

Needed food items: Canned meats (tuna, chicken, salmon, etc.); canned vegetables, canned chili, peanut butter, jelly, Top Ramen, Instant Mac and Cheese, Cup O' Noodle (other instant meals); rice; flour, sugar, dry milk, and granola bars.

The Men's Ministry Team (MMT) has been busy collecting, organizing, and delivering our food donations to the Copperview and Entrada pantries. During a recent delivery, the Entrada pantry staff asked Ron and his team to pass along their thanks to our St. Anna community for what we are doing for their students. To volunteer contact Ron Steele, MMT Chair, at (801) 580-6964.

Thank you for your ongoing generosity and support to help individuals and families in need. God bless. Food Support Ministry. For questions, contact Ann Sasich (801) 518-2528 or Kathy Shand (801) 554-4250.

GENERAL ANNOUNCEMENTS

Stock Donations: Our parish is now set up to receive marketable securities donations. Such donations will be received and handled in accordance with the financial policies adopted by the Parish Assembly. Please contact Parish Council Treasurer Phill Floor at treasurer@stannagocutah.org for further details.

STEWARDSHIP ANNOUNCEMENTS

2021 Stewardship Update: As of Tuesday, May 18, 2021, we have received stewardship commitments for 2021 totaling \$299,482 putting us at 88% of our \$340,000. If you have not yet had an opportunity to complete your 2021 Stewardship Commitment Card, please bring it to church this week or mail it to PO Box 171224, Holladay, Utah 84117. Stewardship cards can also be submitted online at https://stannagocutah.org/?page_id=21.

Stewardship, as you well know, is the absolute life-blood of our community's financial health. We do not pass trays or make seasonal appeals to pay our operational expenses. To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors.

PAN ORTHODOX, FRATERNAL, AND OTHER COMMUNITY ANNOUNCEMENTS

Reminders from the Daughters of Minos: Each month we like to provide chapters' news to the Kriti Magazine. If you would like to announce the graduation, engagement, wedding, baptism, retirement, or a recent death, or any important update in your family, please send in the information and a photo if you would like to our historian Angie Katsanevas at 801-231-7626 or angiekatsanevas@aol.com before the third of each month.

PRAYER LIST

**Angela, Charlie, Kathy, Linda, Luke, Nichole, Steve, and
Theodore**

PARISH CALENDAR

Visit www.stannagocutah.org/?page_id=1663 to obtain an electronic copy of the parish calendar.

May 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 Sunday of the Paralytic 9:00 am Orthros 10:00 am Divine Liturgy	24	25	26	27	28 Paraklesis to St. Anna, Mother of the Theotokos 7:00 pm	29 Great Vespers 5:00 p.m.
30 Sunday of the Samaritan Woman 9:00 am Orthros 10:00 am Divine Liturgy	31					

June 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Great Vespers 5:00 p.m.
6 Sunday of the Blind Man 9:00 am Orthros 10:00 am Divine Liturgy	7	8	9	10 Holy Ascension Orthros 8:00 am Divine Liturgy 9:00 am	11	12 St. Anna Annual Golf Tournament Thanksgiving Point Great Vespers 5:00 p.m.
13 Fathers of the First Council 9:00 am Orthros 10:00 am Divine Liturgy	14	15	16	17	18	19 Saturday of Souls Orthros 8:00 am Divine Liturgy 9:00 am Great Vespers 5:00 p.m.

20 Holy Pentecost 9:00 am Orthros 10:00 am Divine Liturgy	21 Monday of the Holy Spirit 8:00 am Divine Liturgy 9:00 am	22	23	24	25 Paraklesis to St. Anna, Mother of the Theotokos 7:00 pm	26 Great Vespers 5:00 p.m.
27 Sunday of All Saints 9:00 am Orthros 10:00 am Divine Liturgy	28	29 Holy Apostles Peter and Paul 8:00 am Divine Liturgy 9:00 am	30 Synopsis of the Holy Apostles 8:00 am Divine Liturgy 9:00 am			



**You are cordially invited to participate
 In this year's St Anna Golf Classic
 June 12, 2021 at Thanksgiving Point
 Recruiting: Golfers, Volunteers, and Sponsors!
SIGN UP TODAY!**

See StAnnaGolfClassic2021.com
 for details

Pam and Tom Martinez – Co-Chairs

801-623-7346 / 602-999-5177

Nick Varanakis – Advisor

801-694-9019

St. Anna

Food Support
Program



In Support of Two Local Food Pantries:

COPPERVIEW FOOD AND
RESOURCE CENTER

ENTRADA ADULT/DIAMOND
RIDGE HIGH SCHOOLS

HELP FIGHT HUNGER

DROP OFF DAYS/TIMES: Sundays 9am-12pm
Tuesdays from 9am-11am

WHAT WE NEED:

- Canned Meats/Fish
- Canned Vegetables
- Canned Chili
- Rice
- Dry Milk
- Flour
- Sugar
- Peanut Butter
- Jelly/Jam
- Granola Bars
- Top Ramen
- Cup O' Noodles
- Instant Mac & Cheese
- Other Instant Meals

Case Lot
Goods
Requested

PLEASE DROP YOUR DONATIONS IN THE LARGE BLUE BIN AT:

St. Anna Greek Orthodox Church 9201 South 1300 East, Sandy, Utah