

**St. Anna Greek Orthodox Church**  
9201 South 1300 East, Sandy, UT 84094  
385-313-9358



**Myrrh-bearers Sunday**  
Sunday, May 8, 2022

**Orthros: 9:00 a.m.**  
**Divine Liturgy: 10:00 a.m.**

**Reverend Protopresbyter Anthony Savas**  
**Reverend Father Elias Koucos, Retired**  
**Reverend Deacon Anatoli Kireiev**  
stannagocutah.org  
[franthy@stannagocutah.org](mailto:franthy@stannagocutah.org)

Internet Services Donated By XMission



## Myrrh-bearers Sunday, May 8, 2022

### Epistle Reading: John's First Universal Letter 1:1-7

*Prokeimenon Mode pl. 4. Psalm 18*

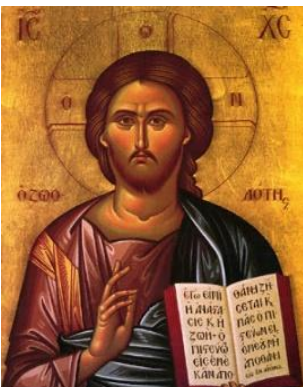
*His proclamation went forth into all the earth.*

*Verse: The heavens declare the glory of God*



That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and touched with our hands, concerning the word of life - the life was made manifest, and we saw it, and testify to it, and proclaim to you the eternal life which was with the Father and was made manifest to us - that which we have seen and heard we proclaim also to you, so that you may have fellowship with us; and our fellowship is with the Father and with his Son Jesus Christ. And we are writing this that our joy may be complete. This is the message we have heard from him and proclaim to you, that God is light and in him is no darkness at all. If we say we have fellowship with him while we walk in darkness, we lie and do not live according to the truth; but if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son

### Gospel Reading: The Gospel According to Mark 15:43-47; 16: 1-8



At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were

already dead; and summoning the centurion, he asked him whether he was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of James saw where he was laid. And when the sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back; for it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, he is not here; see the place where they laid him. But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

### **After the Exclamation**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life. (3)

### **Response to First Antiphon**

Through the intercessions of the Theotokos, Savior, save us. (4)  
(Liturgy Book page 25)

### **Response to Second Antiphon**

Save us, O Son of God, risen from the dead, We sing to You,  
Alleluia. (4)

### **Response to Third Antiphon**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life. (3)

### **Entrance Hymn**

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead, we sing to You, Alleluia.

### **Resurrectional Apolytikion**

When you descended into death, Life immortal, You vanquished the pow'r of hell by your resplendent divinity, and when You raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to You. (Liturgy Book page 103)

### **Hymn for the Feast**

The noble Joseph took Your most pure body down from the tree. He wrapped it in clean linen, anointed it with spices, and placed it in a new tomb. But on the third day You rose, O Lord, bestowing on all the world Your great mercy. (Liturgy Book page 159)

### **Another Hymn for the Feast**

The angel stood by the tomb and cried out to the myrrh bearing women: Myrrh would be fitting to anoint the dead, but Christ has shown Himself to be free from corruption. Therefore, proclaim that the Lord is risen, bestowing on all the world His great mercy. (Liturgy Book page 163)

### **For the Evangelist**

O Apostle, the beloved of Christ God, hasten to deliver us, a people that has no excuse. He accepts you supplicating Him, for He condescended at the Supper to let you lean on Him. Entreat Him, O Theologian, that He scatter the persistent cloud of hostile nations, and pray for us, for peace and great mercy.

### **Hymn for the Church**

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

### **Kontakion**

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

### **Trisagion Hymn**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3).  
(Liturgy Book page 39)

### **Megalynarion for the Theotokos**

The angel cried out to the woman full of grace: Rejoice, O pure Virgin; again I say, rejoice, for your Son is risen from the tomb on the third day. Shine, shine, O new Jerusalem, for the glory of the Lord has dawned upon you. Exult and be glad, O Zion. Be radiant, pure Theotokos, in the resurrection of your Son. (Liturgy Book page 309)

### **Communion Hymn**

The angel cried out to the woman full of grace: Rejoice, O pure Virgin; again I say, rejoice, for your Son is risen from the tomb on the third day. Shine, shine, O new Jerusalem, for the glory of the Lord has dawned upon you. Exult and be glad, O Zion. Be radiant, pure Theotokos, in the resurrection of your Son. (Liturgy Book page 309)

### **Hymn After Communion**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life. (3)

## **Dismissal Hymn**

Lord, grant long life to him who blesses us and sanctifies us.  
(Liturgy Book page 95)

**Orthodox Saints:** For Saints of the Day, please visit the parish website at [https://stannagocutah.org/?page\\_id=4529](https://stannagocutah.org/?page_id=4529), or the parish Facebook page.

**Memorial Services:** To schedule a memorial service, please contact Fr. Anthony at [franthony@stannagocutah.org](mailto:franthony@stannagocutah.org) or 801-824-3987

## **Special Thank You to All**

To all Parishioners of St. Anna's Greek Orthodox Church,

Xristos Anesti!

Again, and finally, (Covid sabbatical aside), it is with humbled gratification, as chair for this, our 6<sup>th</sup> Anastasi Dinner over the past 8 years, I wish to present my appreciation to those who helped me serve our community. My feelings for undertaking this project remained more deepened and quite identical to my apprehension surrounding the first dinner presented on April 12, 2015, when we served our newly found Greek Orthodox Mission Parish for the first time. I did not know what to expect.

This year has been especially gratifying with the challenges we needed to overcome, and I, like everyone experiencing the lockdown, was very hesitant and felt defeated at the thought of taking control over an old and traditional event. With the encouragement of your Parish Council, however, and initial confirmation from the Men's Ministry, thanks Phill, I agreed to take on the leadership of this event, yes, even without a full kitchen!

Like 2015, I did not know what to expect in 2022 because of the pandemic, it felt like a weird new world. However, it was a remarkable success even after making creative changes to the menu, I trust that all of you who partook in the dinner were as pleased with the results as I was.

I wish to express my gratitude to all who assisted me in undertaking this growing endeavor, and especially want to thank YOU, all who were able to attend our Holy Pascha Anastasi Dinner, because without the faithful, there would not be a need for this beautiful event. Please accept my genuine thanks.

I will not be thanking each person specifically here, as there are too many to add to this message. There are some people, however, I would like to specifically thank for their unyielding, tireless, and consistent willingness to take the reins in their areas of expertise. Σας ευχαριστούμε (sas efharistoume), I thank you all.

Head Chef, Chuck Karpakis; Head of Salad, Elias Pylidis, Heads of the Kitchen and Clean-up, Ron & Julie Steele; Head of the Servers, AnnaSophia Clark; Heads of Set-up and Table Preparation, Harry Hillas, Barbara Hillas & Elaine Zambos; Head of Decorations, Sandra Zoolakis; Head of Cakes, Tina Sergakis, and special thanks to Gerard Gallegos for his assistance with the preparation of the legs of lamb.

These appointed leaders had many assistants and helpers, and my gratitude and appreciation for your help and services was appreciated.

We served approximately 170 parishioners this year and went through twenty legs of lamb and 30 lbs. of Chicken.

Also, this year, we had the pleasure of listening to and being able to dance to the music provided by the incredibly talented

Chris Dokos for the wonderful sounds of Greece on his Bouzouki. If you all recall, Fr. Anthony Savas gave us a recital of a Zeibekiko in 2019 when he played along with Chris. We will need to see if he has improved over the years and may ask him to perform for us next year!

Also, I would like to extend an extra special thank you to both Fr. Anthony Savas and Fr. Elias Koucos and those who made our Paschal Season extremely meaningful. Axios!

George Sergakis  
Xristos Anesti!

### **PARISH COUNCIL ANNOUNCEMENTS**

Parish Council Meeting: The next Parish Council meeting will be held Monday, May 16, 2022, 7:00 pm.

### **MEDICAL MINISTRY**

#### **Medical Ministry and Fellowship Hour Update**

##### *What do we need to know?*

We are returning to a new “normal” Fellowship hour food service offering. As long as we follow safe food preparation, we will not be limited to pre-package food items.

##### *Who are the Chairs of the Fellowship Hour Service Offerings?*

We are thankful for our Chairs who are volunteering their time and talent including **Kristina and Jefferson Packer**, Chairs of the food service offering, and **Liberty Mudrock**, who is continuing her service as Chair of the coffee service offering.

##### *What do we need to do?*

1. Join us for Fellowship every Sunday following the Divine Liturgy.

2. Please sign-up! The sign-up book is located on the buffet table. Your offering does not need to be elaborate and hosting with family and friends is encouraged.
3. When preparing and serving food please follow the *Safe Food Preparation and Serving Guidelines* from the Salt Lake County Health Department (see below).

Please join us for Fellowship following Sunday Services this Sunday and every Sunday. On behalf of the Parish, thank you in advance for your participation!

*St. Anna Greek Orthodox Church*

*Food Preparation and Service Guidelines for Fellowship and Other Events\**

1. Practice good hygiene, including frequent hand washing and using gloves to handle ready-to-eat food during preparation. Do not touch food with bare hands. Use tongs, spatulas, deli tissues, or single-use gloves to serve food.
2. Cook and reheat foods to proper temperatures.
3. Hold foods at proper temperatures (i.e. keep cold foods in the refrigerator until serving and keep hot foods at the recommended temperature for that food).
4. Label foods that contain nuts.
5. Prevent cross-contamination of food and equipment.
6. Practice proper cleaning and sanitizing procedures.
7. **Ill persons should never prepare or serve food.**

*More details are in the Fellowship Sign-up Notebook*

*(\*adapted from the Salt Lake County Health Department food service guidelines)*



## **Saint Anna Parish Fishing Trip to Strawberry Reservoir**

This year's fishing trip to Strawberry Reservoir will take place Thursday, July 28, through Sunday, July 31, 2022. Bring your motor home, trailer or tent and join us at our reserved pavilion and group campground or stay in the Strawberry Bay or Daniel's Summit Lodge. For room, boat and slip rentals, call Strawberry Lodge at 435-548-2500 or [www.strawberrybay.com](http://www.strawberrybay.com) or call Daniels Summit Lodge at 800-519-9969 or visit [www.danielssummit.com](http://www.danielssummit.com)

Participant reservations will commence after Pascha, but this advance notice will give you an opportunity to plan and book rooms, boats and slips. Join in this fun family event which offers great fellowship, wonderful food, nightly group gatherings, super fishing, and Sunday Divine Liturgy, all in the beauty of God's creation at 7000 feet elevation. The trip is enjoyed by over 100 people each year. Any questions? Chuck Karpakis at [chuckkarpakis@gmail.com](mailto:chuckkarpakis@gmail.com) or 801-573-6938 or Mark Vrontikis at [mark@vrontikis.com](mailto:mark@vrontikis.com) or 801-231-5525.

### **BUILDING COMMITTEE MINISTRY**

The Building Committee Ministry is asking for more volunteer support in order to keep our beautiful St. Anna spaces clean, safe, and sanitized after each service. Please contact Myles Carrera at [mylescarrera@gmail.com](mailto:mylescarrera@gmail.com) or 801-645-6088 for our volunteer team's weekly schedule and any updates.

### **COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS**

**Bulletin Announcements:** The next bulletin will be published for **Sunday, May 15, 2022**. Please send requested bulletin announcements to Elaine Peterson at [layniep53@comcast.net](mailto:layniep53@comcast.net) **no later than Tuesday, May 10 2022, at 5:00 p.m.**

**Parish Mobile App:** The St. Anna mobile app is available through the Apple App Store at [www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?Ls=1&mt=8](http://www.itunes.apple.com/us/app/st.-anna-greek-orthodox-church/id1140666277?Ls=1&mt=8) and through Google Play at [www.play.google.com/store/apps/details?Id=com.conduit.app\\_fa0fc07216b24e93b1993aa947209c07.app](http://www.play.google.com/store/apps/details?Id=com.conduit.app_fa0fc07216b24e93b1993aa947209c07.app)

### **SUNDAY SCHOOL AND YOUTH ACTIVITIES**

Vacation Bible School: June, 2022, further details to follow.

Sunday School News: We are continuing our study of the Gospel books. This semester we will follow Christ to the cross, listen to His parables and miracles, and draw closer to Christ.

Thank you for bringing your children to Sunday School. We are so happy to have them in our classes!

## **ADULT AND FAMILY MINISTRY ANNOUNCEMENTS**

### **St. Anna Food Support Program – Help Fight Hunger!**

Don't forget to bring nonperishable items below on Sundays 9:00-12:00 noon and Tuesdays 9:00-11:00 am to help families in our community that don't have enough to eat.

Needed food items: Canned meats (tuna, chicken, salmon, etc.); canned vegetables, canned chili, peanut butter, jelly, Top Ramen, Instant Mac and Cheese, Cup O' Noodle (other instant meals); rice; flour, sugar, dry milk, and granola bars

Coming Soon: Our Food Support Program will be expanded to incorporate community donations. More information to follow.

### **St. Anna's Annual Golf Classic:**



This Year's St. Anna Golf Classic has been scheduled for  
June 11, 2022, at Thanksgiving Point

This is a great opportunity to raise funds for St. Anna  
Please contact the co-chairs with questions:  
Pam Martinez 801-623-7346 - Nick Varanakis 801-694-9019

Hurry! Hurry! Hurry! Time is passing quickly, and June will be here before you know it. Now is the time to sign up for the St. Anna's Annual Golf Tournament. Registrations will be available in Fellowship Hall starting on April 3rd. Also, see the flyer and registration form in this bulletin which can be filled out and brought to the table in Fellowship Hall on April 3rd.

There will be sign-up sheets for sponsors, volunteers, and golfers in Fellowship Hall; please come and participate in this wonderful fund-raising event. Anything you do will be greatly appreciated. There is something for everyone, even if you don't golf.

This is a fun way to support St. Anna's; plus, there will be great prizes, lunch will be provided golf swag bags with golf balls, ball markers and many more great gifts will be given away at registration. An auction with amazing products will take place at the conclusion of the tournament. Prizes will be given to the top finishers!

Register now as slots for the tournament are filling up quickly. Hope to see you there!

**Pan Arcadian Western District Scholarship 2022:** Applications are now available thru: [Panarcadianwest.org](http://Panarcadianwest.org).

Applicants must have a parent or grandparent be a member of the local Arcadian Chapter #90 or be a member herself/himself. Postmark deadline is May 16, 2022. Please contact Karen Anastasopoulos for information or with questions regarding the scholarship; [karenanast@gmail.com](mailto:karenanast@gmail.com) or 801-913.2414

**STEWARDSHIP ANNOUNCEMENTS**

2022 Stewardship Update: As of Tuesday, May 3, 2022, we have \$328,266 pledged; putting us at 95% of our \$345,000! If you have not yet had an opportunity to complete your 2022 Stewardship Commitment Card, please bring it to church this week or mail it to PO Box 171224, Holladay, Utah 84117. Stewardship cards can also be submitted online at [https://stannagocutah.org/?page\\_id=21](https://stannagocutah.org/?page_id=21).

Stewardship, as you well know, is the absolute lifeblood of our community's financial health. We do not pass trays or make seasonal appeals to pay our operational expenses. To God's glory, and to your credit, we sustain primarily through Stewardship and the sustained giving of our contributors.

### **PRAYER LIST**

Bill, Camille, Jason, Margie, Mark, Nicole, Pam, Sophie &  
Theodore  
People of Ukraine and all who suffer in this unjust war.

If you would like names added to the prayer list, please email Elaine Peterson at [layniep43@comcast.net](mailto:layniep43@comcast.net) by Tuesday at 5:00 PM.

### **PARISH CALENDAR**

Visit [www.stannagocutah.org/?page\\_id=1663](http://www.stannagocutah.org/?page_id=1663) to obtain an electronic copy of the parish calendar.

May 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 Sunday of the Myrrh-Bearing Women 9:00 am Orthros 10:00 am Divine Liturgy  Mother's Day	9	10	11	12	13	14

15 Sunday of the Paralytic 9:00 am Orthros 10:00 am Divine Liturgy	16 Parish Council Meeting 7:00 pm	17 Women's Ministry Meeting 7:00 pm	18	19 Forever Young Lunch 11:30 am	20	21 St. Constantine and Hellen Sovereign Saints and Equal to the Apostles Orthros 8:00 am Divine Liturgy 9:00 am
22 Sunday of the Samaritan Woman 9:00 am Orthros 10:00 am Divine Liturgy	23	24	25	26	27 Paraklesis to St. Anna 7:00 pm	28
29 Sunday of the Blind Man 9:00 am Orthros 10:00 am Divine Liturgy	30	31				

## June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Holy Ascension 8:00 am Orthros 9:00 am Divine Liturgy	3	4
5 Sunday of the First Council 9:00 am Orthros 10:00 am Divine Liturgy	6	7	8	9	10	11 St. Anna Annual Golf Tournament Thanksgiving Point 7:00 am



3RD ANNUAL ST. ANNA

# GOLF CLASSIC

THANKSGIVING POINT  
LEHI, UTAH

**\$85**

**PER PERSON**

INCLUDES GREEN FEES,  
CART & LUNCH

**ZORBA PACKAGE \$725**

INCLUDES 4-PLAYER TEAM, HOLE & BANNER SIGNAGE

**YASOO PACKAGE \$325**

INCLUDES HOLE & BANNER SIGNAGE

**4-PLAYER PACKAGE \$340**

INCLUDES 4-PLAYERS WITH GREEN FEES, CART & LUNCH

## PRIZES

- 1ST, 2ND, AND 3RD PLACE TEAMS
- MEN'S AND WOMEN'S LONG DRIVE
- MEN'S AND WOMEN'S CLOSEST TO PIN
- 50/50 RAFFLE AND BUCKET RAFFLE

4-PERSON SCRAMBLE FORMAT

**SATURDAY**  
**JUNE 11, 2022**

REGISTRATION BEGINS 7:00 AM  
SHOTGUN START 8:00 AM

CHECK OUT OUR WEBSITE FOR DETAILS,  
REGISTRATION AND OPPORTUNITIES

**STANNAGOLFLCLASSIC2022.COM**

BENEFITTING  
**ST. ANNA**  
**CAPITAL**  
**CAMPAIGN**

# St. Anna

Food Support  
Program



In Support of Two Local Food Pantries:

COPPERVIEW FOOD AND  
RESOURCE CENTER

ENTRADA ADULT/DIAMOND  
RIDGE HIGH SCHOOLS

## HELP FIGHT HUNGER

**DROP OFF DAYS/TIMES:** Sundays 9am-12pm  
Tuesdays from 9am-11am

### WHAT WE NEED:

- Canned Meats/Fish
- Canned Vegetables
- Canned Chili
- Rice
- Dry Milk
- Flour
- Sugar
- Peanut Butter
- Jelly/Jam
- Granola Bars
- Top Ramen
- Cup O' Noodles
- Instant Mac & Cheese
- Other Instant Meals

Case Lot  
Goods  
Requested

**PLEASE DROP YOUR DONATIONS IN THE LARGE BLUE BIN AT:**

St. Anna Greek Orthodox Church 9201 South 1300 East, Sandy, Utah