



St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Sunday of the Veneration of the Holy Cross
Sunday, March 19, 2023

Orthros: 9:00 a.m.
Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas
Reverend Father Elias Koucos, Retired
Deacon John Kavas

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Epistle Reading: St. Paul's Letter to the Hebrews (1:10-14; 2:1-3)

Prokeimenon. Mode pl. 2. Psalm 27.

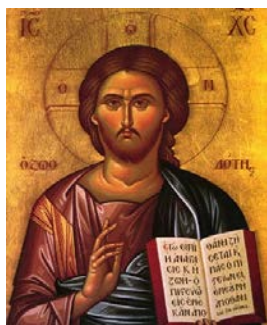
O Lord, save Your people, and bless Your inheritance.

Verse: To You, O Lord, I cry; O my God, may You not pass over me in silence.



Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchizedek."

Gospel Reading: The Gospel According to Mark (8:34-38; 9:1)



The Lord said: 'If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful

generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels.' And he said to them, 'Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us. (Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to You, Alleluia. (Liturgy Book page 29)

Hymn for the Feast

Save, O Lord, save Your people and bless Your inheritance. Give vict'ry to those who battle evil and protect us all by Your holy cross. (Liturgy Book page 181)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

By Your cross, O Lord, You destroyed death; to the thief You opened paradise. The myrrh-bearers' sorrow You transformed into joy, and You sent Your apostles forth to proclaim that You had risen from the dead, Christ our God, bestowing on all the world Your great mercy. (Liturgy Book page 123)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

To You, the Champion Commander, I, Your city, inscribe victorious anthems of thanksgiving, for deliverance from sufferings, O Theotokos. In as much as you have power unassailable from all manner of dangers, O set me free; that I may cry out to you: Rejoice, O Bride unwedded.

Trisagion Hymn

Before Your cross we bow down, O Master, and we glorify Your holy resurrection. (Liturgy Book page 291)

Megalynarion (Hymn for the Theotokos)

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallow'd temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, He who is God from all ages. By making your womb His throne He made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you. (Liturgy Book page 299)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest. Alleluia (Liturgy Book page 83)

Hymn after Communion

Save, O Lord, save Your people and bless Your inheritance. Give vict'ry to those who battle evil and protect us all by Your holy cross. (Liturgy Book page 181)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

GENERAL ANNOUNCEMENTS

Online Chapel: For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

St. Anna Livestream: Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

Epistle Reader: Nicholas Simos

Memorial Services:

Sunday, April 2, 2023: George Vosnos (3 years); Mary Vosnos (3 years).

May Their Memory Be Eternal!

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

Lenten, Holy Week and Paschal Donations: Please return your Donation in the Memorial Envelope available at the Pangari (narthex counter) and remember to include the names of whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios. In the event that more funds are collected than requested, excess monies will be placed in the Benevolence/Altar Fund. The full amount of our collection will be printed in the Weekly Bulletin.

Note: We did not increase the requested donations from last year.

Donations are requested for the following items:

Lent:

Daffodils for Sunday of the Holy Cross	\$130.00
Flowers for Salutations to the Theotokos	5 @ \$120.00
Incense for Lent, Holy Week & Pascha	\$100.00

Palm Sunday:

Palm Strips for Crosses and Decorative Palms	\$250.00
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Holy Week & Pascha:

Flowers for Bridegroom Icon	\$350.00
Floral Wreath for the Crucifix	\$200.00
12 Candles – Service of 12 Gospels	12 @ \$5.00
Rose Petals for Lamentation Service	\$60.00
Rose Petals for Holy Saturday/Pascha	\$600.00
Case of Bay Leaves for Holy Saturday/Pascha	\$125.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$200.00

Gardenias for Holy Friday and Holy Saturday	\$350.00
Easter Lillies for the Solea	\$325.00
Altar Candles for Paschal Season	\$650.00
Three Cases of Brown Eggs for the Anastasi	\$200.00
Ribbon & Net for Eggs	\$100.00
Flowers for Kouvouklion (Holy Friday)	\$2,000.00
Guest Chanter Stipend and Travel Expenses	\$3,000.00

Thank you for contributing towards the dignity and beauty of our divine services.

Lenten Lectures/Dinners: Lenten lectures/dinners will be held immediately following Presanctified Liturgy, as follows:

March 22 *Speaker:* Elaina Maragakis Simos
Dinner Hosts: Parish Youth (JOY; GOYA; Sunday School).

As sponsors of the dinner, all parish youth are encouraged to attend this youth focused lecture!

March 29 *Speaker:* Fr. Chris Rowe
Dinner Hosts: Parish Council

Please join us! Contact Barbara Hillas at 801-604-4884 with questions.

STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2023 stewardship cards. As of March 14, we have received 129 stewardship commitments totaling \$329,988, putting us at 85% of our budgeted goal of \$390,000.

If you were a St. Anna Steward the last two years, your 2023 stewardship packet should have been mailed to you. If you are new to the community and would like to become a St. Anna Steward, you can obtain a 2023 Pledge Card. They are on display in the Narthex and available on the [parish website](#).

The generosity and vision of our parishioners has historically been a defining aspect of this community. We very much appreciate your

prayerful commitment and continued support. This year will prove to be a particularly historic time in the life of our church. Thank you for being an active part of our every success, unto the glory of God.

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held on Monday, March 20, 2023, at 7:00 p.m.

PHILOPTOCHOS

Next Meeting: Our next meeting will be held Monday, March 27, 2023, at 7:00 p.m. Meetings are held the 4th Monday of each month. Please join us and bring ideas for upcoming activities. We look forward to seeing everyone!

ST. ANNA SERVICE MINISTRY

Food Support Program - Fill the Bin! The Entrada/Diamond Ridge pantries are serving more people than ever before. The student population has dramatically increased since the schools moved to the new campus this past Fall, as has the need for food and other support. In addition, more community members from the local neighborhood and beyond are utilizing the pantries. The Men's Ministry is now making weekly deliveries (compared with twice a month delivery in 2022) due to the ongoing generosity of our parishioners and community. God bless!

ADULT EDUCATION

Morning Bible Study: The Morning Bible Study, led by John Kaloudis, at the home of Tom and Carolyn Leitko, 2334 E. Lincoln Lane (directly across the street, south of Olympus High School) is held on Wednesdays at 10:30 a.m., and will continue throughout Lent except for Holy Wednesday, April 12, 2023. For information, please call Tom or Carolyn Leitko at 801-842-2304.

YOUTH MINISTRY

Sunday School: This year we are studying church history starting with Pentecost. Be sure to ask your Sunday School students what they are learning! It is important to learn together as a faith family. Thank you for sharing your children with us.

GOYA - Lenten Retreat - I am a “ _____ “ Of God: Our GOYA Lenten Retreat will be held March 31-April 2, 2023, in Heber, Utah. We will depart from church following the Akathyst Hymn on Friday evening and return to church after Divine Liturgy on Sunday afternoon. The retreat is open to all those in grades 6-12 and marks our first get-away retreat since the COVID-19 pandemic. There will be plenty of adult supervision! To R.S.V.P. or for more information, contact Fr. Anthony at 801-824-3987.

Holy Friday Youth Retreat: Volunteers are needed for our Holy Friday Youth Retreat to be held on Friday, April 14, 2023. Please contact Barbara Hillas at 801-604-4884 to sign up and help!

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

Bulletin Announcements: The next bulletin will be published for Sunday, March 26, 2023. Please send bulletin announcements to Michael Petrogeorge at mppetrogeorge@gmail.com no later than Tuesday, March 21, 2023, at 5:00 p.m. Thank you!

COMMUNITY ANNOUNCEMENTS

Pan Arcadian Western District Scholarship 2023: The application for the 2023 Pan Arcadian Western District Scholarship is available at <http://www.panarcadianwest.org/news.htm>. Applicants must be a member of the local Arcadian Chapter #90 OR have a grandparent or parent that is a member. Applications must be postmarked no later than May 22, 2023. Please contact Karen Anastasopoulos at karenanast@gmail.com or 801-913-2414 with any questions regarding the scholarship.

PRAYER LIST

Alexis, Amie, Amy, Anna, Calley, Caroline, Deborah, Liz, Lynn, Marylynn, Melany, Michael, Nicole, Pari, Richard, Ryley, Steve, Theodore, Travis, Tyler, and Vanni.

If you would like names added to or removed from the prayer list, please email Michael Petrogeorge at mppetrogeorge@gmail.com by Tuesday at 5:00 p.m.

PARISH CALENDAR

Visit the [parish website](#) to access an electronic copy of the parish calendar. Unless otherwise specified, all events will be held at St. Anna Greek Orthodox Church, 9201 S. 1300 East, Sandy.

Sunday, March 19, 2023 (Sunday of the Holy Cross)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

Monday, March 20, 2023

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Parish Council Meeting

Wednesday, March 22, 2023

- 10:30 a.m.: Morning Bible Study at Leitko Residence
- 6:00 p.m.: Presanctified Liturgy and Lenten lecture/dinner

Thursday, March 23, 2023

- 1:00 p.m.: Choir practice

Friday, March 24, 2023

- 7:00 p.m.: Annunciation Great Vespers and Lamentations

Saturday, March 25, 2023 (Annunciation of the Virgin Mary)

- 8:00 a.m.: Orthros
- 9:00 a.m.: Divine Liturgy

Sunday, March 26, 2023 (Sunday of St. John Climacus)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

Monday, March 27, 2023

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Philoptochos Meeting

Wednesday, March 29, 2023

- 10:30 a.m.: Morning Bible Study at Leitko Residence
- 6:00 p.m.: Presanctified Liturgy and Lenten lecture/dinner

Thursday, March 30, 2023

- 1:00 p.m.: Choir practice

Friday, March 31, 2023

- 7:00 p.m.: Akathist Hymn

Friday, March 31 – Sunday, April 2, 2023

- GOYA Lenten Retreat

Sunday, April 2, 2023 (Sunday of St. Mary of Egypt)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

Wednesday, April 5, 2023

- 10:30 a.m.: Morning Bible Study at Leitko Residence

Thursday, April 6, 2023

- 1:00 p.m.: Choir practice

Sunday, April 8, 2023 (Saturday of Lazarus)

- 8:00 a.m.: Orthros
- 9:00 a.m.: Divine Liturgy
- 5:00 p.m.: Great Vespers

Sunday, April 9, 2023 (Palm Sunday)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy
- 7:00 p.m.: Bridegroom Service

Monday, April 10, 2023 (Holy Monday)

- 7:00 p.m.: Bridegroom Service

Tuesday, April 11, 2023 (Holy Tuesday)

- 7:00 p.m.: Bridegroom Service/Hymn of Kassiani

Wednesday, April 12, 2023 (Holy Wednesday)

- 9:00 a.m.: Liturgy of Presanctified Gifts
- 3:00 p.m.: Sacrament of Holy Oil (Unction)
- 7:00 p.m.: Sacrament of Holy Oil (Unction)

Thursday, April 13, 2023 (Holy Thursday)

- 10:00 a.m.: Vespereal Liturgy of St. Basil for the Institution of the Eucharist

- 7:00 p.m.: Service of the Holy Passion and Reading of the Twelve Gospels

Friday, April 14, 2023 (Holy Friday)

- 9:00 a.m.: Royal Hours
- 11:30 a.m.: Holy Friday Youth Retreat
- 3:00 p.m.: Great Vespers for the Deposition from the Holy Cross
- 7:00 p.m.: Lamentations and Procession

Saturday, April 15, 2023 (Holy Saturday)


- 10:00 a.m.: Vespers Liturgy
- 11:00 p.m.: Resurrection Vigil, Matins and Divine Liturgy

Sunday, April 16, 2023 (Pascha/Easter Sunday)


- 2:00 p.m.: Agape Vespers

ST. ANNA GOYA
LENTEN
RETREAT

I am a " _____ " of God.



Friday, March 31- Sunday, April 2 in Heber, Utah
 Depart following the Akathyst Hymn and Return after Sunday Liturgy
 First Get-Away Retreat Since the Pandemic.
 Mark Your Calendars. Grades 6 to 12. Plenty of Adult Supervision.



To R.S.V.P. and for More Info:
 Fr. Anthony at 801-824-3987

Holy Week and Pascha 2025

Saturday, 8

Saturday of Lazarus

Orthros 8:00 am

Divine Liturgy 9:00 am

Palm Sunday Great Vespers 5:00 pm

Palm Sunday, April 9

Orthros 9:00 am

Divine Liturgy 10:00 am

Bridegroom Service 7:00 pm

Holy Monday, April 10

Bridegroom Service 7:00 pm

Holy Tuesday, April 11

Bridegroom Service 7:00 pm

Holy Wednesday, April 12

Liturgy of Presanctified Gifts 9:00 am

Sacrament of Holy Oil (Unction) 5:00 pm

Sacrament of Holy Oil (Unction) 7:00 pm

Holy Thursday, April 13

Vesperal Liturgy for Institution of the Eucharist 10:00 am

Service of Holy Passion and Reading of Twelve Gospels 7:00 pm

Great and Holy Friday, April 14

Royal Hours 9:00 am

Holy Friday Youth Retreat 11:30 through Vespers

Deposition from the Cross Vespers 5:00 pm

Lamentations and Procession 7:00 pm

Holy Saturday, April 15

Vesperal Liturgy 10:00 am

Resurrection Vigil, Service and Divine Liturgy 11:00 pm

Holy Pascha, April 16

Agape Vespers 2:00 pm

St. Anna Greek Orthodox Church, Sandy, Utah



St. Anna Food Support Program

HELP FIGHT HUNGER

Food Collection Site
Serving Sandy Area Food Pantries

Drop Off Days and Times:

Sundays 9am to 12pm

Tuesdays 10am to 6pm

Needed Food Items

Canned meat / Tuna
Instant Meals
Canned chili / Stews
Rice / Noodles

Flour / Sugar / Dry milk
Peanut butter / Jelly / Jam
Granola bars / Snacks
Canned fruit / Canned veggies



Please drop off your donations in
the big blue bin at:
St. Anna Greek Orthodox Church
9201 South 1300 East