



# CHURCH BULLETIN



**St. Anna Greek Orthodox Church**  
9201 South 1300 East, Sandy, UT 84094  
385-313-9358



**Sunday of St. John Climacus**  
**Sunday, March 26, 2023**

**Orthros: 9:00 a.m.**

**Divine Liturgy: 10:00 a.m.**

**Reverend Protopresbyter Anthony Savas**  
**Reverend Father Elias Koucos, Retired**  
**Deacon John Kavas**

[stannagocutah.org](http://stannagocutah.org)  
[franthy@stannagocutah.org](mailto:franthy@stannagocutah.org)



**Internet Services Donated by XMission**



## Epistle Reading: St. Paul's Letter to the Hebrews (6:13-20)

*Prokeimenon. Mode Plagal 4. Psalm 75.11,1.*

*Make your vows to the Lord our God and perform them.*

*Verse: God is known in Judah; his name is great in Israel.*



Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore to himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchizedek.

## Gospel Reading: The Gospel According to Mark (9:17-31)



At that time, a man came to Jesus kneeling and saying: "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the

ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

### **Response to First Antiphon**

Through the intercessions of the Theotokos, Savior, save us. (Liturgy Book page 25)

### **Response to Second Antiphon**

Save us, O Son of God, who rose from the dead, save us who sing to You, Alleluia. (Liturgy Book page 29)

### **Resurrectional Apolytikion**

From on high You descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to You, O Lord. (Liturgy Book page 127)

### **For the Devout Man**

Like warm and gentle rain, your tears of compunction made the desert burst forth in bloom. Your patient endurance made your suff'rings bear fruit one-hundred-fold and your wondrous deeds

have filled all the world with light. O holy father John, intercede with Christ our God to save our souls. (Liturgy Book page 137)

### **Entrance Hymn**

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

### **Hymn for the Church**

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

### **Kontakion**

To You, the Champion Commander, I, Your city, inscribe victorious anthems of thanksgiving, for deliverance from suff'rings, O Theotokos. In as much as you have power unassailable from all manner of dangers, O set me free; that I may cry out to you: Rejoice, O Bride unwedded.

### **Trisagion Hymn**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (Liturgy Book page 39)

### **Megalynarion (Hymn for the Theotokos)**

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallow'd temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, He who is God from all ages. By making your womb His throne He made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you. (Liturgy Book page 299)

### **Communion Hymn**

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest. Alleluia (Liturgy Book page 83)

## Hymn after Communion

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us. (Liturgy Book page 87)

## Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

## GENERAL ANNOUNCEMENTS

**Online Chapel:** For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

**St. Anna Livestream:** Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

**Epistle Reader:** Elaina May

### **Memorial Services:**

*Sunday, April 2, 2023:* George Vosnos (3 years); Mary Vosnos (3 years). May Their Memory Be Eternal!

To schedule a memorial service, please contact Fr. Anthony at [franthonny@stannagocutah.org](mailto:franthonny@stannagocutah.org) or 801-824-3987.

**Lenten Lectures/Dinners:** Our final Lenten lecture/dinner will be held immediately following Presanctified Liturgy this Wednesday, March 29, 2023. The Parish Council will host the dinner, featuring guest lecturer Fr. Chris Rowe. Please join us!



## LENTEN MISSION PRESENTATION MARCH 29

Fr. Christopher Rowe, OCMC Assistant Director of Development and priest at Holy Trinity in Overland Park, will join us for Presanctified Liturgy and share a special Mission Presentation after the service.

Hear the latest updates about OCMC's missionary efforts worldwide and learn how YOU can help the Light of Christ extend to the ends of the earth this Great and Holy Lent.

For more information, visit [www.ocmc.org](http://www.ocmc.org).

Contact Fr. Christopher Rowe via  
Phone: (904) 506-7105  
E-mail: [frchris@ocmc.org](mailto:frchris@ocmc.org)

**OCMC**  
ORTHODOX CHRISTIAN MISSION CENTER

**Lenten, Holy Week and Paschal Donations:** Please return your Donation in the Memorial Envelope available at the Pangari (narthex counter) and remember to include the names of whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios. If more funds are collected than requested, excess monies will be placed in the Benevolence/Altar Fund. The full amount of our collection will be printed in the Weekly Bulletin.

*Note:* We did not increase the requested donations from last year.

Donations are requested for the following items:

Lent:

Daffodils for Sunday of the Holy Cross	\$130.00
Flowers for Salutations to the Theotokos	5 @ \$120.00
Incense for Lent, Holy Week & Pascha	\$100.00

Palm Sunday:

Palm Strips for Crosses and Decorative Palms	\$250.00
--	----------

Holy Week & Pascha:

Flowers for Bridegroom Icon	\$350.00
Floral Wreath for the Crucifix	\$200.00
12 Candles – Service of 12 Gospels	12 @ \$5.00
Rose Petals for Lamentation Service	\$60.00
Rose Petals for Holy Saturday/Pascha	\$600.00
Case of Bay Leaves for Holy Saturday/Pascha	\$125.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$200.00
Gardenias for Holy Friday and Holy Saturday	\$350.00
Easter Lillies for the Solea	\$325.00
Altar Candles for Paschal Season	\$650.00
Three Cases of Brown Eggs for the Anastasi	\$200.00
Ribbon & Net for Eggs	\$100.00
Flowers for Kouvouklion (Holy Friday)	\$2,000.00
Guest Chanter Stipend and Travel Expenses	\$3,000.00

Thank you for contributing towards the dignity and beauty of our divine services.

**Volunteers Needed - Holy Friday Youth Retreat:** Volunteers are needed for the Holy Friday Youth Retreat to be held on April 14, 2023. Please contact Barbara Hillas at 801-604-4884 to sign up and help!

## STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2023 stewardship cards. As of March 14, we have received 129 stewardship commitments totaling \$329,988, putting us at 85% of our budgeted goal of \$390,000.

If you were a St. Anna Steward the last two years, your 2023 stewardship packet should have been mailed to you. If you are new to the community and would like to become a St. Anna Steward, you can obtain a 2023 Pledge Card. They are on display in the Narthex and available on the [parish website](#).

The generosity and vision of our parishioners has historically been a defining aspect of this community. We very much appreciate your prayerful commitment and continued support. This year will prove to be a particularly historic time in the life of our church. Thank you for being an active part of our every success, unto the glory of God.

## PARISH COUNCIL ANNOUNCEMENTS

**Parish Council Meeting:** The next Parish Council meeting will be held on Monday, April 17, 2023, at 7:00 p.m.

## PHILOPTOCHOS

**Next Meeting:** Our next meeting will be held Monday, March 27, 2023, at 7:00 p.m. Meetings are held the 4<sup>th</sup> Monday of each month. Please join us and bring ideas for upcoming activities. We look forward to seeing everyone!

## ST. ANNA SERVICE MINISTRY

**Food Support Program - Fill the Bin!** The Entrada/Diamond Ridge pantries are serving more people than ever before. Student enrollment has dramatically increased in the past few months, as

has the need for food and other support. In addition, more community members from the local neighborhood and families from the Midvale area, who regularly used the Copperview pantry until it closed last year, are accessing the school's pantries. Due to your ongoing generosity, our Men's Ministry is making weekly deliveries. God bless!

## ADULT EDUCATION

**Morning Bible Study:** The Morning Bible Study, led by John Kaloudis is held on Wednesdays at 10:30 a.m., and will continue throughout Lent except for Holy Wednesday, April 12, 2023. We are studying Ephesians. This Wednesday, March 29, 2023, the bible study will be held at the home of Joe and Myra Varanakis, 2263 E. Spruce View Court, Salt Lake City, Utah 84109. For information, please call Tom or Carolyn Leitko at 801-842-2304.

## YOUTH MINISTRY

**GOYA - Lenten Retreat - I am a " " Of God:** Our GOYA Lenten Retreat will be held March 31-April 2, 2023, in Heber, Utah. We will depart from church following the Akathyst Hymn on Friday evening and return to church after Divine Liturgy on Sunday afternoon. The retreat is open to all those in grades 6-12 and marks our first get-away retreat since the COVID-19 pandemic. There will be plenty of adult supervision! To R.S.V.P. or for mor information, contact Fr. Anthony at 801-824-3987.

**Holy Friday Youth Retreat:** Our Holy Friday Youth Retreat will be held on April, 14, 2023 from 11:30 a.m. through Great Vespers (4:30 p.m.). Snacks and lunch provided. School absence excuse forms are available. Our youth should be in Church on this Solemn Day.

## COMMUNITY ANNOUNCEMENTS

**Pan Arcadian Western District Scholarship 2023:** The application for the 2023 Pan Arcadian Western District Scholarship is available at <http://www.panarcadianwest.org/news.htm>. Applicants must be a member of the local Arcadian Chapter #90 OR have a grandparent or parent that is a member. Applications must be postmarked no later than May 22, 2023. Please contact Karen



Anastasopoulos at karenanast@gmail.com or 801-913-2414 with any questions regarding the scholarship.

**Discovery Your Arcadian Roots:**

Do you have Greek lineage from the regional unit Arcadia?



Let us know if you are Arcadian.  
If you're not sure, we'll help you find out!

Salt Lake City Arcadian Chapter #90  
"Theodoros Kolokotronis"

*Officers:*

Francine Matragos, President - [fmatragos@hotmail.com](mailto:fmatragos@hotmail.com)  
Christopher Katis, Vice President - [chriskatis@comcast.net](mailto:chriskatis@comcast.net)  
Karen Anastasopoulos, Secretary - [karenanast@gmail.com](mailto:karenanast@gmail.com)  
Yvonne Pauls, Treasurer - [yspauls@gmail.com](mailto:yspauls@gmail.com)

Arcadians are back in person! Please join us for a dinner business meeting on Tuesday, April 18, 2023 at 6:00 p.m. at The Other Place, 469 E. 300 South, Salt Lake City, Utah 84111.

All are welcome to learn more about Arcadia!

**Hellenic Bar Association:** The Hellenic Bar Association is ramping up again and wants to schedule a Spring/Summer event for all past and current members, as well as any lawyers desiring to become members. In order to make sure that we have everyone's current contact information, for future communications and invites, will



you please send an email (with Hellenic Bar Association in the subject line) to Thomas W. Peters at [twp@psplawyers.com](mailto:twp@psplawyers.com). Please include the following information in your email communication: Name, Spouses Name, Address,

Email and Phone Number. Looking forward to seeing everyone in the near future at an event!

## PRAYER LIST

Alexis, Amie, Amy, Anna, Calley, Caroline, Deborah, Liz, Lynn, Marylynn, Melany, Michael, Nicole, Pari, Richard, Ryley, Steve, Theodore, Travis, Tyler, and Vanni.

Please email Michael Petrogeorge at [mppetrogeorge@gmail.com](mailto:mppetrogeorge@gmail.com) by Tuesday at 5:00 p.m. to add or remove names from the list.

## PARISH CALENDAR

Visit the [parish website](#) to access an electronic copy of the parish calendar. Unless otherwise specified, all events will be held at St. Anna Greek Orthodox Church, 9201 S. 1300 East, Sandy.

### Sunday, March 26, 2023 (Sunday of St. John Climacus)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

### Monday, March 27, 2023

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Philoptochos Meeting

### Wednesday, March 29, 2023

- 10:30 a.m.: Morning Bible Study at Varanakis Residence
- 6:00 p.m.: Presanctified Liturgy and Lenten lecture/dinner

### Thursday, March 30, 2023

- 1:00 p.m.: Choir practice

### Friday, March 31, 2023

- 7:00 p.m.: Akathist Hymn

### Friday, March 31 – Sunday, April 2, 2023

- GOYA Lenten Retreat

### Sunday, April 2, 2023 (Sunday of St. Mary of Egypt)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

Holy Week and Pascha 2023

Saturday, 8

Saturday of Lazarus

Orthros 8:00 am

Divine Liturgy 9:00 am

Palm Sunday Great Vespers 5:00 pm

Palm Sunday, April 9

Orthros 9:00 am

Divine Liturgy 10:00 am

Bridegroom Service 7:00 pm

Holy Monday, April 10

Bridegroom Service 7:00 pm

Holy Tuesday, April 11

Bridegroom Service 7:00 pm

Holy Wednesday, April 12

Liturgy of Presanctified Gifts 9:00 am

Sacrament of Holy Oil (Unction) 3:00 pm

Sacrament of Holy Oil (Unction) 7:00 pm

Holy Thursday, April 13

Vesperal Liturgy for Institution of the Eucharist 10:00 am

Service of Holy Passion and Reading of Twelve Gospels 7:00 pm

Great and Holy Friday, April 14

Royal Hours 9:00 am

Holy Friday Youth Retreat 11:50 through Vespers

Deposition from the Cross Vespers 3:00 pm

Lamentations and Procession 7:00 pm

Holy Saturday, April 15

Vesperal Liturgy 10:00 am

Resurrection Vigil, Service and Divine Liturgy 11:00 pm

Holy Pascha, April 16

Agape Vespers 2:00 pm

St. Anna Greek Orthodox Church, Sandy, Utah



# St. Anna Food Support Program

## HELP FIGHT HUNGER

**Food Collection Site**  
**Serving Sandy Area Food Pantries**

**Drop Off Days and Times:**

**Sundays 9am to 12pm**

**Tuesdays 10am to 6pm**

**Needed Food Items**

**Canned meat / Tuna**

**Instant Meals**

**Canned chili / Stews**

**Rice / Noodles**

**Flour/ Sugar / Dry milk**

**Peanut butter / Jelly / Jam**

**Granola bars / Snacks**

**Canned fruit / Canned veggies**



Please drop off your donations in  
the big blue bin at:  
St. Anna Greek Orthodox Church  
9201 South 1300 East

# ST. ANNA GOYA LENTEN RETREAT

I am a " \_\_\_\_\_ " of God.



Friday, March 31- Sunday, April 2 in Heber, Utah  
Depart following the Akathyst Hymn and Return after Sunday Liturgy  
First Get-Away Retreat Since the Pandemic.  
Mark Your Calendars. Grades 6 to 12. Plenty of Adult Supervision.



To R.S.V.P. and for More Info:  
Fr. Anthony at 801-824-3987

## ST. ANNA GREEK ORTHODOX CHURCH YOUTH



Friday, April 14th from 11:30 am through Great Vespers (4:30 pm).  
Grades K through Twelve. Snacks and Lunch Provided.  
Excuse Forms are Available. Our Youth Should be in Church on this Solemn Day.  
"He bore the sins of many, and made intercession for the transgressors." Isaiah 53:12