



**St. Anna Greek Orthodox Church**  
9201 South 1300 East, Sandy, UT 84094  
385-313-9358



**Sunday of the Paralytic**  
**Sunday, May 7, 2023**

**Orthros: 9:00 a.m.**  
**Divine Liturgy: 10:00 a.m.**

**Reverend Protopresbyter Anthony Savas**  
**Reverend Father Elias Koucos, Retired**  
**Deacon John Kavas**

[stannagocutah.org](http://stannagocutah.org)  
[franthy@stannagocutah.org](mailto:franthy@stannagocutah.org)



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## Epistle Reading: Acts of the Apostles (9:32-42)

*Prokeimenon. Mode 3. Psalm 46.*

*Sing praises to God; sing praises; sing praises to our King; sing praises.*

*Verse: Oh, clap your hands, all you nations; shout to God with the voice of rejoicing.*



In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

## Gospel Reading: The Gospel According to John (5:1-15)

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel of the Lord went down at certain seasons into the pool, and troubled the



water; whoever stepped in first after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him

### **Christ Is Risen**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

### **Response to First Antiphon**

Through the intercessions of the Theotokos, Savior, save us. (Liturgy Book page 25)

### **Response to Second Antiphon**

Save us, O Son of God, who rose from the dead, save us who sing to You, Alleluia. (Liturgy Book page 29)

### **Response to Third Antiphon**

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

### **Entrance Hymn**

Bless God in the churches, the Lord from the fountains of Israel. Save us, O Son of God, risen from the dead, Alleluia.

### **Resurrectional Apolytikion**

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of His arm. He has trampled down death by death, becoming the first born of the dead. He has delivered us from the depths of hell and has granted to all the world His great mercy. (Liturgy Book page 107)

### **Hymn for the Church**

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

### **Kontakion**

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy. You brought peace to Your holy apostles, and to the fallen You granted resurrection. (Liturgy Book page 275)

### **Trisagion Hymn**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (Liturgy Book page 39)

### **Megalynarion (Hymn for the Theotokos)**

The Angel cried aloud to the Lady full of grace: Rejoice, O pure Virgin; and again I say Rejoice. Your Son has resurrected from the grave on the third day. O Virgin, with one voice, all we believers call you blessed. Metaphorical City and Gate of the Lord, rejoice! Light of your Son's resurrection from the dead shines on us today through you, O Lady. And therefore we salute you: Rejoice!

### **Communion Hymn**

Receive the body, the body of Christ; drink from the font of immortality. (Liturgy Book page 318)

## Hymn after Communion

Christ is risen from the dead, trampling down death by death, and to those in the tombs, He has granted life.

## Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us.  
(Liturgy Book page 95)

## GENERAL ANNOUNCEMENTS

**Online Chapel:** For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

**St. Anna Livestream:** Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

**Epistle Reader:** Sam Simos

### **Memorial Services:**

*Sunday, May 7, 2023:* Stan Kouris (2 years); Val Pantone (1 year)

*Sunday, May 14, 2023:* Caleb Jungert (3 months)

May Their Memory Be Eternal! To schedule a memorial service, please contact Fr. Anthony at [franthonny@stannagocutah.org](mailto:franthonny@stannagocutah.org) or 801-824-3987.

**Fellowship Hour Hosts:** Thank you to everyone who has signed up to host fellowship hour following Sunday liturgy. Please remember that your hosting duties include not only providing the food and setting up but also clean-up at the conclusion of fellowship hour.

**Thank You from Sandra Zoolakis:** Christos Anesti!! I would like to send out a very big Thank You to all who helped so much with the Kouvouklion this year. As always, a big thank you to Chuck Karpakis who helps prepare the Kouvouklion for decorating. This year Chuck put casters on the Kouvouklion to move it around easier. A big thank you to Elias Pylidis who came with me to pick up the huge load of flowers and bring them to the church, and filled many buckets of water to put them in. Thanks to Chuck, Elias and Ron Steele for rounding up all the buckets needed. A big thank you to everyone who plucked rose pedals, bay leaves and cut flowers and the many who helped decorate the Kouvouklion. Thank you to

Stephanie Chachas for the beautiful orchid and lily decor on the candlesticks on the solea. Thank you to Liberty Mudrock, Klea Gallegos, Saunee Cairo, Amber Pananos, Collette Khoury, Jeanette Knowley, Dr. Charles and Elizabeth Beck, Kennedy and Lyndee Chachas, Rose Pylidis, Sophia Ellis and her parents, Georgiann and David Ellis, along with her aunt Heidi Kocolanakis who were visiting from California. A big thank you to everyone and if I have forgotten anyone, please forgive me. Thanks to all for putting up with my fussiness.

## PARISH COUNCIL ANNOUNCEMENTS

**Handicap Parking:** All of the parking spaces against the sidewalk in the front (west side) of the building have been designated for handicap parking. Signs and painted markings will be installed in the coming months. In the meantime, we ask for your cooperation in treating these spaces as reserved for our handicapped parishioners and guests.

**Parish Council Meeting:** The next Parish Council meeting will be held on Monday, May 15, 2023, at 7:00 p.m.

**4<sup>th</sup> Annual St. Anna Golf Classic:** The St. Anna 4<sup>th</sup> Annual Golf Classic will be held on Saturday, June 10, 2023, at Fox Hollow Golf Club, 1400 N. 200 East, American Fork. 4-person scramble format. Registration: 7:00 a.m.; Shotgun start: 8:00 a.m.

Multiple pricing options available:

- Individual Golf Package: \$85 per person (includes green fees, cart, range balls and lunch)
- Yasou Package: \$325 (includes cart, lunch, hole signage, and banner signage)
- 4-Player Package: \$340 (includes green fees, cart, and lunch for four)
- Zorba Package: \$725 per team (includes green fees and lunch for four, cart, hole signage and banner signage)

For more information, contact Sam Soter at [sam.soter@canyonsdistrict.org](mailto:sam.soter@canyonsdistrict.org) or 801-815-3147, or Pam Martinez at [azmrsjtom@gmail.com](mailto:azmrsjtom@gmail.com) or 801-623-7346. All proceeds benefit St. Anna Greek Orthodox Church.

## PHILOPTOCHOS

**Philoptochos Meeting:** The next Philoptochos meeting will be held on Monday, May 22, 2023, at 7:00 p.m.

## STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2023 stewardship cards. As of April 19, we have received 138 stewardship commitments totaling \$369,238, putting us at 95% of our budgeted goal of \$390,000.

If you were a St. Anna Steward the last two years, your 2023 stewardship packet should have been mailed to you. If you are new to the community and would like to become a St. Anna Steward, you can obtain a 2023 Pledge Card. They are on display in the Narthex and available on the parish website.

The generosity and vision of our parishioners has historically been a defining aspect of this community. We very much appreciate your prayerful commitment and continued support. This year will prove to be a particularly historic time in the life of our church. Thank you for being an active part of our every success, unto the glory of God.

## ST. ANNA SERVICE MINISTRY

**Food Support Program:** In 2021 the Diamond Ridge/Entrada Pantry served approximately 300 people per month. This past February alone, nearly 1400 people ranging from infants to seniors utilized the pantry. ***FILL THE BIN!***

## ADULT EDUCATION

**Morning Bible Study:** The Morning Bible Study, led by John Kaloudis at the home of Tom and Carolyn Leitko, 2334 E. Lincoln Lane (directly across the street, south of Olympus High School) is held on Wednesdays at 10:30 a.m. For information, please call the Leitkos at 801-842-2304.

## YOUTH MINISTRY

**Sunday School:** This year we have been studying church history, starting with Pentecost. Be sure to ask your Sunday School students

what they are learning! It is important to learn together as a faith family. Thank you for sharing your children with us.

## COMMUNITY ANNOUNCEMENTS

**Pan Arcadian Western District Scholarship 2023:** The application for the 2023 Pan Arcadian Western District Scholarship is available at [www.panarcadianwest.org/news.htm](http://www.panarcadianwest.org/news.htm). Applicants must be a member of the local Arcadian Chapter #90 OR have a grandparent or parent that is a member. Applications must be postmarked no later than May 22, 2023. Please contact Karen Anastasopoulos at [karenanast@gmail.com](mailto:karenanast@gmail.com) or 801-913-2414 with any questions regarding the scholarship.

**Hellenic Bar Association:** The Hellenic Bar Association is ramping up again and wants to schedule a Spring/Summer event for all past and current members, as well as any lawyers desiring to become members. In order to make sure that we have everyone's current contact information, for future communications and invites, will you please send an email (with Hellenic Bar Association in the subject line) to Thomas W. Peters at [twp@psplawyers.com](mailto:twp@psplawyers.com). Please include the following information in your email communication: Name, Spouses Name, Address, Email and Phone Number. Looking forward to seeing everyone in the near future at an event!

## COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

**Bulletin Announcements:** The next bulletin will be published for Sunday, May 14, 2023. Please send bulletin announcements to Michael Petrogeorge at [mppetrogeorge@gmail.com](mailto:mppetrogeorge@gmail.com) no later than Tuesday, May 9, 2023, at 5:00 p.m. Thank you!

## PRAYER LIST

Alexis, Amie, Amy, Anna, Calley, Caroline, Deborah, Elaine, Liz, Lynn, Marylynn, Melany, Michael, Nicole, Pari, Penny, Richard, Ryley, Steve, Theodore, Travis, Tyler, and Vanni

Please email Michael Petrogeorge at [mppetrogeorge@gmail.com](mailto:mppetrogeorge@gmail.com) by Tuesday at 5:00 p.m. to add or remove names from the list.



## PARISH CALENDAR

Visit the [parish website](#) to access an electronic copy of the parish calendar. Unless otherwise specified, all events will be held at St. Anna Greek Orthodox Church, 9201 S. 1300 East, Sandy.

### Sunday, May 7, 2023 (Sunday of the Paralytic)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

### Wednesday, May 10, 2023

- 10:30 a.m.: Morning Bible Study at Leitko Residence

### Thursday, May 11, 2023

- 1:00 p.m.: Choir practice

### Sunday, May 14, 2023 (Sunday of the Samaritan Woman – Mother's Day)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

### Wednesday, May 17, 2023

- 10:30 a.m.: Morning Bible Study at Leitko Residence

### Sunday, May 21, 2023 (Sunday of the Blind Man)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

### Wednesday, May 24, 2023

- 10:30 a.m.: Morning Bible Study at Leitko Residence

### Thursday, May 25, 2023 (The Feast of the Ascension)

- 8:00 a.m.: Orthros
- 9:00 a.m.: Divine Liturgy
- 1:00 p.m.: Choir practice

### Sunday, May 28, 2023 (Fathers of the 1<sup>st</sup> Council)

- 9:00 a.m.: Orthros
- 10:00 a.m.: Divine Liturgy

### Wednesday, May 31, 2023

10:30 a.m.: Morning Bible Study at Leitko Residence



1400 N 200 E,  
American Fork,  
UT 84003

4 PERSON/TEAM  
SCRAMBLE TOURNAMENT



4TH ANNUAL  
ST. ANNA  
**GOLF**  
Classic

FOR MORE INFORMATION  
CONTACT: Sam Soter  
sam.soter@canyonsdistrict.org  
801-815-3147  
OR  
Pam Martinez  
azmrsjtom@gmail.com  
801-623-7346

**Per Person:**

**\$85**

**INCLUDES:**

- GREEN FEES
- CART
- LUNCH
- RANGE BALLS

**YASOO PACKAGE**

**\$325**

**INCLUDES:**

- CART
- LUNCH
- HOLE SIGNAGE
- BANNER SIGNAGE

**ZORBA PACKAGE**

**\$725**

**INCLUDES:**

- 4 GREEN FEES
- CART
- HOLE SIGNAGE
- BANNER SIGNAGE

**4- PLAYER**

**PACKAGE \$340**

**INCLUDES:**

- GREEN FEES
- CART
- LUNCH

4 PERSON SCRAMBLE  
FORMAT

**SATURDAY**  
**JUNE 10,**  
**2023**

ALL PROCEEDS BENEFIT  
ST. ANNAS GREEK  
ORTHODOX CHURCH



REGISTRATION BEGINS 7:00 AM  
SHOTGUN STARTS 8:00 AM



## **Saint Anna Parish Fishing Trip to Strawberry Reservoir**

**This year's fishing trip to Strawberry Reservoir will take place Thursday, June 29, through Sunday, July 2, 2023.** Bring your motor home, trailer or tent and join us at our reserved pavilion and group campground or stay at Strawberry Bay or Daniel's Summit Lodge. For room, boat, and slip rentals, call or click Strawberry Lodge at 435-548-2500 or [www.strawberrybay.com](http://www.strawberrybay.com) or Daniels Summit Lodge at 800-519-9969 or [www.danielssummit.com](http://www.danielssummit.com)

**Participant reservations will begin during fellowship hour May 7<sup>th</sup> and end at a future date when our maximum capacity of 150 participants has been reached. You will then need to call or click to book rooms, boats, and slips as needed since they will book up long before the trip begins.** Join in this fun family event which offers great fellowship, wonderful food, nightly group gatherings, super fishing, and Sunday Divine Liturgy, all in the beauty of God's creation at 7000 feet elevation.

Any questions contact Chuck Karpakis at [chuckkarpakis@gmail.com](mailto:chuckkarpakis@gmail.com) or 801-573-6938 or Mark Vrontikis at [mark@vrontikis.com](mailto:mark@vrontikis.com) or 801-231-5525.



# St. Anna Food Support Program

## HELP FIGHT HUNGER

Food Collection Site  
Serving Sandy Area Food Pantries

Drop Off Days and Times:

Sundays 9am to 12pm  
Tuesdays 10am to 6pm

### Needed Food Items

Canned meat / Tuna  
Instant Meals  
Canned chili / Stews  
Rice / Noodles

Flour/ Sugar / Dry milk  
Peanut butter / Jelly / Jam  
Granola bars / Snacks  
Canned fruit / Canned veggies



Please drop off your donations in  
the big blue bin at:  
St. Anna Greek Orthodox Church  
9201 South 1300 East

SALT LAKE CITY, UTAH

PAA  
DISTRICT 5 CONFERENCE  
*spring horoesperitha*

## SATURDAY MAY 20

DINNER | DESSERT | CASH BAR | DANCERS | MUSICIANS | 50-50 RAFFLE

HOLY TRINITY MEMORIAL BUILDING  
DOORS OPEN AT 6:00 P.M.

**LYRA**  
ANDREAS LILIKAKIS

**LAUTO**  
MIHALIS FOURNARAKIS & MIHALIS MAVROUDIS

### PRESALE PRICES

KIDS (7 & UNDER)	FREE
YOUTH (8-15)	\$20.00
ADULT (16 & UP)	\$50.00
PRICES INCREASE BY \$15 AT THE DOOR	

CONTACT FOR QUESTIONS  
STACI MIHALOPOULOS: 801- 580-0119  
NICOLETTE LYHNAKIS: 801- 971-7693

TABLES ARE FIRST COME FIRST SERVE

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VISIT THE LINK BELOW



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