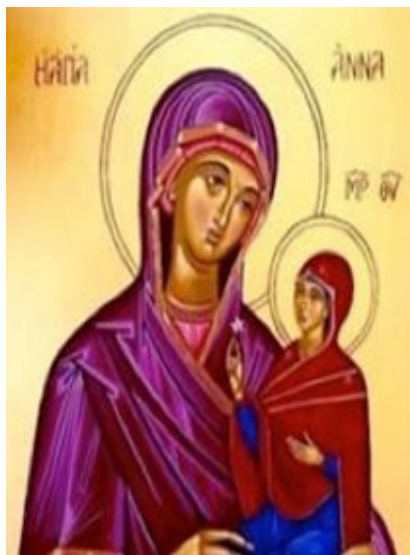




St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Judgment Sunday / Meatfare Sunday

Sunday, March 10, 2024

Orthros: 9:00 a.m.

Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas

Reverend Protopresbyter Elias Koucos, Retired

Deacon John Kavass

stannagocutah.org

franthy@stannagocutah.org



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Epistle Reading: Paul's First Letter to the Corinthians (8:8-13; 9:1-2)

Prokeimenon. Mode 3. Psalms 146, 134.

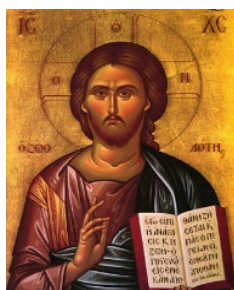
Great is our Lord, and great is His strength.

Verse: Praise the Lord, for the Lord is good.



Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Gospel Reading: The Gospel According to Matthew (25:31-46)



The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink?

And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you? And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us (3)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to You, Alleluia (3). (Liturgy Book page 29)

Response to Third Antiphon

By Your cross, O Lord, You destroyed death; to the thief You opened paradise. The myrrh-bearers' sorrow You transformed into joy, and You sent Your apostles forth to proclaim that You had risen from the dead, Christ our God, bestowing on all the world Your great mercy. (Liturgy Book page 123)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

By Your cross, O Lord, You destroyed death; to the thief You opened paradise. The myrrh-bearers' sorrow You transformed into joy, and You sent Your apostles forth to proclaim that You had risen

from the dead, Christ our God, bestowing on all the world Your great mercy. (Liturgy Book page 123)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

When You come to the earth, O God, in Your glory, all creation will tremble and a river of fire will flow before Your throne of judgment. The books will be opened and the secrets of all will be revealed. On that day, O just Judge, deliver me from eternal flames and make me worthy to stand at Your right. (Liturgy Book page 261)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3). (Liturgy Book page 39)

Megalynarion (Hymn for the Theotokos)

It is truly right to call you blessed O Theotokos, ever blessed, most pure and the mother, the mother of our God. More hon'orable than the cherubim and more glorious beyond compare than the seraphim. In virginity you gave birth to God, to God the word. Truly the Theotokos, we magnify you, we magnify you. (Liturgy Book page 69)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest (3). Alleluia (Liturgy Book page 83)

Hymn after Communion

We have seen the true light; we have received the heav'nly spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us.
(Liturgy Book page 95).

GENERAL ANNOUNCEMENTS

Online Chapel: For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

St. Anna Livestream: Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

Memorial Services – May Their Memories Be Eternal: To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

Epistle Readers:

TODAY, March 10, 2024: Elena Gounaris

March 17, 2024: Dimitri Savas

March 24, 2024: Jonathan Petrogeorge

March 31, 2024: Eva Williams

Parking: For Sunday services, the parish has arranged for overflow parking in the Lunatic Fringe parking lot to the south and the KinderCare parking lot to the north. Feel free to park in one of these lots if the main parking lot is full.

Communion/Sunday School Dismissal: Communion and Sunday School dismissal will proceed as follows:

- **First: Sunday School teachers.** Father Anthony will dismiss all Sunday School teachers for communion. Sunday School teachers will line up first. Teachers receiving communion will leave their seats when dismissed by Father Anthony and process up the side aisles to receive communion and down the center aisle after receiving communion and proceed to their classrooms.
- **Second: Sunday School Students.** As soon as teachers are in line, all Sunday School students receiving communion will leave their seats, and process up the side aisles, and line

up behind the teachers to receive communion. Students should not leave their seats to enter the aisles until the Sunday School teachers are lined up. After receiving communion students will follow teachers down the center aisle and proceed to their classrooms.

- **Third: All Other Parishioners Receiving Communion (Besides Choir).** After Sunday School students have received communion the Parish Council ushers will dismiss all parishioners wishing to receive communion. Parishioners will be dismissed by a Parish Council usher, row-by-row, from back to front. Parishioners should leave their row only when invited to do so by a Parish Council usher (and not before). Upon dismissal of their row, parishioners wishing to receive communion shall process up the side aisles to receive communion and down the center aisle after receiving communion to return to their seats.
- **Fourth: Choir Members.** Choir members wishing to receive communion will be dismissed last, after all other parishioners have received communion.

Your patience and cooperation in implementing the above will be greatly appreciated!

FELLOWSHIP ANNOUNCEMENTS

Today's fellowship hour is sponsored by the Soter and Williams families.

If you would like to host fellowship hour on these dates or any future date, please contact Julie Steele at 801-971-5277 or sign up in the binder available during fellowship hour after church.

In addition to bringing refreshments for fellowship hour, fellowship hosts are expected to set up their food prior to fellowship hour AND clean up after fellowship hour. Thank you in advance for your generosity and support of our fellowship ministry!

STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2024 stewardship cards. As of February 26, we have received 137 stewardship commitments totaling \$366,849, putting us at 80.6% of our budgeted goal (\$455,000).

The 2024 budget approved at our Fall Parish Assembly calls for a fourteen percent (14%) increase in total stewardship commitments (as compared to the 2023 budget) to meet the increased financial commitments associated with the financing obtained to fund the purchase of our property, the build out of our sanctuary, and the other renovations and improvements at our church. We are off to a good start and with the support and participation of our faithful parishioners we are confident this goal can be achieved.

If you were a St. Anna Steward the last two years, your 2024 stewardship packet should have been mailed to you weeks ago. If you are new to the community and would like to become a St. Anna steward, you can still obtain a 2024 stewardship commitment card. They are on display in the Narthex and available on the [parish website](#).

The generosity and vision of our parishioners has historically been a defining aspect of this community. We very much appreciate your prayerful commitment and continued support. Thank you for being an active part of our every success, unto the glory of God!

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held Monday, March 18, 2024, at 7:00 p.m.

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Meeting: Our next meeting will be held Monday, March 25, 2024, at 6:30 p.m.

FOREVER YOUNG

Next Gathering: The next gathering of Forever Young will be held Thursday, March 21, 2024, at 11:30 a.m.

ST. ANNA FISHING TRIP & FAMILY RETREAT AT 8000 FEET

June 20-23, 2024, at Daniels Summit Lodge
(www.danielssummit.com)

In addition to great fishing at Strawberry Reservoir, many other family-oriented activities are available at or near the Lodge, including swimming, hot tub, ATV rentals, hiking, mountain biking, horseback riding, golfing in Heber Valley, Heber Creeper Historic Railroad ride, zip lines, and various kids' activities on the grounds of the Lodge.

This information is critical to securing your lodging which could go fast. More detailed information and registration forms will be forthcoming.

Lodging & Camping

A block of rooms has been set aside for our event at Daniels Summit Lodge. Both single king and double queen rooms are available for \$150 on Thursday and Friday and \$160 on Saturday. Contact Shayla or Becky at 435-548-2300 ASAP to secure a room as they are limited. Mention our St. Anna Church Group.

Developed campsites at Lodgepole campground, less than a mile down canyon from the Lodge, can be reserved online at: www.recreation.gov/camping/campgrounds/231930. Campsite fees are \$28.00 per night with a 50% discount for Senior Pass holders. Reserve a spot ASAP.

Dispersed or primitive RV or tent camping is allowed on Forest Service property adjacent to the Lodge's southeast boundary along Main Canyon Rd (Forest Service Road 046) There is no charge for use of this public land.

Meals

Full group meals will be enjoyed on Friday and Saturday nights in the Summit Banquet room & patio of the Daniels Summit Lodge. Lodge and Marina restaurants are available for non-group meals.

Questions

Contact Mark Vrontikis at 801-231-5525 or mark@vrontikis.com or Chuck Karpakis at 801-573-6938 or chuckkarpakis@gmail.com.

YOUTH MINISTRY ANNOUNCEMENTS

2024 GOYA Basketball Tournament: Congratulations to St. Anna's GOYA Basketball Team, consisting of Zaid Dawood, Dimitri Savas, Nicholas Simos, Sam Simos, Cole Chandler (SLC), Liam Soderquist (Ogden), and coaches Steve Simos and Gerard Gallegos. The team recently competed at the Metropolis of Denver Basketball Tournament in Tulsa, Oklahoma, winning all 5 of its games to go undefeated!



ADULT RELIGIOUS EDUCATION ANNOUNCEMENTS

Morning Bible Study: Morning Bible Study, led by John Kaloudis, is held on Wednesdays at 10:30 a.m. We will be discussing Matthew's Gospel and meet at St. Anna. For more information contact John Kaloudis at 801-230-5121.

YOUTH MINISTRY ANNOUNCEMENTS

JOY: JOY meets the third Thursday of every month at 7:00 p.m. The next meeting will be held March 21, 2024. All children in grades 1-5 are welcome and encouraged to attend!

ST. ANNA SERVICE MINISTRY ANNOUNCEMENTS

Food Support Program: The Diamond Ridge/Entrada Pantries rely totally on ongoing donations from our St. Anna Food Collection Site and the Utah Food Bank. ***FILL THE BIN!***

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

The next bulletin will be published for Sunday, March 17, 2024. Please send requested announcements to Michael Petrogeorge at

mppetrogeorge@gmail.com no later than **Tuesday, March 12, 2024,**
at 5:00 p.m. Thank you!

PRAYER LIST

Alex, Charles, Chris, Chrissy, Daniel, Emily, Emmanouel, Eva,
Jami, Joey, Katherine, Luke, Maria, Mariam, Mary Lynn, Omar,
Pam, Penny, Phil, Tammy

Please email Michael Petrogeorge at mppetrogeorge@gmail.com by
Tuesday at 5:00 p.m. to add names to the prayer list.

PARISH CALENDAR

Visit the [parish website](#) for an electronic copy. Unless otherwise
specified, all events will be held at St. Anna Greek Orthodox
Church, 9201 S. 1300 East, Sandy.

Sunday, March 10, 2024 (Judgement Sunday / Meatfare Sunday)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Wednesday, March 13, 2024

- 10:30 a.m.: Morning Bible Study

Saturday, March 16, 2024 (Saturday of Souls)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Sunday, March 17, 2024 (Forgiveness Sunday / Cheesefare Sunday)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 7:00 p.m.: Great Vespers

Monday, March 18, 2024 (First Day of Lent)

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Parish Council Meeting

Wednesday, March 20, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Friday, March 22, 2024

- 7:00 p.m.: Salutations to the Theotokos

Sunday, March 23, 2024 (Saturday of Souls)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Sunday, March 24, 2024 (Sunday of Orthodoxy)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 7:00 p.m.: Annunciation Great Vespers

Monday, March 25, 2024 (Annunciation)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 6:00 p.m.: Great Compline
- 7:00 p.m.: Philoptochos Meeting

Wednesday, March 27, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Friday, March 22, 2024

- 6:00 p.m.: Salutations to the Theotokos and Lenten Retreat with Dr. Evgenia Constantinou

Sunday, March 31, 2024 (Sunday of St. Gregory Palamas)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, April 1, 2024

- 6:00 p.m.: Great Compline

Wednesday, April 3, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Friday, April 5, 2024

- 6:00 p.m.: Salutations to the Theotokos

Sunday, April 7, 2024 (Sunday of St. Gregory Palamas)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, April 8, 2024

- 6:00 p.m.: Great Compline

Wednesday, April 10, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Friday, April 12, 2024

- 6:00 p.m.: Salutations to the Theotokos followed by GOYA Lenten Retreat



St. Anna Lenten Retreat

Author of
"Thinking
Orthodox" and
"The Crucifixion
of the King of
Glory."

Friday
March 29 | 6:00 PM

With Dr. Evgenia Constantinou

Following the Salutations Service, stay and enjoy Fellowship, a Discussion, Q/A, and Book Signing with one of the most relevant Orthodox Christian Biblical Scholars of our day. Dr. Jeannie is a prolific author, respected academic, dynamic speaker and featured host on Ancient Faith Radio. This Retreat is a joint venture with our Sister Parish of the Annunciation in Pocatello, ID. We are all encouraged to join them on Saturday for the continuation of her presentation. Friday down here. Saturday up there, from 9:30 am to 4:30 pm. Please join us for this opportunity to learn and grow!

St. Anna Greek Orthodox Church

Lenten Schedule 2024



Week One

Sunday, March 17, Forgiveness Great Vespers, 7:00 pm
Monday, March 18, Great Compline, 6:00 pm
Wednesday, March 20, Presanctified Liturgy, 6:00 pm
Friday, March 22, Salutations to the Theotokos, 7:00 pm
Saturday, March 23, Saturday of the Souls, 9/10:00 am

Week Two

Sunday, March 24, First Sunday of Lent
Sunday of Orthodoxy Procession
Annunciation Great Vespers, 7:00 pm
Monday, March 25, Annunciation 9/10 am Great Compline, 6:00 pm
Wednesday, March 27, Presanctified Liturgy 6:00 pm
Friday, March 29, Salutations to the Theotokos, 6:00 pm *
Parish Lenten Retreat to Follow with Dr. Jeannie Constantinou

Week Three

Sunday, March 31, Second Sunday of Lent
Monday, April 1, Great Compline, 6:00 pm
Wednesday, April 3, Presanctified Liturgy, 6:00 pm
Friday, April 5, Salutations to the Theotokos, 7:00 pm

Week Four

Sunday, April 7, Third Sunday of Lent
Procession of the Holy Cross
Godparent Sunday
Monday, April 8, Great Compline, 6:00 pm
Wednesday, April 10, Presanctified Liturgy, 6:00 pm
Friday, April 12, Salutations to the Theotokos, 7:00 pm
GOYA Lenten Retreat to Follow

Week Five

Sunday, April 14 Fourth Sunday of Lent
Monday, April 15, Great Compline, 6:00 pm
Wednesday, April 17, Presanctified Liturgy, 6:00 pm
Friday, April 19, Akathyst Hymn, 7:00 pm
Sunday, April 21, Fifth Sunday of Lent

*Salutations to the Theotokos is one hour earlier to accommodate the timing of our Lenten Retreat.

St. Anna Greek Orthodox Church of Sandy, Utah