



St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094

385-313-9358



Forgiveness Sunday / Cheesefare Sunday

Sunday, March 17, 2024

Orthros: 9:00 a.m.

Divine Liturgy: 10:00 a.m.

**Reverend Protopresbyter Anthony Savas
Reverend Protopresbyter Elias Koucos, Retired
Deacon John Kavass**

stannagocutah.org

franthy@stannagocutah.org



Internet Services Donated by XMission



Epistle Reading: Paul's Letter to the Romans (13:11-14; 14:1-4)

Prokeimenon. Mode pl. 4. Psalm 75.

Pray and return to the Lord Your God.

Verse: In Judah God is known; His name is great in Israel.



Brethren, salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for God is able to make him stand.

Gospel Reading: The Gospel According to Matthew (6:14-21)



The Lord said, "If you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor

rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also."

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us (3)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, who rose from the dead, save us who sing to You, Alleluia (3). (Liturgy Book page 29)

Response to Third Antiphon

From on high You descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to You, O Lord. (Liturgy Book page 127)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

From on high You descended, O merciful Lord. You accepted the cross and three days in the tomb to free us from the bondage of sin, O our life and resurrection. Glory to You, O Lord. (Liturgy Book page 127)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

O You who are the source of all wisdom and discernment, instructor of the ignorant and champion of the poor; strengthen my heart, O Master, and grant me understanding. O Word of the Father, bring words to my lips, that nothing would keep me from

crying out to You: In Your compassion have mercy on me, for I have fallen. (Liturgy Book page 265)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3).
(Liturgy Book page 39)

Megalynarion (Hymn for the Theotokos)

It is truly right to call you blessed O Theotokos, ever blessed, most pure and the mother, the mother of our God. More hon'orable than the cherubim and more glorious beyond compare than the seraphim. In virginity you gave birth to God, to God the word. Truly the Theotokos, we magnify you, we magnify you. (Liturgy Book page 69)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest (3). Alleluia (Liturgy Book page 83)

Hymn after Communion

We have seen the true light; we have received the heav'nly spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95).

GENERAL ANNOUNCEMENTS

Online Chapel: For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

St. Anna Livestream: Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

Memorial Services – May Their Memories Be Eternal:

TODAY, Sunday, March 17, 2024: Michael Gallegos (40 days); Mary Barker (1 year)

Sunday, April 7, 2024: We have been given special permission to celebrate a Memorial Service on the Third Sunday of Great Lent,

the Sunday of the Cross, and welcome Presbytera Eleni Foreso and her children, as we honor her husband, Fr. Jimi Foreso, together with Heirmonk Ambrose Omayas and Fr. James Tavlarides, all of Blessed Memory. The icons of Ss. Iakovos and Ambrose of Milan were chosen and sponsored to honor these lovely priests and their patron saints. May their memories be eternal as they continue to serve as presbyters before the very Throne of God.

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

Epistle Readers:

TODAY, March 17, 2024: Dimitri Savas

March 24, 2024: Jonathan Petrogeorge

March 31, 2024: Eva Williams

FELLOWSHIP ANNOUNCEMENTS

Thank you to the Gallegos family for hosting today's fellowship hour.

If you would like to host fellowship hour on these dates or any future date, please contact Julie Steele at 801-971-5277 or sign up in the binder available during fellowship hour after church.

In addition to bringing refreshments for fellowship hour, fellowship hosts are expected to set up their food prior to fellowship hour AND clean up after fellowship hour. Thank you in advance for your generosity and support of our fellowship ministry!

Godparent Sunday: Sunday, April 7, 2024, Sunday of the Holy Cross, is Godparent Sunday at St. Anna. Invite your Godparents/Godchildren from any parish to join you at St. Anna for Communion and fellowship!

Congratulations: Congratulations to the winners of our parish St. John Chrysostom Oratorical Festival, held this past Sunday. Elena Gounaris placed first in the senior division, and Nicholas Simos placed first in the junior division. Both Elena and Nicholas will represent St. Anna at the Metropolis of Denver Oratorical Festival

to be held in April at St. Dionysios Greek Orthodox Church in Overland Park, Kansas.

Lenten, Holy Week and Paschal Donations: Donations are requested for the following items needed for our Lenten, Holy Week and Paschal services (prices have not increased from prior years):

Lent:

Daffodils for Sunday of the Holy Cross	\$130.00
Flowers for Salutations to the Theotokos	5 @ \$120.00
Incense for Lent, Holy Week & Pascha	\$100.00

Palm Sunday:

Palm Strips for Crosses and Decorative Palms	\$250.00
--	----------

Holy Week & Pascha:

Flowers for Bridegroom Icon	\$350.00
Floral Wreath for the Crucifix	\$200.00
12 Candles – Service of 12 Gospels	12 @ \$5.00
Rose Petals for Lamentation Service	\$60.00
Rose Petals for Holy Saturday/Pascha	\$600.00
Case of Bay Leaves for Holy Saturday/Pascha	\$125.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$200.00
Gardenias for Holy Friday and Holy Saturday	\$350.00
Easter Lillies for the Solea	\$325.00
Altar Candles for Paschal Season	\$650.00
Three Cases of Brown Eggs for the Anastasi	\$200.00
Ribbon & Net for Eggs	\$100.00
Flowers for Kouvouklion (Holy Friday)	\$2,000.00
Guest Chanter Stipend and Travel Expenses	\$3,000.00

Please return your donation in the memorial envelope available at the Pangari (narthex counter), which has a place for you to write the names of the departed loved ones whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios. In the event more funds are collected than

required, excess monies will be placed in the Benevolence/Altar Fund. The full amount of our collection will be printed in the weekly bulletin following Pascha (Easter).

Thank you for contributing towards the dignity and beauty of our divine services!

STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2024 stewardship cards. As of March 13, we have received 142 stewardship commitments totaling \$377,199, putting us at 83% of our budgeted goal (\$455,000).

The 2024 budget approved at our Fall Parish Assembly calls for a fourteen percent (14%) increase in total stewardship commitments (as compared to the 2023 budget) to meet the increased financial commitments associated with the financing obtained to fund the purchase of our property, the build out of our sanctuary, and the other renovations and improvements at our church. With the support and participation of our faithful parishioners we are confident this goal can be achieved.

If you are new to the community and would like to become a St. Anna steward, you can still obtain a 2024 stewardship commitment card. They are on display in the Narthex and available on the [parish website](#).

The generosity and vision of our parishioners has historically been a defining aspect of this community. We very much appreciate your prayerful commitment and continued support. Thank you for being an active part of our every success, unto the glory of God!

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held tomorrow, Monday, March 18, 2024, at 7:00 p.m.

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Meeting: Our next meeting will be held Monday, March 25, 2024, at 6:30 p.m.

ST. ANNA FISHING TRIP & FAMILY RETREAT AT 8000 FEET

June 20-23, 2024, at Daniels Summit Lodge
(www.danielssummit.com)

In addition to great fishing at Strawberry Reservoir, many other family-oriented activities are available at or near the Lodge, including swimming, hot tub, ATV rentals, hiking, mountain biking, horseback riding, golfing in Heber Valley, Heber Creeper Historic Railroad ride, zip lines, and various kids' activities on the grounds of the Lodge.

This information is critical to securing your lodging which could go fast. More detailed information and registration forms will be forthcoming.

Lodging & Camping

A block of rooms has been set aside for our event at Daniels Summit Lodge. Both single king and double queen rooms are available for \$150 on Thursday and Friday and \$160 on Saturday. Contact Shayla or Becky at 435-548-2300 ASAP to secure a room as they are limited. Mention our St. Anna Church Group.

Developed campsites at Lodgepole campground, less than a mile down canyon from the Lodge, can be reserved online at: www.recreation.gov/camping/campgrounds/231930. Campsite fees are \$28.00 per night with a 50% discount for Senior Pass holders. Reserve a spot ASAP.

Dispersed or primitive RV or tent camping is allowed on Forest Service property adjacent to the Lodge's southeast boundary along Main Canyon Rd (Forest Service Road 046) There is no charge for use of this public land.

Meals

Full group meals will be enjoyed on Friday and Saturday nights in the Summit Banquet room & patio of the Daniels Summit Lodge. Lodge and Marina restaurants are available for non-group meals.

Questions

Contact Mark Vrontikis at 801-231-5525 or mark@vrontikis.com or Chuck Karpakis at 801-573-6938 or chuckkarpakis@gmail.com.

YOUTH MINISTRY ANNOUNCEMENTS

JOY: JOY meets the third Thursday of every month at 7:00 p.m. The next meeting will be held March 21, 2024. All children in grades 1-5 are welcome and encouraged to attend!

Save the Date - GOYA Lenten Retreat: Our annual GOYA Lenten Retreat will be held Friday, April 12, 2024 (following Salutations) and Saturday, April 13, 2024, at the Rogers' Ranch just outside Park City, Utah. Plenty of parental supervision will be provided. More info to come! Text Fr. Anthony at 801-824-3987 with any questions.

FOREVER YOUNG

Next Gathering: The next gathering of Forever Young will be held Thursday, March 21, 2024, at 11:30 a.m.

ADULT RELIGIOUS EDUCATION ANNOUNCEMENTS

Morning Bible Study: Morning Bible Study, led by John Kaloudis, is held on Wednesdays at 10:30 a.m. We will be discussing Matthew's Gospel and meet at St. Anna. For more information contact John Kaloudis at 801-230-5121.

ST. ANNA SERVICE MINISTRY ANNOUNCEMENTS

Food Support Program: The Diamond Ridge/Entrada pantries are serving increasing numbers of our neighbors facing hunger. In addition to the nonperishables listed on the attached flyer, urgently needed food items include: canned meats, canned fruit (pop tops), pasta and sauces. ***FILL THE BIN!***

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

The next bulletin will be published for Sunday, March 24, 2024. Please send requested announcements to Michael Petrogeorge at mppetrogeorge@gmail.com no later than **Tuesday, March 19, 2024, at 5:00 p.m.** Thank you!

PRAYER LIST

Alex, Charles, Chris, Chrissy, Daniel, Emily, Emmanouel, Eva,
Jami, Joey, Katherine, Luke, Maria, Mariam, Mary Lynn, Omar,
Pam, Penny, Phil, Tammy

Please email Michael Petrogeorge at mppetrogeorge@gmail.com by Tuesday at 5:00 p.m. to add names to the prayer list.

PARISH CALENDAR

Visit the [parish website](#) for an electronic copy. Unless otherwise specified, all events will be held at St. Anna Greek Orthodox Church, 9201 S. 1300 East, Sandy.

Sunday, March 17, 2024 (Forgiveness Sunday / Chesefare Sunday)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 7:00 p.m.: Forgiveness Great Vespers

Monday, March 18, 2024 (First Day of Lent)

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Parish Council Meeting

Wednesday, March 20, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Friday, March 22, 2024

- 7:00 p.m.: Salutations to the Theotokos

Saturday, March 23, 2024 (Saturday of Souls)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Sunday, March 24, 2024 (Sunday of Orthodoxy)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy and Sunday of Orthodoxy Procession
- 7:00 p.m.: Annunciation Great Vespers

Monday, March 25, 2024 (Annunciation)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 6:00 p.m.: Great Compline
- 7:00 p.m.: Philoptochos Meeting

Wednesday, March 27, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Friday, March 22, 2024

- 7:00 p.m.: Salutations to the Theotokos and Lenten Retreat with Dr. Evgenia Constantinou



Lenten Schedule 2024

Week Three

Sunday, March 31, Second Sunday of Lent
Monday, April 1, Great Compline, 6:00 pm
Wednesday, April 3, Presanctified Liturgy, 6:00 pm
Friday, April 5, Salutations to the Theotokos, 7:00 pm

Week One

Sunday, March 17, Forgiveness Great Vespers, 7:00 pm
Monday, March 18, Great Compline, 6:00 pm
Wednesday, March 20, Presanctified Liturgy, 6:00 pm
Friday, March 22, Salutations to the Theotokos, 7:00 pm
Saturday, March 23, Saturday of the Souls, 9/10:00 am

Week Two

Sunday, March 24, First Sunday of Lent
Sunday of Orthodox Procession
Annunciation Great Vespers, 7:00 pm
Monday, March 25, Annunciation 9/10 am Great Compline, 6:00 pm
Wednesday, March 27, Presanctified Liturgy 6:00 pm
Friday, March 29, Salutations to the Theotokos, 6:00 pm *
Parish Lenten Retreat to Follow with Dr. Jeannie Constantinou

Week Four

Sunday, April 7, Third Sunday of Lent
Procession of the Holy Cross
Godparent Sunday
Monday, April 8, Great Compline, 6:00 pm
Wednesday, April 10, Presanctified Liturgy, 6:00 pm
Friday, April 12, Salutations to the Theotokos, 7:00 pm
GOYA Lenten Retreat to Follow

Week Five

Sunday, April 14 Fourth Sunday of Lent
Monday, April 15, Great Compline, 6:00 pm
Wednesday, April 17, Presanctified Liturgy, 6:00 pm
Friday, April 19, Akathyst Hymn, 7:00 pm
Sunday, April 21, Fifth Sunday of Lent
*Salutations to the Theotokos is one hour earlier to accomodate the timing of our Lenten Retreat.

St. Anna Greek Orthodox Church of Sandy, Utah

St. Anna Food Support Program HELP FIGHT HUNGER

**Food Collection Site
Serving Sandy Area Food Pantries**

Drop Off Days and Times:

**Sundays 9am to 12pm
Tuesdays 10am to 6pm**

Needed Food Items

**Canned meat / Tuna
Instant Meals
Canned chili / Stews
Rice / Noodles**

**Flour/ Sugar / Dry milk
Peanut butter / Jelly / Jam
Granola bars / Snacks
Canned fruit / Canned veggies**



Please drop off your donations in
the big blue bin at:
St. Anna Greek Orthodox Church
9201 South 1300 East

*April 7th, the
Sunday of the Cross is
Godparent Sunday at
St. Anna Greek
Orthodox Church of
Sandy, Utah*



5th Annual ST. ANNA GOLF Classic

4 Person/Team
Scramble
Tournament



1400 N 200 E
American Fork, UT

**Saturday
June 1st**

For More Information
Contact: Sam Soter
sam.soter@canyonsdistrict.org

Per Person

\$90

Green Fees
Cart
Lunch
Range Balls

Ace Pack

\$350

4 Players
Green Fees
Cart
Lunch

Club Pro Pack

\$400

Hole Signage
Banner Signage
Sponsor 1 Player

Tour Pro Pack

\$800

4 Green Fees
Cart
Hole Signage
Banner Signage

All Proceeds Benefit St. Annas Greek Orthodox Church
Registration starts at 7:00 AM Shotgun starts at 8:00 AM



St. Anna Youth Ministries Presents Our

2024

GOYA
Lenten

RETREAT

*Evening of Friday
April 12-Saturday,
April 13*

**Held at the Rodgers' Ranch
Just Outside Park City, Utah**

More Info to Come. Save the Dates from Now!
Plenty of Parent Supervision. Text Fr. Anthony
with Questions at 801-824-3987



St. Anna Lenten Retreat

Author of
"Thinking
Orthodox" and
"The Crucifixion
of the King of
Glory."

Friday
March 29 | 6:00 PM

With Dr. Evgenia Constantinou

Following the Salutations Service, stay and enjoy Fellowship, a Discussion, Q/A, and Book Signing with one of the most relevant Orthodox Christian Biblical Scholars of our day. Dr. Jeannie is a prolific author, respected academic, dynamic speaker and featured host on Ancient Faith Radio. This Retreat is a joint venture with our Sister Parish of the Annunciation in Pocatello, ID. We are all encouraged to join them on Saturday for the continuation of her presentation. Friday down here. Saturday up there, from 9:30 am to 4:30 pm. Please join us for this opportunity to learn and grow!