



St. Anna Greek Orthodox Church
9201 South 1300 East, Sandy, UT 84094
385-313-9358



Sunday of the Holy Cross
Sunday, April 7, 2024

Orthros: 9:00 a.m.
Divine Liturgy: 10:00 a.m.

Reverend Protopresbyter Anthony Savas
Reverend Protopresbyter Elias Koucos, Retired
Reverend Dr. Christopher Flesoras
Deacon John Kavass

stannagocutah.org
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Epistle Reading: Paul's Letter to the Hebrews (Heb. 4:14-16; 5:1-6)

Prokeimenon. Mode pl. 2. Psalm 27.

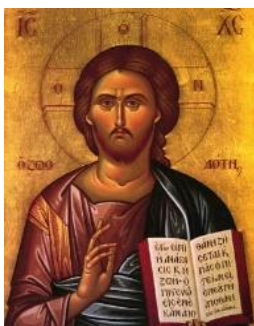
O Lord, save Your people, and bless Your inheritance.

Verse: To You, O Lord, I cry; O my God, may You not pass over me in silence.



Brethren, since we have a high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "You are my Son, today I have begotten you"; as he says also in another place, "You are a priest for ever, after the order of Melchizedek."

Gospel Reading: The Gospel According to Mark (8:34-38; 9:1)



The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And

he said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power.”

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us. (4)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, risen from the dead, We sing to You, Alleluia. (4). (Liturgy Book page 29)

Response to Third Antiphon

Save, O Lord, save Your people and bless Your inheritance. Give vict'ry to those who battle evil and protect us all by Your holy cross. (Liturgy Book page 181)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

Let the heavens rejoice and the earth be glad, for the Lord has shown the mighty power of His arm. He has trampled down death by death, becoming the first born of the dead. He has delivered us from the depths of hell and has granted to all the world His great mercy. (Liturgy Book page 107)

Hymn for the Feast

Save, O Lord, save Your people and bless Your inheritance. Give vict'ry to those who battle evil and protect us all by Your holy cross. (Liturgy Book page 181)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

Victorious Lady, mighty champion defending us, we your servants now inscribe to you this hymn of thanks, for you rescued us from stuff'ring and tribulation. Theotokos, with your power that can never fail, keep us safe from ev'ry danger our whole life long that we may cry to you: Rejoice, O Bride unwedded. (Liturgy Book page 269).

Trisagion Hymn

Before Your cross we bow down, O Master, and we glorify Your holy resurrection. (3). (Liturgy Book page 291)

Megalynarion (Hymn for the Theotokos)

In you, O woman full of grace, all creation rejoices, the orders of angels and the race of mankind. O hallow'd temple and spiritual paradise, glory of virginal souls, from you our God was incarnate and became a child, He who is God from all ages. By making your womb His throne He made you more spacious, more spacious than all the heavens. In you, O woman full of grace all creation, all creation rejoices. Glory to you. (Liturgy Book page 299)

Communion Hymn

Let the light of Your face shine on us, let the light of Your face shine on us, O Lord. (3) (Liturgy Book page 325)

Hymn after Communion

Save, O Lord, save Your people and bless Your inheritance. Give vict'ry to those who battle evil and protect us all by Your holy cross. (Liturgy Book page 181)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95).

GENERAL ANNOUNCEMENTS

Online Chapel: For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

St. Anna Livestream: Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

Welcome Rev. Dr. Christopher Flesoras: A very special welcome to Rev. Dr. Christopher Flesoras, joining us from St. Anna Greek Orthodox Church, Roseville, California.

Special Memorial Services Today: Today, being the midpoint of Holy Lent and the Sunday of the Holy Cross, Memorials are not typically permitted. However, His Grace Bishop Constantine of Sassima has given his special and specific permission to pray the Memorial Service for Frs. Ambrose Omayas, James Tavlarides, and Jimi Foreso, all of Blessed Memory! A very special welcome to Presbytera Eleni Foreso and her two younger children, Kayla and James, who are able to be with us today. We send our love to Fr. Jimi and Pres. Eleni's eldest daughter, Karas, who was unable to attend.

Fr. James Tavlarides served our Metropolis with great love and distinction. He is the uncle of Myra Shenk. The Shenk and Steele families donated the icon of St. Iakovos on our iconostasis in memory of Fr. Tavlarides and his ministry. And of course, the icons of St. Ambrose of Milan and St. Iakovos the Brother of our Lord were chosen to honor the memories of the two, beautiful priests who served our budding mission church so lovingly.

Fr. Jimi celebrated the very first Divine Liturgy for our newly-formed community on August 31, 2014. Every time Fr. Jimi would visit, his smile, laughter, and engaging love for Christ would gather us together like a big, bear hug. On the opposite end of the physical spectrum, Fr. Ambrose was a slight wisp of a man, perhaps weighing in at 120 pounds. But he filled a room with his wisdom, grace and dedication. Fr. Ambrose served as the most regular visiting priest in the critical first year of the parish. He was with the parish when it opened its temporary worship space at St. Thomas More Catholic Church and celebrated the parish's first Holy Week and Pascha (Easter). Both of these gifted priests made us laugh. They made us think. They taught us to pray. And they gave the people of the Greek Orthodox Mission Parish of Utah the confidence to push through, ignore the chatter, overcome the challenges, and work together for the sake of the Gospel, to the glory of God, and to the benefit of His precious children.

Both of these men were taken from this world much too soon. Presbytera Eleni and her children are with us today so that through

her, we can express our love, gratitude, respect and prayers for these priests who still serve before Christ's heavenly altar. They are priests forever. May the Memories of Fr. Ambrose, Fr. James, and Fr. Jimi be ever eternal!

Upcoming Memorial Services - May Their Memories Be Eternal:

Sunday, April 14, 2024: Chryssi Zervos Kocolas (40 days); Helen Yannias (5 years); Stephania Zervos (17 years)

Sunday, April 21, 2024: Joe Xiras (12 years); Jim Georgelas (18 years); Olga Xiras (43 years); Argyro Georgelas (49 years); Pantelis Georgelas (58 years); Mike Xiras (58 years)

To schedule a memorial service, please contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987.

Epistle Readers:

TODAY, April 7, 2024: Jacob Molina

April 14, 2024: Christo Petrogeorge

April 21, 2024: Sam Simos

Godparent Sunday: TODAY, Sunday, April 7, 2024, we welcome all Godparents/Godchildren visiting from other Orthodox parishes to partake of Communion and enjoy fellowship with their Godparents/Godchildren at St. Anna!

Pre-Lenten Lecture Sponsored by Parish Youth: On Wednesday, April 10, 2024, our Lenten dinner and lecture will be hosted by our parish youth (Sunday School, GOYA and JOY) and our presenter will be Rev. Archdeacon Paul Zaharas, former Chancellor of the Metropolis of Denver. We encourage you to attend with your children/grandchildren.

Holy Friday Youth Retreat - Volunteers Meeting: All those interested in volunteering for our annual Holy Friday Youth Retreat, please attend the meeting today, Sunday, April 7, 2024, immediately following Divine Liturgy in the 3-5 grade Sunday School classroom. If you are unable to attend the meeting but still wish to volunteer, please call Barbara Hillas at 801-604-4884.

Lenten, Holy Week, and Paschal Donations: Donations are requested for the following items needed for our Lenten, Holy

Week, and Paschal services (donation amounts have not increased from prior years):

Lent:

Daffodils for Sunday of the Holy Cross	\$130.00
Flowers for Salutations to the Theotokos	5 @ \$120.00
Incense for Lent, Holy Week & Pascha	\$100.00

Palm Sunday:

Palm Strips for Crosses and Decorative Palms	\$250.00
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Holy Week & Pascha:

Flowers for Bridegroom Icon	\$350.00
Floral Wreath for the Crucifix	\$200.00
12 Candles – Service of 12 Gospels	12 @ \$5.00
Rose Petals for Lamentation Service	\$60.00
Rose Petals for Holy Saturday/Pascha	\$600.00
Case of Bay Leaves for Holy Saturday/Pascha	\$125.00
Rose Water for Lamentation Service	\$25.00
One Case Sacramental Wine	\$200.00
Gardenias for Holy Friday and Holy Saturday	\$350.00
Easter Lilies for the Solea	\$325.00
Altar Candles for Paschal Season	\$650.00
Three Cases of Brown Eggs for the Anastasi	\$200.00
Ribbon & Net for Eggs	\$100.00
Flowers for Kouvouklion (Holy Friday)	\$2,000.00
Guest Chanter Stipend and Travel Expenses	\$3,000.00

Please return your donation in the memorial envelope available at the Pangari (narthex counter), which has a place for you to write the names of the departed loved ones whom you wish Fr. Anthony to memorialize during the Holy Friday Evening Service as we pray before the Epitaphios. In the event more funds are collected than required, excess monies will be placed in the Benevolence/Altar Fund. The full amount of our collection will be printed in the weekly bulletin following Pascha (Easter). Thank you for contributing towards the dignity and beauty of our divine services!

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held Monday, April 15, 2024, at 7:00 p.m.

SAVE THE DATE - SPRING PARISH ASSEMBLY

Mark your calendars and make plans to join us for the Spring Parish Assembly on Sunday, June 2, 2024. Important reports will be given, and we will vote on important issues. Our parish assemblies are as important now as they were in the formative years of our parish (maybe even more important). The active participation of all the committed stewards in our parish decision making is needed and appreciated!

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Meeting: Philoptochos will not meet in April. Our next meeting will be held Monday, May 27, 2024, at 6:30 p.m.

Koulourakia: On Sunday, April 21, 2024, we will be selling Koulourakia (Easter cookies) for \$8.00 a dozen.

Tsoureki: On Sunday, April 28, 2024, we will be selling Tsoureki (Easter bread) for \$15.00 per loaf (limit 2 loaves per family).

FELLOWSHIP ANNOUNCEMENTS

Thank you to Brianne and Michael LaBounty, Tammy and Brian Richardson, Myra and Steve Shenk, and Mary Simos, who are hosting today's fellowship hour in honor of Heirmonk Ambrose Omayas, Fr. Jimi Foresos, and Fr. James Tavlarides, all of Blessed Memory!

If you would like to host fellowship hour on these dates or any future date, please contact Julie Steele at 801-971-5277 or sign up in the binder available during fellowship hour after church.

In addition to bringing refreshments, fellowship hosts are expected to **set up** their food prior to fellowship hour **AND clean up** after fellowship hour. Thank you in advance for your generosity and support of our fellowship ministry!

ST. ANNA SERVICE MINISTRY FOOD SUPPORT PROGRAM

What is the Food Support Program?

In 2021 in response to the critical need to address hunger in our community, St. Anna established our Church building as a permanent collection site to supplement local pantries that distribute food to families in need throughout the Sandy area.

Who does this program serve?

The program provides ongoing food support to three pantries located at Diamond Ridge/Entrada Schools in the Canyon School District. Due to growing need these pantries currently serve and support 2700 individuals per month compared to the 350 people in 2021.

How do we support this program?

Parishioners can bring nonperishable food items to place in the Blue Bin whenever the church is open. In addition, our community neighbors have been invited to participate by donating nonperishable food items every Tuesday.

Where is the Blue Bin located?

The Blue Bin is located in the Fellowship Hall for all parishioners. On Tuesdays, between 10:00 am and 5:00 pm, the Blue Bin is placed outside for parishioners and community neighbors to drop off donations. A flag is also placed outside as a reminder.

When is the donated food delivered?

Once a week, volunteers from our Men's Ministry collect and deliver the food donations to the Diamond Ridge/Entrada pantries in Sandy.

What food items are needed?

All canned meats and fish, canned vegetables and fruit, instant meals such as Cup o' Noodles and Mac and Cheese, granola bars and snack items, peanut butter, jelly, rice, noodles, flour, sugar and dry milk.

Thank you, St. Anna parishioners, for working together with love and compassion to help families facing hunger!

STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2024 stewardship commitment cards. As of March 31, we have received 154 commitments totaling \$420,034, putting us at 92.3% of our budgeted goal (\$455,000).

The 2024 budget approved at our Fall Parish Assembly calls for a fourteen percent (14%) increase in total stewardship commitments (as compared to the 2023 budget) to meet the increased financial commitments associated with the financing obtained to fund the purchase of our property, the build out of our sanctuary, and the other renovations and improvements at our church. With the support and participation of our faithful parishioners we are confident this goal can be achieved.

If you are new to the community and would like to become a St. Anna steward, you can still obtain a 2024 stewardship commitment card. They are on display in the Narthex and available on the [parish website](#). The generosity and vision of our parishioners has historically been a defining aspect of this community. We very much appreciate your prayerful commitment and continued support. Thank you for being an active part of our every success, unto the glory of God!

YOUTH MINISTRY ANNOUNCEMENTS

JOY: JOY meets the third Thursday of every month at 7:00 p.m. The next meeting will be held April 18, 2024. All children in grades 1-5 are welcome and encouraged to attend!

GOYA Lenten Retreat: Our annual GOYA Lenten Retreat will be held Friday, April 12, 2024 (following Salutations) and Saturday, April 13, 2024, at the Rodgers' Ranch just outside Park City, Utah. Plenty of parental supervision will be provided. See attached flier for details! Text Fr. Anthony at 801-824-3987 with any questions and to RSVP.

Holy Friday Lenten Retreat - The King on Trial: Our annual Holy Friday Lenten Retreat will be held on Holy Friday, May 3, 2024, from 11:30 a.m. to 4:30 p.m. Please make plans for your children

and grandchildren in **grades 1-12** to attend! Lunch will be served. School excuse forms are available in the Narthex.

ADULT RELIGIOUS EDUCATION ANNOUNCEMENTS

Morning Bible Study: Morning Bible Study, led by John Kaloudis, will resume on Wednesday, May 8, 2024, at 10:30 a.m.

FOREVER YOUNG

Next Gathering in May: Forever Young will not meet in April. Our next gathering will be held Thursday, May 16, 2024, at 11:30 a.m.

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

The next bulletin will be published for Sunday, April 14, 2024. Please send requested announcements to Michael Petrogeorge at mppetrogeorge@gmail.com no later than **Tuesday, April 9, 2024, at 5:00 p.m.** Thank you!

COMMUNITY ANNOUNCEMENTS



Daughters of Minos ♡



**Mother's Day Brunch:
Aprons of Time**

Seeking cherished family aprons - let us display it!
Call Andrea 801.699.7528

*Saturday, May 11th at 10:30AM
Little America Hotel*



Brunch, fashion show, raffle
\$65/ADULT \$35/CHILDREN 12 AND UNDER
Open seating only, RSVP by May 1st
Purchase tickets at www.bit.ly/3Vy0tgk,
use the QR code, or call Georgiann 801.450.0187

Pan Arcadian Western District Scholarship 2024: The application is available at: <http://www.panarcadianwest.org/news.htm>. Applicants must be a member or have a grandparent or parent who

is a member of the local Arcadian Chapter #90. Postmark deadline May 28, 2024. Contact Karen Anastasopoulos at 801-913-2424 or karenanast@gmail.com with questions.

PRAYER LIST

Alex, Becky, Charles, Chris, Daniel, Dillon, Emily, Emmanouel, Eva, Jami, Joey, Katherine, Luke, Maria, Mariam, Mary Lynn, Michael, Pam, Penny, Phil, Richard, Sophie, Tammy, Tyler

Please email Michael Petrogeorge at mppetetrogeorge@gmail.com by Tuesday at 5:00 p.m. to add names to the prayer list.

PARISH CALENDAR

Visit the [parish website](#) for an electronic copy. Unless otherwise specified, all events will be held at St. Anna Greek Orthodox Church, 9201 S. 1300 East, Sandy.

Sunday, April 7, 2024 (Sunday of Holy Cross / Godparent Sunday)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy / Procession

Monday, April 8, 2024

- 6:00 p.m.: Great Compline

Wednesday, April 10, 2024

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Lecture

Thursday, April 11, 2024

- 6:30 p.m.: Choir Practice

Friday, April 12, 2024

- 6:00 p.m.: Salutations to the Theotokos (followed by GOYA Lenten Retreat)

Friday, April 12 – Saturday, April 13, 2024

- GOYA Lenten Retreat @ Rodgers' Ranch, Park City.

Sunday, April 14, 2024 (Sunday of St. John Climacus)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, April 15, 2024

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Parish Council Meeting

5th Annual ST. ANNA GOLF Classic

4 Person/Team
Scramble
Tournament



1400 N 200 E
American Fork, UT

Saturday
June 1st

For More Information
Contact: Sam Soter
sam.soter@canyonsdistrict.org

Per Person

\$90

Green Fees
Cart
Lunch
Range Balls

Ace Pack

\$350

4 Players
Green Fees
Cart
Lunch

Club Pro Pack

\$400

Hole Signage
Banner Signage
Sponsor 1 Player

Tour Pro Pack

\$800

4 Green Fees
Cart
Hole Signage
Banner Signage

All Proceeds Benefit St. Annas Greek Orthodox Church
Registration starts at 7:00 AM Shotgun starts at 8:00 AM



St. Anna Greek Orthodox Church

Lenten Schedule 2024



Week One

Sunday, March 17, Forgiveness Great Vespers, 7:00 pm
Monday, March 18, Great Compline, 6:00 pm
Wednesday, March 20, Presanctified Liturgy, 6:00 pm
Friday, March 22, Salutations to the Theotokos,
7:00 pm
Saturday, March 23, Saturday of the Souls, 9/10:00 am

Week Two

Sunday, March 24, First Sunday of Lent
Sunday of Orthodox Procession
Annunciation Great Vespers, 7:00 pm
Monday, March 25, Annunciation 9/10 am Great
Compline, 6:00 pm
Wednesday, March 27, Presanctified Liturgy
6:00 pm
Friday, March 29, Salutations to the Theotokos,
6:00 pm *
Parish Lenten Retreat to Follow with Dr. Jeannie
Constantinou

Week Three

Sunday, March 31, Second Sunday of Lent
Monday, April 1, Great Compline, 6:00 pm
Wednesday, April 3, Presanctified Liturgy, 6:00 pm
Friday, April 5, Salutations to the Theotokos, 7:00 pm

Week Four

Sunday, April 7, Third Sunday of Lent
Procession of the Holy Cross
Godparent Sunday
Monday, April 8, Great Compline,
6:00 pm
Wednesday, April 10, Presanctified Liturgy,
6:00 pm
Friday, April 12, Salutations to the Theotokos,
7:00 pm
GOYA Lenten Retreat to Follow

Week Five

Sunday, April 14 Fourth Sunday of Lent
Monday, April 15, Great Compline, 6:00 pm
Wednesday, April 17, Presanctified Liturgy,
6:00 pm
Friday, April 19, Akathyst Hymn, 7:00 pm
Sunday, April 21, Fifth Sunday of Lent

*Salutations to the Theotokos is one hour earlier to
accommodate the timing of our Lenten Retreat.

St. Anna Youth Ministries Presents Our
2024

GOYA Lenten Retreat

FOMO
"The Fear of Missing Out"...
Of What, Exactly?!?
The Stresses and Anxieties of Youth

*Evening of Friday
April 12 - Saturday,
April 13*

**Held at the Rodgers' Ranch
Just Outside Park City, Utah**

Save the Dates from Now!
Plenty of Parent Supervision.

Text Fr. Anthony to R.S.V.P. at 801-824-3987

WANTED

Jesus of Nazareth



**St. Anna's Holy Friday Youth Retreat
May 3, 2024 from 11:30 to 4:30 pm
Grades One through Twelve
School Excuse Forms Available**

"THE KING ON TRIAL"