



CHURCH BULLETIN



St. Anna Greek Orthodox Church
9201 South 1300 East, Sandy, UT 84094
385-313-9358



Judgement (Meatfare) Sunday
Sunday, February 23, 2025

Reverend Protopresbyter Anthony Savas
Reverend Protopresbyter Constantine Lazarakis
Reverend Protopresbyter Elias Koucos, Retired
Deacon John Kavas

stannagocutah.org
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Epistle Reading: Paul's First Letter to the Corinthians (8:8-13; 9:1-2)

Prokeimenon. Mode 3. Psalms 146, 134.

Great is our Lord, and great is His strength.

Verse: Praise the Lord, for the Lord is good.



Brethren, food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Gospel Reading: The Gospel According to Matthew (25:31-46)



The Lord said, "When the Son of man comes in his glory and all the holy angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the king will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did

we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe you? And when did we see you sick or in prison and visit you?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us. (3)
(Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God who rose from the dead, save us who sing to You, Alleluia (3) (Liturgy Book page 29)

Response to Third Antiphon

When You descended into death, Life immortal, You vanquished the pow'r of hell by your resplendent divinity, and when You raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to You. (Liturgy Book page 103)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

When You descended into death, Life immortal, You vanquished the pow'r of hell by your resplendent divinity, and when You

raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to You. (Liturgy Book page 103)

Hymn for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

When You come to the earth, O God, in Your glory, all creation will tremble and a river of fire will flow before Your throne of judgment. The books will be opened and the secrets of all will be revealed. On that day, O just Judge, deliver me from eternal flames and make me worthy to stand at Your right. (Liturgy Book page 261)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)
(Liturgy Book Page 39)

Megalynarion (Hymn for the Theotokos)

It is truly right to call you blessed O Theotokos, ever blessed, most pure and the mother, the mother of our God. More honorable than the cherubim and more glorious beyond compare than the seraphim. In virginity you gave birth to God, to God the word. Truly the Theotokos, we magnify you, we magnify you. (Liturgy Book page 69)

Communion Hymns

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest (3). Alleluia. (Liturgy Book page 83)

Hymn after Communion

We have seen the true light; we have received the heav'nly spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us.
(Liturgy Book page 95)

GENERAL ANNOUNCEMENTS

Online Chapel: For Saints and Readings of the Day, please visit the [Archdiocese's Online Chapel](#).

St. Anna Livestream: Livestreaming is back up and running on the [St. Anna YouTube Channel](#).

Memorial Services - May Their Memory be Eternal: To schedule a memorial service, please contact Fr. Anthony at 801-824-3987 or franthony@stannagocutah.org.

Congratulations to the Newly Illumined! Congratulations to the following, who have been or will be Baptized or Chrismated in February 2025: Rylee Booher, Houston Kraenbuhel, Justin Monson, Maria Petrogeorge, Sheri Varanakis, and Issac Volk.

Lenten Lectures/Dinners: Lenten lectures/dinners will be held immediately following Presanctified Liturgy, as follows:

March 5 *Speaker:* Matthew Jungert
Dinner Hosts: Youth Ministries

March 12 *Speaker:* Moses Williams
Dinner Hosts: Choir

March 19 *Speaker:* Oliva Morfas
Dinner Hosts: Philoptochos

March 26 *Speaker:* Emily Floor
Dinner Hosts: Men's Ministry

April 2 *Speakers:* Tammy and Brian Richardson
Dinner Hosts: Parish Council

Please join us! Contact Barbara Hillas at 801-604-4884 with questions.

Post Liturgy Fellowship: Please clean up after yourselves during fellowship hour by disposing of your plates, cups, etc. The Parish Council urges those who can stay until the end to help with cleanup to avoid overburdening the same individuals each week.

CONVERSATIONS ABOUT STEWARDSHIP

ST. ANNA FOOD PROGRAM: IT ALL ADDS UP

When you enter St. Anna, the first thing you see is a Blue Bin filled with various food items like cans of tuna, cup 'o noodles, granola bars, jars of peanut butter, etc. You might wonder what it's for. In 2021, St. Anna established itself as a permanent food collection site to support Sandy area pantries distributing food to those facing hunger. Our Food Support Program currently supports three pantries at the Diamond Ridge/Entrada High School through ongoing donations of nonperishable food items.

Due to increasing need, these pantries now serve over 2,700 people per month, compared to just 350 people per month in 2021. This includes students at Diamond Ridge Alternative High School, adults working on their GEDs at Entrada (many of whom are not native English speakers), older folks from the neighborhood, families seeking food assistance for the first time, and homeless individuals in the community.

Supporting the St. Anna Food Support Program is a meaningful and rewarding act of service that you and your family can easily participate in. It's also a great way to teach your children about stewardship.

There are several ways to contribute:

- Bring nonperishable food items to Church each Sunday;
- Participate in parish-wide meal packet projects for high school students who don't have enough to eat over weekends and school breaks; and
- Assist the St. Anna Men's Ministry volunteers who collect, organize, and deliver food donations to the Diamond Ridge/Entrada food pantries once a week.

Donating a can of tuna might seem like a small contribution, but everything adds up. In a recent article in the Sandy Journal, Fr. Anthony described the food program's impact as follows: "I've been to their Pantries and have learned the challenges some students face... some more than anyone should... and here they're getting a 3.8 GPA and carving out a life. Then, on top of it, they're just trying to figure out how to get food. We want to provide familiar food that will make them feel comfortable and fulfilled."

Please Note: The nave should be accessed only through the narthex. The door located south of the altar is not to be used for entering or exiting during services. Those needing to access the kitchen should exit the nave via the narthex and enter the kitchen through the fellowship hall. Similarly, those coming from the kitchen should exit through the fellowship hall and enter the nave through the narthex. Your cooperation is appreciated!

STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2025 stewardship cards. As of February 2, we have received 136 stewardship commitments totaling \$367,898, putting us at 75.1% of our budgeted goal (\$490,000).

In 2024, our parish collected \$475,540 in Stewardship donations. To ensure we meet the continued financial commitments of our parish, the 2025 budget approved at our Fall Parish Assembly includes Stewardship donations totaling \$490,000, representing a three percent (3%) increase compared to 2024 collections. With the continued support and participation of our dedicated parishioners, we are confident this objective can be achieved!

Parking Reminder: Please park only in designated, striped spots. Do not park in undesignated areas or block other vehicles. Overflow parking for St. Anna parishioners and guests is available at the Lunatic Fringe lot (south) and KinderCare lot (north). Parking under the bell tower is NOT permitted.

PARISH COUNCIL ANNOUNCEMENTS

Parish Council Meeting: The next Parish Council meeting will be held tomorrow, Monday, February 24, 2025, at 7:00 p.m.

Weekly Assignments:

Sunday, February 23, 2025: Chris Gounaris (Early/Open); Charles Deneris (Late/Close); Fellowship: Chaus/Man/Volk families

Sunday, March 2, 2025: Chris Gounaris (Early/Open); Elaine Peterson (Late/Close)

PHILOPTOCHOS ANNOUNCEMENTS

Philoptochos Meeting: The next Philoptochos meeting will be held Monday, March 24, 2025, at 7:00 p.m.

Philoptochos Aprons: Check out our beautiful new St. Anna Philoptochos aprons, which we will be selling after Liturgy today, Sunday, February 23, 2025. \$25.00. Cash, check or credit card accepted.

ADULT RELIGIOUS EDUCATION ANNOUNCEMENTS

Morning Bible Study: Morning Bible Study with John Kaloudis is held each Wednesday at 10:30 a.m. at St. Anna. We are studying the Gospel of Matthew. Please join us!

Spring Orthodox Inquirers Class: Commencing Saturday, March 8, 2025, our Spring 2025 Orthodox Inquirers Class will be held on Saturdays at 6:15 p.m., following Great Vespers. Contact Fr. Anthony at franthony@stannagocutah.org or 801-824-3987 for more information.

Pocatello Lenten Retreat: Fr. Anthony Savas will be the Guest Lecturer at the Lenten Retreat of the Assumption of the Blessed Virgin Mary Greek Orthodox Church, 518 N. 5th Avenue, Pocatello, Idaho, on March 14-16, 2025. The schedule is as follows:

Friday, March 14, 2025:

- 6:00 p.m.: Salutations to the Theotokos
- 7:00 p.m.: Keynote Address by Fr. Anthony Savas

Saturday, March 15, 2025:

- 9:30 a.m.: Continental breakfast
- 10:00 a.m. - 3:00 p.m.: Retreat Sessions I-III
- 3:30 p.m.: Vespers and closing remarks

Sunday, March 16, 2025:

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy with sermon by Fr. Anthony Savas

A block of rooms is available at TownePlace Suites by Marriott-Pocatello for \$129 per night, including breakfast and parking. To

reserve, call 208-478-7000 and mention "Lenten Retreat Block" before February 28, 2025.

YOUNG ADULT AND YOUTH MINISTRY TEAM ANNOUNCEMENTS

GOYA (Grades 6-12): GOYA will meet on Tuesday, February 25, 2025, at 7:00 p.m. at the Soter home.

SAVE THE DATE - GOYA Lenten Retreat: Our annual GOYA Lenten Retreat will be held on Saturday, March 22, 2025, from 11:00 a.m. to 4:00 p.m. Details to come!

JOY (Grades K-5) Meeting: JOY meets the second Tuesday of each month at 7:00 p.m. at St. Anna, with the next meeting being held Tuesday, March 11, 2025. Our focus this year is on children in the bible, pursuant to the schedule below:

March: Prophet Daniel and His Companions (Daniel 1)

April: King David (I Samuel 16:13, 17:12-58)

May: 12-Year-Old Jesus (Luke 2:41-52)

June: St. John the Theologian (John 19:16-27)

Young Adult Ministry: The Young Adult Ministry typically meets the third Tuesday of the month at 7:00 p.m. at St. Anna, with the next meeting scheduled on Tuesday, March 18, 2025.

ST. ANNA SERVICE MINISTRY ANNOUNCEMENTS

Food Support Program - Fill the Bin! The following testimonial was provided by Diamond Ridge/Entrada Pantry Director Cheri Prince upon receiving 25 winter kits from our Parish for homeless individuals who use the pantry:

"I can't believe how happy the homeless customers have been. Just had the hats, socks, handwarmers, granola bars delivered this morning and have already given out two. They get so excited because they need it and second because people were concerned for their well-being. Thank you."

FOREVER YOUNG

Forever Young! The next Forever Young meeting will be held on Thursday, March 20, 2025, in the fellowship hall.

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

The next bulletin will be published for Sunday, March 2, 2025. Please send requested announcements to Michael Petrogeorge at mppetrogeorge@gmail.com no later than **Tuesday, February 25, 2025, at 5:00 p.m.** Thank you!

PRAYER LIST

Alexandros, Christina, David, Farrel, Joan, Kris, Lisa, Maddy,
Michael, Stephanie, Todd

If you would like to add a name to the prayer list, email Michael Petrogeorge at mppetrogeorge@gmail.com.

PARISH CALENDAR

Visit the [parish website](#) for an electronic copy. Unless otherwise specified, all events will be held at St. Anna.

Sunday, February 23, 2025 (Judgment (Meatfare) Sunday)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, February 24, 2025

- 7:00 p.m.: Parish Council Meeting

Tuesday, February 25, 2025

- 7:00 p.m.: GOYA meeting @ Soter home

Wednesday, February 26, 2025

- 10:30 a.m.: Morning Bible Study

Thursday, February 27, 2025

- 7:00 p.m.: Choir Practice

Friday, February 28, 2025

- 7:00 p.m.: Supplicatory Canon to St. Anna (Paraklesis)

Saturday, March 1, 2025 (Saturday of Souls)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy and Memorial

Sunday, March 2, 2025 (Forgiveness (Cheesefare) Sunday)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 7:00 p.m.: Forgiveness Great Vespers

Monday, March 3, 2025 (Clean Monday – First Day of Great Lent)

- 6:00 p.m.: Great Compline

Wednesday, March 5, 2025

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Potluck/Lecture

Friday, March 7, 2025

- 7:00 p.m.: First Salutations to the Theotokos

Saturday, March 8, 2025 (Saturday of Souls)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy and Memorial
- 4:00 p.m.: Chanting Practice
- 5:00 p.m.: Great Vespers
- 6:15 p.m.: Spring Inquirer's Class

Sunday, March 9, 2025 (Sunday of Orthodoxy – First Sunday of Great Lent)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy followed by Sunday School Procession of Icons

Monday, March 10, 2025

- 6:00 p.m.: Great Compline

Tuesday, March 11, 2025

- 7:00 p.m.: JOY Meeting

Wednesday, March 12, 2025

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Potluck/Lecture

Friday, March 14, 2025

- 7:00 p.m.: Second Salutations to the Theotokos

Saturday, March 15, 2025

- 4:00 p.m.: Chanting Practice
- 5:00 p.m.: Great Vespers
- 6:15 p.m.: Spring Inquirer's Class

Sunday, March 16, 2025 (Sunday of St. Gregory Palamas – Second Sunday of Great Lent)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, March 17, 2025

- 6:00 p.m.: Great Compline
- 7:00 p.m.: Parish Council Meeting

Tuesday, March 18, 2025

- 7:00 p.m.: Young Adults Meeting

Wednesday, March 19, 2025

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Potluck/Lecture

Thursday, March 20, 2025

- 11:30 a.m.: Forever Young

Friday, March 21, 2025

- 7:00 p.m.: Third Salutations to the Theotokos

Saturday, March 22, 2025

- 11:00 a.m. – 4:00 p.m.: GOYA Lenten Retreat
- 4:00 p.m.: Chanting Practice
- 5:00 p.m.: Great Vespers
- 6:15 p.m.: Spring Inquirer's Class

Sunday, March 23, 2025 (Sunday of the Holy Cross/Godparents
Sunday – Third Sunday of Great Lent)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, March 24, 2025

- 6:00 p.m.: Annunciation Great Vespers
- 7:00 p.m.: Philoptochos Meeting

Tuesday, March 25, 2025 (Annunciation of the Theotokos)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Wednesday, March 26, 2025

- 10:30 a.m.: Morning Bible Study
- 6:00 p.m.: Presanctified Liturgy and Lenten Potluck/Lecture

Friday, March 28, 2025

- 10:00 a.m.: Supplicatory Canon to St. Anna (Paraklesis)
- 7:00 p.m.: First Salutations to the Theotokos with His Grace
Bishop Anthony of Synada

St. Anna Greek Orthodox Church



Lenten Schedule 2025

Week Three

Sunday, March 16, Second Sunday of Lent

Monday, March 17, Great Compline, 6:00 pm

Wednesday, March 19, Presanctified Liturgy, 6:00 pm

Friday, March 21, Salutations to the Theotokos,
7:00 pm

Saturday, March 22, GOYA Lenten Retreat Time TBD

Week One

Sunday, March 2, Forgiveness Great Vespers, 7:00 pm

Monday, March 3, Great Compline, 6:00 pm

Wednesday, March 5, Presanctified Liturgy, 6:00 pm

Friday, March 7, Salutations to the Theotokos,
7:00 pm

Saturday, March 8, Saturday of the Souls, 9/10:00 am

Week Four

Sunday, March 23, Third Sunday of Lent
Procession of the Holy Cross
Godparent Sunday

Monday, Monday, March 24, Annunciation
Great Vespers, 6:00 pm

Tuesday, March 25, Annunciation to the
Theotokos 9/10 am

Wednesday, March 26, Presanctified Liturgy,
6:00 pm

Friday, March 28, Salutations to the Theotokos,
7:00 pm

St. Anna Lenten Retreat with His Grace Bishop
Anthony of Synada through Sunday Liturgy

Week Two

Sunday, March 9, First Sunday of Lent
Sunday of Orthodoxy Procession

Monday, March 10, Great Compline, 6:00 pm

Wednesday, March 12, Presanctified Liturgy
6:00 pm

Friday, March 14, Salutations to the Theotokos,
6:00 pm

Week Five

Sunday, March 30, Fourth Sunday of Lent

Monday, March 31, Great Compline, 6:00 pm

Wednesday, April 2, Presanctified Liturgy,
6:00 pm

Friday, April 4, Akathyst Hymn, 7:00 pm

Sunday, April 6, Fifth Sunday of Lent

Assumption Church in Pocatello, ID
Lenten Retreat. Fr. Anthony Retreat Master

Schedule and Hotel Accommodations Available for
St. Anna Parishioners Who Wish to Attend

Contact Fr. Anthony for Information.
Text 801-824-3987

St. Anna Greek Orthodox Church of Sandy, Utah

The Hellenic Cultural Association is sponsoring

THE SEMINAR: “SEARCHING YOUR GREEK ROOTS”

Light lunch will be provided!

RSVP by March 5th

Questions and/or RSVP call or text:
Jeannine Timothy (801) 558-7692
Georgene Colovos (385) 341-3897



Event Date & Location:

Sunday, March 9 at 12:30 pm
Holy Trinity Cathedral
Cost: \$20 per person

Topics & Schedule:

- 12:30 pm Lunch
- 1:00 pm Introductions
- 1:15 - 2:15 Gregory Kontos -
"Exploring Your Greek
Ancestry"
- 2:15 - 2:30 Break
- 2:30 - 3:30 Joel Cole
"Digitized Greek Records
at FamilySearch"
- 3:30 - 4:00 Q&A
- 4:00 Thank you!



Presenters

Gregory Kontos

Founder of GreekAncestry.net

Gregory Kontos holds degrees in history from the University of Athens and the University of Leiden, with a specialization in the history of migration, nationalism and religion. Gregory founded GreekAncestry.net in 2020. Greek Ancestry, based in Athens, has already been recognized as the leading Greek genealogy organization at an international level.



Joel Cole

Of FamilySearch.org

Joel Cole, born and raised in Italy, has been involved with Italian Family History for over 30 years. He has presented in many international genealogical conferences about Italian Family History. Since 2015, Mr. Cole has lived in Utah working for FamilySearch in a variety of roles and responsibilities. He is currently the content strategist for Southern Europe.

For payments visit: <https://www.hellenicculturalassociationofutah.org/>
or mail a check to: HCA 279 S. 300 W. SLC, UT 84101-1797

The Saint Anna Bookstore

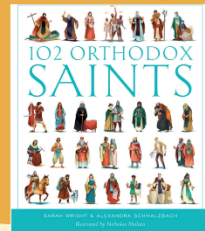
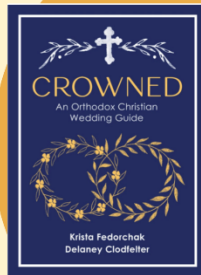


Come see all that's new in store!



New Prayer Ropes
for all wrist sizes!

New Children's
& Adult Books!



Only a few Snuggly
Saints remaining!

The St. Anna Church Bookstore is open Sundays after Divine Liturgy.
We are more than happy to assist you with placing special orders!

*March 23rd, the
Sunday of the Cross is
Godparent Sunday at
St. Anna Greek
Orthodox Church of
Sandy, Utah*

