

St. Anna Greek Orthodox Church

9201 South 1300 East, Sandy, UT 84094 (385) 342-0927



3rd Sunday of Luke Sunday, October 19, 2025

Reverend Protopresbyter Anthony Savas Reverend Protopresbyter Elias Koucos, Retired Deacon John Kavas

> stannagocutah.org franthony@stannagocutah.org





Epistle Reading: Paul's Second Letter to the Corinthians (11:31–12:9)

Prokeimenon. Mode 2. Psalm 117.

The Lord is my strength and my song, and He became my salvation. Verse: The Lord chastened and corrected me, but He did not give me up to death.



Brethren, the God and Father of our Lord Jesus Christ, he who is blessed for ever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus and wanted to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but

I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven - whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise whether in the body or out of the body I do not know, God knows - and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

Gospel Reading: The Gospel According to Luke (7:11-16)



At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said

to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

Response to First Antiphon

Through the intercessions of the Theotokos, Savior, save us. (3) (Liturgy Book page 25)

Response to Second Antiphon

Save us, O Son of God, risen from the dead. We sing to You, Alleluia (3) (Liturgy Book page 29)

Response to Third Antiphon

When You descended into death, Life immortal, You vanquished the pow'r of hell by your resplendent divinity, and when You raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to You. (Liturgy Book page 103)

Entrance Hymn

Come, let us worship and bow down before Christ. Save us, O Son of God, who rose from the dead, save us who sing to You: Alleluia. (Liturgy Book page 37)

Resurrectional Apolytikion

When You descended into death, Life immortal, You vanquished the pow'r of hell by your resplendent divinity, and when You raised the dead from the depths of darkness, all the heavenly powers cried out triumphantly: O giver of life, Christ our God, glory to You. (Liturgy Book page 103)

Apolytikion for the Church

O God-minded Anna, you bore the pure Mother of God, the one who within her conceived the Conceiver of life itself. You were therefore transported to a place now in heaven. Joyful ones all reside there in the home of all gladness, asking for forgiveness for those who honor you, O blessed one.

Kontakion

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you. (Liturgy Book page 225)

Trisagion Hymn

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3). (Liturgy Book page 39)

Megalynarion (Hymn for the Theotokos)

It is truly right to call you blessed O Theotokos, ever blessed, most pure and the mother, the mother of our God. More hon'rable than the cherubim and more glorious beyond compare than the seraphim. In virginity you gave birth to God, to God the word. Truly the Theotokos, we magnify you, we magnify you. (Liturgy Book page 69)

Communion Hymn

Praise the Lord, praise the Lord from the heavens; praise Him, praise Him in the highest (3). Alleluia (Liturgy Book page 83)

Hymn after Communion

We have seen the true light; we have received the heav'nly spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us. (Liturgy Book page 87)

Dismissal Hymn

Lord, grant long life to him who blesses us and sanctifies us. (Liturgy Book page 95)

GENERAL ANNOUNCEMENTS

<u>Online Chapel:</u> For Saints and Readings of the Day, please visit the <u>Archdiocese's Online Chapel</u>.

<u>St. Anna Livestream:</u> Livestreaming is available through the St. Anna YouTube Channel.

<u>St. Anna Photo Gallery:</u> Access the parish's current and historical photos at https://www.saintannagallery.org/.

Memorial Services - May Their Memory be Eternal:

Sunday, October 26, 2025:

George H. Cairo (5 years), Harris "Bob" Cairo (14 years), Leni M. Cairo (16 years), Elias "Louie" Cairo (21 years), Virginia D. Cairo (40 years), Antonios "Tony" Maragakis (42 years), Nick J. Maragakis (42 years), Alexandra P. Maragakis (51 years), George E. Cairo (56 years)

Kathryn Zekas (6 years), Dianne Zekas Johnson (14 years), Karl H. Johnson (25 years), Calliope Zekas (38 years), John Zekas (43 years) Raisa Subbotina (11 years), Stephen Subbotin (40 years)

Sunday, November 16, 2025:

Kris Loulias (1 year), Peter Loulias (22 years), Sofea Loulias (40 years)

Sunday, November 23, 2025:

Nick Floor (3 years), Ange Floor (3 years), Basil Floor (18 years)

To schedule a memorial service, please contact Fr. Anthony at 801-824-3987 or franthony@stannagocutah.org.

Parish Family Night Halloween Party: Mark your calendars and join us for a Halloween Party to mark the return of Parish Family Night! Friday, October 24, 2025, at 7:00 p.m. (following Paraklesis to St. Anna at 6:00 p.m.). Food will be provided (a potato bar and plenty of treats!) If you'd like to participate in our pumpkin painting contest, bring your own pumpkin(s). Paints will be provided. Parish family nights are open to all members of our parish family, regardless of marital or parental status! RSVP to Barbara Hillas at 801-604-4884 (leave a message if she doesn't answer) or Fr. Anthony at 801-824-3987 by Wednesday, October 22, 2025, to ensure we have an accurate count for food.

<u>Children's Liturgy Bags:</u> The children's activity bags are available for use during church services and are not meant to be taken home.

Please be sure to return the bags following the service so they can be restocked and reused for future services. If you inadvertently took a bag home, please return it the next time you come to church.

<u>Church Etiquette:</u> As we return to the routine of Sunday School, please refresh yourself on the basics of Orthodox church etiquette:

- Do not enter or move around the nave at the following times:
 - ❖ During the Small Entrance (when the procession with the Gospel takes place)
 - During the Epistle Reading
 - During the Gospel Reading
 - During the priest's sermon
 - When the priest is censing and facing the congregation
 - During the Great Entrance (when the procession of the Holy Gifts takes place)
 - When the priest is blessing the congregation
 - ❖ During the recitation of the Nicene Creed ("I believe...")
 - During the Consecration of the Holy Gifts
 - During the recitation of the Lord's Prayer ("Our Father...")
 - ❖ Any other time during a service when the priest is on the altar facing the congregation.
- Do not cross your legs or feet while sitting in church.
- Do not walk in front of the altar at any time during services. If you need to move from one side of the church to the other, use the side aisles to walk to the back of the sanctuary and cross only at the back of the sanctuary.
- Please silence and refrain from using your cell phones in the nave.

- When the stanchion rope at the back of the church is closed, please do not enter or exit center aisle.
- Please remain standing throughout Holy Communion, even if you are not receiving.
- Please follow the instructions provided by the clergy and/or the Parish Council relating to dismissal for Holy Communion and receiving antidoron. Please do <u>not</u> leave your seat or row to process to the altar until invited to do so by a Parish Council usher.
- Greeting, talking to, or visiting with other parishioners should be reserved for after services, when congregated in the exonarthex (the area between the front doors of the church and the entrance to the narthex) or fellowship hall.
 It is inappropriate to greet, talk to, or visit fellow parishioners while processing to receive or while returning to your seat after receiving the Sacrament of Holy Communion, or when processing to receive or leaving the church after receiving antidoron.

The cooperation of all parishioners in maintaining the proper decorum during all services is much appreciated.

<u>Parking Reminder:</u> Park only in designated, striped spots. Do not park in undesignated areas or block other vehicles. Overflow parking is available in the Lunatic Fringe lot (south) and KinderCare lot (north). Parking under the bell tower is <u>NOT</u> permitted. Your cooperation is appreciated!

PARISH COUNCIL ANNOUNCEMENTS

<u>Parish Council Meeting</u>: The next Parish Council meeting will be held tomorrow, Monday, October 20, 2025, at 7:00 p.m.

Weekly Assignments:

Sunday, October 19, 2025: Charles Deneris (Early/Lead); Peter Yannias (Late/Close); Fellowship: Michael Petrogeorge/Steele Family

Sunday, October 26, 2025: Peter Yannias (Early/Lead); Elaine Peterson (Late/Close); Fellowship: Charles Deneris

Save the Date - Fall Parish Assembly: Our Fall Parish Assembly will be held Sunday, November 16, 2025, immediately following Divine Liturgy. At the Fall Assembly we will approve the 2026 budget, nominate candidates for the 2026 Parish Council, and discuss other critical matters in the life of the parish. All stewards in good standing are encouraged to attend!

STEWARDSHIP ANNOUNCEMENTS

Thank you to all who have turned in their 2025 stewardship cards. As of August 13, we have received 190 stewardship commitments totaling \$476,623.00, putting us at 97.3% of our budgeted goal (\$490,000). To ensure we meet the continued financial commitments of our parish, the 2025 budget approved at our Fall Parish Assembly includes Stewardship donations totaling \$490,000, representing a three percent (3%) increase over 2024 collections. With the continued support and participation of our dedicated parishioners, we are confident this objective can be achieved!

PHILOPTOCHOS ANNOUNCEMENTS

<u>Philoptochos Meeting:</u> Our next meeting will be held Monday, October 27, 2025, at 6:30 p.m.

YOUTH MINISTRY ANNOUNCEMENTS

<u>Sunday School:</u> This year in our lessons we will be learning more about the miracles of Christ as they help us on our faith journey. The first two miracles - healing of the paralytic (John 5:1-15) and the healing of the noble's son (John 4: 46-54) - will guide us as we better understand not just physical illness, but the sickness of sin. Please ask your young people about their lessons!

Please note: There will be no Sunday School classes held on Sunday, November 30, 2025 (Thanksgiving weekend) or Sunday, December 28, 2025 (Christmas week).

Young Adult League (YAL): YAL meets the first Tuesday of each month. YAL discussions will be led by Chad Volk. YAL is for young

adults aged 18 and up who have graduated high school. Additional outings and events will be announced as they are scheduled.

<u>Greek Orthodox Youth Association (GOYA)</u>: GOYA will meet the second Tuesday of each month. GOYA discussions will be led by Fr. Elias Koucos, Liath Dawood, and Alexia Kraenbuhl. GOYA is for youth in grades six through twelve.

GOYA Kick Off Event - Game Show Battle Rooms: Please join us for our official GOYA kick off event on Sunday, October 26, 2025. Meet at the church at 1:30 p.m. (sharp!) and we will carpool together. Face off against your fellow GOYANs as you compete in three interactive game shows with a game show host! RSVP to Fr. Anthony Savas at 801-824-3987 no later than October 15, 2025!

<u>Junior Orthodox Youth (JOY):</u> JOY will resume on Tuesday, October 21, 2025, at 7:00 p.m., and will meet the third Tuesday of each month. Monthly discussions will be led by Kristina Packer. JOY is for children in grades first through fifth. Additional outings and events will be announced as they are scheduled.

ADULT RELIGIOUS EDUCATION ANNOUNCEMENTS

<u>Morning Bible Study:</u> Morning Bible Study with John Kaloudis meets every Wednesday at 10:30 a.m. We are continuing our study of the Book of Acts.

Evening Bible Study: Evening Bible Study with Fr. Anthony meets every Wednesday at 7:00 p.m. We will study the early Epistles of Paul to the Thessalonians and Galatians.

<u>Introducing the Roots and Fruits of Orthodoxy:</u> We would like to introduce our newly expanded initiative on Adult Religious Education at St. Anna's. In an effort to more fully integrate people in the lifestyle changes of becoming Orthodox Christians, and to more completely integrate them into the life of our local parish, we have re-imagined the way that people are informed and integrated into the community. So, we are officially introducing The Roots and Fruits of Orthodoxy.

This initiative is meant to expand upon our former vision of inquirers' classes. Our formal religious education experience will

now be a two-year process and is designed to on-board individuals, couples and families into the Greek Orthodox Church, and to expand their learning opportunities. The first-year class, "The Roots of Orthodoxy," is designed to introduce people to the concepts, theology, doctrine, history, traditions, practices, worship, art, architecture, hymnography, and spiritual life of the Church. The second-year class, "The Fruits of Orthodoxy" is created to expand upon those topics and further immerse the participants into a deeper understanding of spirituality, worship and practice. You need to maintain strong roots in order to bear more fruits. Our team prayerfully feels that giving people more time to spend in study, with the comradery and friendship of fellow participants gives more time for bonding and the fostering of relationships within the community.

Classes will be held each Tuesdays at 7:00 p.m. through Tuesday February 23, 2026 (just before Great Lent begins). For those who are brand new to the Faith, for those fairly new to the Faith, and for those who want to rediscover and more fully appreciate their faith, this experience is for you!

FOREVER YOUNG ANNOUNCEMENTS

<u>Forever Young:</u> Plan to attend our monthly meeting on Thursday, November 20, 2025, at 11:30 am. Email AnnaSophia at <u>annaso33@gmail.com</u> with any questions.

ST. ANNA SERVICE MINISTRY ANNOUNCEMENTS

<u>Food Support Program:</u> Bringing donations to place in the blue bin every Sunday is a great way to involve the whole family in providing food assistance for our neighbors facing hunger. God bless!

COMMUNICATION MINISTRY TEAM ANNOUNCEMENTS

<u>Next Bulletin:</u> The next bulletin will be published for Sunday, October 26, 2025. Please send requested announcements to Michael Petrogeorge at mppetrogeorge@gmail.com no later than **Tuesday**, October 21, 2025, at 5:00 p.m. Thank you!

PRAYER LIST

Alexandra, Athanasios, Barbara, Bethany, Cristina Georgiana, Iosif, Izzy, Jessie, Joyce, Juliana, Keith, Kris, Lorlee, Marie, McKenzie, Noah, Rochelle (Rose), Sofia

If you would like to add a name to the prayer list, email Michael Petrogeorge at mppetrogeorge@gmail.com.

PARISH CALENDAR

Visit the <u>parish website</u> for an electronic copy. Unless otherwise specified, all events will be held at St. Anna.

Sunday, October 19, 2025 (3rd Sunday of Luke)

• 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Monday, October 20, 2025

• 7:00 p.m.: Parish Council Meeting

Tuesday, October 21, 2025

• 7:00 p.m.: Adult Religious Education and JOY Meeting

Wednesday, October 22, 2025

- 10:30 a.m.: Morning Bible Study
- 7:00 p.m.: Evening Bible Study

Friday, October 24, 2025

- 6:00 p.m.: Paraklesis to St. Anna
- 7:00 p.m.: Parish Family Night Halloween Party

Sunday, October 26, 2025 (6th Sunday of Luke)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 1:30 p.m.: GOYA Kick Off Event (meet at St. Anna and carpool to Game Show Battle Rooms, 6148 S. State Street, Unit B, Murray)

Monday, October 27, 2025

• 6:30 p.m.: Philoptochos Meeting

Tuesday, October 28, 2025

• 7:00 p.m.: Adult Religious Education

Wednesday, October 29, 2025

• 10:30 a.m.: Morning Bible Study

• 7:00 p.m.: Evening Bible Study

<u>Saturday, November 1, 2025</u> (Ss. Cosmas and Damian, the Unmercenaries of Asia, and their mother Theodota)

• 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Sunday, November 2, 2025 (5th Sunday of Luke)

• 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Tuesday, November 4, 2025

• 7:00 p.m.: Adult Religious Education and YAL Meeting

Wednesday, November 5, 2025

- 10:30 a.m.: Morning Bible Study
- 7:00 p.m.: Evening Bible Study

<u>Saturday, November 8, 2025</u> (Synaxis of the Archangel Michael & the other Bodiless Powers: Gabriel, Raphael, Uriel, Salaphiel, Jegudiel, & Barachiel)

- 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy
- 6:00 p.m.: Tables Extraordinaire

Sunday, November 9, 2025 (7th Sunday of Luke)

• 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Tuesday, November 11, 2025

• 7:00 p.m.: Adult Religious Education and GOYA Meeting

Wednesday, November 12, 2025

- 10:30 a.m.: Morning Bible Study
- 7:00 p.m.: Evening Bible Study

Sunday, November 16, 2025 (Matthew the Apostle & Evangelist)

• 9:00 a.m. / 10:00 a.m.: Orthros / Divine Liturgy

Tuesday, November 18, 2025

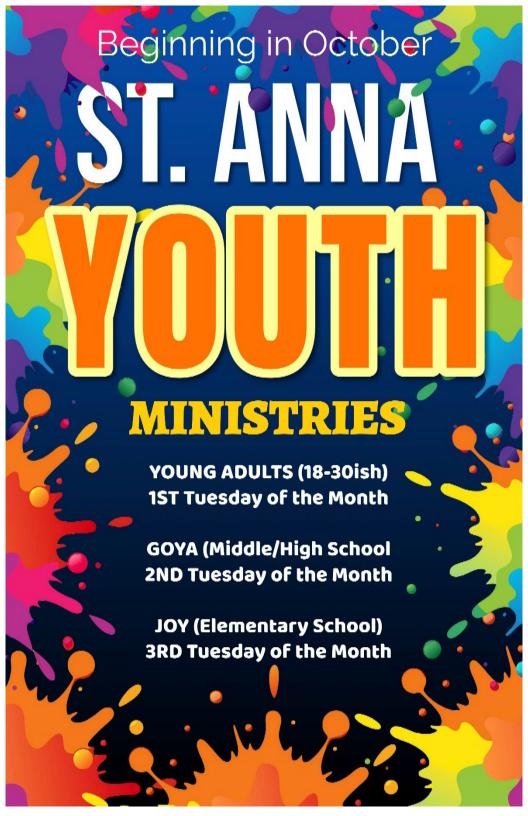
• 7:00 p.m.: Adult Religious Education and JOY Meeting

Wednesday, November 19, 2025

- 10:30 a.m.: Morning Bible Study
- 7:00 p.m.: Evening Bible Study

Thursday, November 20, 2025

• 11:30 a.m.: Forever Young



St. Anna Greek Orthodox Church Sandy, Utah

ADULT RELIGIOUS Education

FALL/WINTER 2025-2026

Orthodox Inquirer's Class - The Roots of Orthodoxy With Fr. Anthony Savas, Kevin Flanagan and Mary Yannias Tuesday Evenings

Orthodox Continuation Class - The Fruits of Orthodoxy
With Dr. Brandee Mau
Tuesday Evenings

Evening Bible Study With Fr. Anthony Savas Wednesday Evenings

Daytime Bible Study With John Kaloudis Wednesday Mornings





meet at Church and we'll carpool

FACE-OFF AGAINST YOUR FELLOW GOYANS AS YOU COMPETE IN THREE INTERACTIVE GAME SHOWS WITH A GAME SHOW HOST!

IMPORTANT:

Please RSVP to Fr. Anthony no later than October 15, 2025 801-824-3987

MOVIE NIGHT

THE PANCRETAN ASSOCIATION
THE MINOS CHAPTER
AND THE VENIZELOS FOUNDATION USA
INVITE YOU TO A SHOWING OF:

VENIZELOS

THE STRUGGLE FOR ASIA MINOR

THURSDAY, NOVEMBER 6, 2025 6:30 PM (DOORS OPEN 6:00 PM)

MEGAPLEX JORDON COMMONS

9335 S STATE STREET, SANDY, UT 84070

TICKETS: \$15 (PRESALE ONLY)

SEATING IS LIMITED
BUY TICKETS USING QR CODE OR VISIT
HTTPS://WWW.EVENTCREATE.COM/E/VENIZELOSMOVIE

CALL OR TEXT NIKO VAMIANAKIS (801-557-2426) FOR QUESTIONS OR HELP RESERVING TICKETS

PURCHASE TICKETS



Q&A AFTER MOVIE WITH
NIKO KASTRINAKIS
PRESIDENT, VENIZELOS
FOUNDATION USA &
EXECTIVE VICE PRESIDENT,
PANCRETAN ASSOCIATION OF
AMERICA

WATCH TRAILER



St. Anna Food Support Program

HELP FIGHT HUNGER

Food Collection Site
Serving Sandy Area Food Pantries

NEEDED FOOD ITEMS

Canned meat / Tuna Instant Meals Canned chili / Stews Rice / Noodles





Please drop off your donations in the big blue bin anytime the church is open.



November 8, 2025 6:00 p.m.

\$90/each \$680/table of 8 \$850/table of 10

Tickets available for purchase:

- * Sundays after Divine Liturgy at St. Anna
- * By contacting Tina Sergakis at 801-573-0371

WIN A TRIP TO GREECE!



S100 DONATION PER TICKET

> Benefiting the St. Anna Greek Orthodox Church in Sandy, Utah

Drawing Held on November 8th at Tables Extraordinaire

12 Night Stay in a Lovely Villa in Chania, Crete, Greece

Airfare for Two Included.

No Black-Out Dates, but Subject to Availability.

Trip Must Be Booked (But Not Taken) Within a Year. YOUR GRECIAN GETAWAY!

Only 200 Tickets to be Sold.

Contact Nick Varanakis at nevOl@raol.com to Purchase Tickets.